

## CONSERVATION OF ENERGY

MA

$$KE = \frac{1}{2}mv^2$$

$$GPE = mgh$$

$$ME = KE + GPE$$

### 1. Analyze the mechanical energy

1. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the skater at the various locations.

**Position 1:**  
 $m = 60 \text{ kg}$   
 $v = 8 \text{ m/s}$   
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_

**Position 2:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_  
 Height = 1 m

**Position 3:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_  
 h = \_\_\_\_\_

2. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the ball at the various locations.

**Position 1:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 W = \_\_\_\_\_  
 P = \_\_\_\_\_

**Position 2:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

**Position 3:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

**Position 4:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

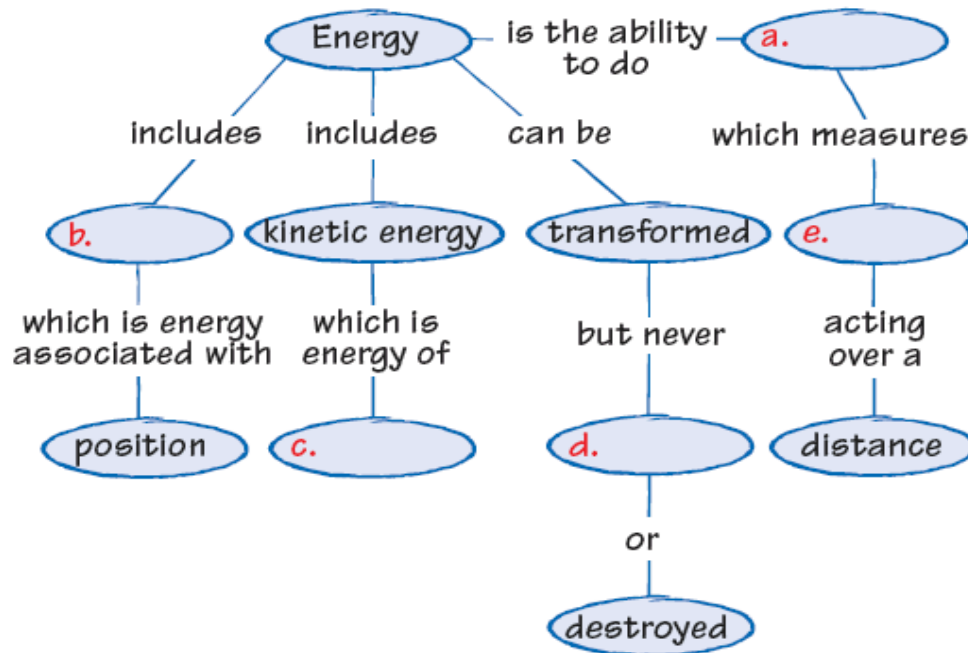
**Position 5:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

**Position 2:**  
 $m = 10 \text{ kg}$   
 $F = 100 \text{ N}$   
 $d = 10 \text{ m}$

**Position 3:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

**Position 5:**  
 PE = \_\_\_\_\_  
 KE = \_\_\_\_\_  
 ME = \_\_\_\_\_  
 v = \_\_\_\_\_

- b. Now list the points in order from the point where the car would have the greatest kinetic energy to the point where it would have the least kinetic energy.
- c. Compare the 2 lists to each other. What do you notice about the lists?
5. Complete the concept map below by writing the correct word or phrase in the lettered box.



**HA**

### **3. Calculate the potential and kinetic energies.**

6. An object has a mechanical energy of 1575 J and a potential energy of 1265 J.
- What is the kinetic energy of the object?
  - If the mass of the object is 12 kg, what is its speed?
  - How high above ground is the object?
7. A 5 kg object is moving downward at a speed of 12 m/s. If it is currently 2.6 m above the ground...
- What is its kinetic energy?
  - What is its potential energy?
  - What is its mechanical energy?
8. A 59 kg man has a total mechanical energy of 150,023 J. If he is swinging downward and is currently 2.6 m above the ground, what is his speed?
9. A 74 kg student, starting from rest, slides down an 11.8 meter high water slide. How fast is he going at the bottom of the slide?
10. Calculate the kinetic energy of a 750 kg compact car moving at 50 m/s.
11. Determine the mechanical energy of a 450 kg roller coaster moving at 30 m/s at the bottom of the first dip which is 15 meters above the ground.

12. Julie has a mass of 49 kg. What is her potential energy when standing on the 6 meter diving board? (She is 6 meters above the water.) Julie jumps off the diving board.
- a. What is her kinetic energy just before she hits the water?
  - b. What is Julie's speed just as she hits the water?