

Dear Families,

Please be aware there are many programs available to families in need of support services, especially during the holiday season. Listed below are programs and services offered in our community for diverse needs such as parenting resources, medical care, counseling, transportation, food/clothing, housing and legal services. Links to these services can be found on the Lenski website. Please contact our office at 303-347-4575 if you would like additional information or if you have immediate needs. All family information is kept confidential.

Dr. Barbara DeSpain
Principal, Lois Lenski Elementary School

Medical Services

Doctors Care	Helps individuals identify and overcome barriers to accessing health care. http://www.doctorscare.org/
Southwest Pediatric Dentistry & Orthodontics	The Practice of Urbaniak, Landgren and Pankratz at Southwest Pediatric does childhood dentistry and has slots for children who have Medicaid. They focus primarily on younger children especially with fears about dentistry. http://www.swpdo.com/home
Elevate Health Plans	Affordable Health Insurance Plans http://www.elevatehealthplans.org/
Medicaid Providers	Searchable Colorado state website for Medicaid providers https://www.colorado.gov/hcpf/find-doctor

Mental Health Services

Arapahoe/Douglas Mental Health Network	Mental Health Services http://www.admhn.org/services/child-family
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Childcare

Qualistar	Qualistar Colorado was established to provide parents with the information necessary to better select child care and preschool and to improve the quality of care available in Colorado. http://www.qualistar.org/home.html
Arapahoe County Department of Human Services	Low income child care assistance is available to working parents, or parents under age 22 in high school or studying for a GED. http://www.co.arapahoe.co.us/index.aspx?nid=388
Smart Girl	Smart-Girl is a fun, activity-based program that inspires adolescent girls to become confident, capable, self-reliant young women. http://www.smart-girl.org/parents-area/

Food, Housing, Health Care

Colorado 211	2-1-1 Colorado employs trained information and referral specialists who assist individuals and families that are seeking answers regarding community services in times of need. https://211colorado.communityos.org/cms/home
Affordable Housing	Resource to help find affordable housing http://www.coloradohousingsearch.com/
Colorado Department of Health Care Policy and Financing	Agency oversees and operates Colorado Medicaid, Child Health Plan <i>Plus</i> (CHP+), and other public health care programs for Coloradans who qualify. https://www.colorado.gov/hcpf
Inter-Faith Community Service	Provides basic human services and enrichment programs to low-income people using community resources. http://www.ifcs.org/
The Family Tree	The mission of Family Tree is to help people overcome child abuse, domestic violence and homelessness to become safe, strong and self-reliant. http://www.thefamilytree.org/
Colorado Division of Child Support Services	The official state child support services portal https://childsupport.state.co.us/siteuser/do/vfs/Frag?file=/cm:home.jsp

Divorce

Parenting after Divorce	A Colorado non-profit corporation started in 1993 whose mission it is to provide the best in co-parent education to divorcing, divorced and never-married parents living apart. http://www.parentingafterdivorce.org/
Big Brothers Big Sisters	The mission of Big Brothers Big Sisters of Colorado is to provide children facing adversity with strong and enduring professionally supported one-to-one relationships that change their lives for the better forever. https://www.biglittlecolorado.org/

Grief

Judi's House	Judi's House is a comprehensive grief center serving children ages 3-18, young adults 18-25, and parents and caregivers of grieving youth. http://www.judishouse.org/
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