



2022 BISHOP RYAN OPEN

WRESTLING TOURNAMENT

(MEN & WOMEN DIVISION)

DATE: Friday December 16th, 2022

VENUE: Bishop Ryan CSS

1824 Rymal Road East, Hannon, Ont L0R 1P0

COST: **\$25/wrestler** Make cheque payable to: **BISHOP RYAN WRESTLING**

This year's tournament will be limited to only **300** wrestlers.

You **MUST** pre-register your team with the approximate number of athletes by:

Wednesday November 30, 2019. I will then confirm your entry and e-mail the Excel entry forms to be used to enter your team on Tuesday, December 6th, 2022.

Pre-register by: e-mail: bishopryanwrestling@gmail.com

WEIGHT CLASSES:

Men (kg): 38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95, 130, 130+

Women (kg): 38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95, 115, 115+

Weigh-In Time: Only those that have pre-registered are asked to e-mail your entries using the **Excel entry forms** provided by 5:00 pm on **Tuesday, December 6th, 2022** to: bishopryanwrestling@gmail.com

NOTE:1 *Any team with wrestlers who do not show at the tournament will still be charged the entry fee. Please be certain that your athlete is committed to attend before you send in your entries.*

2 *All wrestlers are to compete in a singlet and wrestling boots (no shorts or runners)*

3 *A "Red Dot" system will be used with a 1kg allowance*

WRESTLING BEGINS: 9:00 am SHARP (please arrive by 8:15 am)

CONTACT PERSON: Sheldon Francis Phone 905 – 570 – 5373

E-mail info@bishopryanwrestling.com

Tournament information can be found at the BR Wrestling Web site:
www.bishopryanwrestling.com