## WEEK 2 - 28 Days To A Client

#### THE MASTER WAR MODE DAY PLAN + REPORT

<b>☑/</b> ×	U+I Of Task	Task List For The Day - Fill In ALL 20!
<b>1.</b> 🔽/🗙	Q1 -	Starting to create a very personalized outreach with FV.
2. <b>V</b> / <b>X</b>	Q1 ·	Reviewing 3 pieces of copy in a detailed and professional manner.
3. <b>V</b> / <b>X</b>	Q1 ·	Editing my video so it can be considered art.
<b>4.</b> 🔽/×	Q1 ·	Pray 5 times throughout the day.
5. <b>V</b> / <b>X</b>	Q1 ·	Creating FV for a prospect as practice.
6. <b>7</b> / <b>X</b>	Q2 ·	Film new videos and start working with SPEED.
<b>7.</b> 🗸 / 🗙	Q2 ·	Go to the gym and hit a pull-day workout.
8. <b>V</b> / <b>X</b>	Q2 ·	Find at least 10 prospects in under an hour.
<b>9.</b> 🗸 / 💢	Q2 ·	Look at new lessons and learn more by truly investing time into learning.
<b>10.</b> 🔽/🗙	<b>Q2</b> ·	Talk to new people to try to get a higher level of creativity.
<b>11.</b> 🔽/🗙	<b>Q3</b> ·	Do 100-500 push-ups throughout the day.
<b>12. 7</b> / <b>×</b>	<b>Q3</b> -	Go improve my welding and really get better at it.
<b>13. \(  \)</b>	Q3 ·	Have a very positive mindset all day, and only have positive thoughts.
<b>14.</b> 🔽/🗙	<b>Q3</b> -	Do a cardio workout and spend time under the sun.
<b>15. \(  \)</b>	<b>Q3</b> -	Reflect on your whole day and create the next day's planner.
<b>16.</b> 🔽/🗙	Q4 ·	Finish tasks that my family needs me to do.
<b>17.</b> 🔽/×	Q4 ·	Be happy throughout the whole day since YOU CAN'T HAVE A BAD DAY!!!
<b>18.</b> 🔽/🗙	Q4 ·	Be high energy throughout the whole day.
<b>19. \(  \)</b>	Q4 ·	Meditate and be grateful throughout the whole day.

<b>V</b> / <b>X</b>	U+I Of Task	Task List For The Day - Fill In ALL 20!
<b>20.</b> 🔽/🗙	Q4 ·	Be highly creative while doing all my work.

	77 DAY NUMBER + DATE + TIME 🕙
Day Number:	10
Date:	03/23/2023
Start Time:	08:00 a.m

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	A nice, healthy family that supports me on everything even though they can be stressful all day.
2.	The amount of opportunities that I have in front of me.
3.	My nice car that many would wish to have.

1.	Outreaching to at least 1 prospect.
2.	Finishing my video and uploading it.
3.	Improve my copywriting knowledge by practicing and learning.



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<b>≜</b> Intention:	(a) Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

### MY MORNING WAR PLAN

What Do I Plan To Accomplish This Morning?

Creating an amazing outreach, going to the gym and hitting a pull-day, reviewing copy, and fully focusing on copywriting.

⊚What Is The Main Goal For This Morning?⊚

Creating an amazing outreach and doing great research.

How Will I Start My Morning With Power?

Wake up before the alarm, jump out of bed and do push ups!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day +

# After The End OF Your Day In Your Own Copy)

8 am: Task \$	Wake up and go to the gym.
Intention 🔔	Get up with high energy and go hit a pull-day.
Reflection /	
	T
9 am: Task \$	Get back home, drink some tea and get my mind ready.
Intention 🔔	Get back home and get ready to conquer the day.
Reflection /	
	<u></u>
l0 am: Task \$	Start working on a very personalized outreach.
0 am: Task \$	Start working on a very personalized outreach.  Start working on trying to finish a very great outreach with SPEED.

11 am: Task \$	Watch power-up calls and review 3 pieces of copy.
Intention 🔔	Going to watch power-up call and digest all the information in a great way and review 3 pieces of copy in a very detailed manner.
Reflection /	
12 am: Task \$	Find 10 prospects.
Intention 🔔	Going to try to find 10 prospects in under an hour.
Reflection /	

### **©END-OF-THE-MORNING REPORT©**

What Did I Learn This Morning?
VIII of Bucklands Bid I Book Miss Browning CV
 XWhat Problem's Did I Face This Morning?X
PHow Will I Solve These Problems For This Afternoon?

# MY AFTERNOON WAR PLAN

	⊗What Do I Plan To Accomplish This Afternoon? ⊗
Finish my vide	o and make sure my check list is all <mark>GREEN</mark> .
	⊚What Is The Main Goal For This Afternoon?⊚
Finish my you	tube video and thumbnail.
	Phow Will I Start My Afternoon With Power? P
Start off with s	some cardio.
1 pm: Task \$	Do some cardio training.
Intention 🔔	Going to go on a run, do some jump rope and bag training.
Reflection /	
2 pm-4 pm: Task \$	Working on my youtube video and thumbnail.
Intention 🔔	Going to work hard on my youtube video and try to turn it into art.
Reflection 🖊	

4 pm: Task \$	Eat my first meal.
Intention 🔔	Going to eat a nutritious meal.
Reflection /	
5 pm: Task \$	Finish up my checklist completely.
Intention 🔔	Make sure my checklist is all <mark>GREEN</mark> .
Reflection /	
6 pm- 10pm: Task \$	Welding practice.
Intention 🔔	Go improve my welding.
Reflection /	
10 pm: Task \$	Reflect and shower.
Intention 🔔	Finish reflecting and go shower.

Reflection /

11 pm: Task \$	Sleep routine.
Intention 🔔	Meditation, reading, prayer, journaling and stretching.
Reflection /	
12 pm: Task \$	Sleep
Intention 🔔	*********
Reflection /	*********



	‰What Did I Learn Today?◎	
_		_
	XWhat Problems Did I Face In The Day? $X$	
_		_
	Phow Will I Solve These Problems Tomorrow?	

www.What Do I Plan To Do Differently Tomorrow?
🗘 What Do I Plan To Do The Same Tomorrow?🗘
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
√What Tasks Were Left Undone? ✓

Brain Dump: