



# Columbia High School **Activities**

Activities meet year-long unless otherwise noted. All activities are subject to change.

## **Clubs**

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**All School Musical:** Performances in the spring (Ms. Benn [mtbenn84@gmail.com](mailto:mtbenn84@gmail.com) & Ms. Pettigrew [samgrew@optonline.net](mailto:samgrew@optonline.net))

**AASU (Asian American Student Union):** Group meets to discuss Asian American culture and issues dealing with Asian American life. (Mr. Mastrodonato [dmastrod@somds.k12.nj.us](mailto:dmastrod@somds.k12.nj.us) – C225 on Wed.)

**African Caribbean Student Organization:** Group meets weekly to share in the experiences of African & Caribbean cultures and backgrounds. (Ms. Banner [abanner@somds.k12.nj.us](mailto:abanner@somds.k12.nj.us) – A320)

**Art Club:** Join fellow creatives to talk shop, hear from local artists, sketch, and socialize. First Tuesday of each month in D100. (Mr. Grayson [bgrayson@somds.k12.nj.us](mailto:bgrayson@somds.k12.nj.us) - D100)

**Astronomy:** A club for students interested in the science of astronomy and the use of the telescope. (Mr. Silvestri [asilvestr@somds.k12.nj.us](mailto:asilvestr@somds.k12.nj.us) – B304, meets Friday afternoons, 3:15pm.)

**Black Student Union:** Meet to discuss issues of color, particularly black students, in Columbia High School while also establishing a relationship with administration in matters concerning race and discrimination. (Mr. Whitaker [twhitake@somds.k12.nj.us](mailto:twhitake@somds.k12.nj.us) – B232)

**Brass Ensemble:** Meets weekly from October to January. Perform at community functions, concerts, & assemblies. (Mr. Bauer [pbauer@somds.k12.nj.us](mailto:pbauer@somds.k12.nj.us) – C233 - Rehearse in Band room throughout the year.)

**Cake and Movies Club:** Group meets weekly to enjoy confections and review and critique movies from multiple genres. (Ms. McDowell [jmedowell@somds.k12.nj.us](mailto:jmedowell@somds.k12.nj.us)- A205 on Wednesday)

**Chess Club:** CHS Chess Club recruiting students interested in “squaring off” against each other in the “tiled ring.” First time players welcome. (Mr. Steiner [msteiner@somds.k12.nj.us](mailto:msteiner@somds.k12.nj.us) - contact Mr. Steiner for more information.)

**CHS World:** To increase cultural awareness and understanding among students of different ethnic and cultural backgrounds and provide a forum for students to form friendships outside their usual social groups. (Ms. Cayo [dcayo@somds.k12.nj.us](mailto:dcayo@somds.k12.nj.us) – D210 on Wed.)

**Chinese Culture Club:** To share the interest in Chinese language and culture and to develop a greater understanding and appreciation for Chinese customs. (Ms. Meng [lmeng@somds.k12.nj.us](mailto:lmeng@somds.k12.nj.us) - Fridays 3-4PM, rm A333 or online when hybrid. Contact Ms. Meng for more information.)

**Color Guard:** A part of the Marching Band which includes twirling, flags, and associated routines. (Mr. Bauer [pbauer@somds.k12.nj.us](mailto:pbauer@somds.k12.nj.us) – C233 - only active during marching band season.)

**Columbian:** This group publishes the school’s weekly newspaper. The club offers experience in writing lay-out, photography, typesetting, business management, proof-reading and art. (Mr. Enyeart [jenyeart@somds.k12.nj.us](mailto:jenyeart@somds.k12.nj.us) – A249 & Ms. Malhotra [cmalhotr@somds.k12.nj.us](mailto:cmalhotr@somds.k12.nj.us) –D109)

**Comics Club:** Focused on encouraging drawing, reading, watching, and creating comics and cartoons of any kind. (Mr. Maynard [kmaynard@somds.k12.nj.us](mailto:kmaynard@somds.k12.nj.us) - D105, Mondays.)

**Community Service Club:** A group of volunteers dedicated to community service throughout our communities. (Ms. Pham [lpham@somds.k12.nj.us](mailto:lpham@somds.k12.nj.us) Wednesdays at 3:02 in D213)

**Cougar Nation:** Focused on improving school spirit and getting the student body involved in school-run activities and sports. (Mr. Tuttle [gtuttle@somds.k12.nj.us](mailto:gtuttle@somds.k12.nj.us) Monthly on Wednesdays)

**Current Events Club:** Designed to discuss and educate yourself on current event issues and your viewpoint on them in a safe and fun environment. (Ms. Dalton [jdalton@somds.k12.nj.us](mailto:jdalton@somds.k12.nj.us), A216 every other Wednesday from 3-4PM.)

**Cyber Patriot Club:** Teams compete in National Youth Cyber-Defense competition, protecting systems and securing computers from threats like hackers. (Mr. Misbahuddin [jmisbahu@somds.k12.nj.us](mailto:jmisbahu@somds.k12.nj.us))

**Debate Club:** To build confidence, boost classroom performance, improve communication, and increase critical thinking. (Ms. Luzzi [cluzzi@somds.k12.nj.us](mailto:cluzzi@somds.k12.nj.us); [kseavers@somds.k12.nj.us](mailto:kseavers@somds.k12.nj.us))

**Do Something Club:** To help charities and organizations through fundraising, awareness campaigns, and physical assistance. (Ms. Sharma [gsharma@somds.k12.nj.us](mailto:gsharma@somds.k12.nj.us) - meets once/month on Thursday, 3:15pm. Room to come.)

**Dungeons and Dragons Club:** Table-top, pen and paper role-playing game. It is a story told by a group of people in their collective imaginations. (Mr. Grayson [cgrayson@somds.k12.nj.us](mailto:cgrayson@somds.k12.nj.us), D100 on Thursdays)

**esports:** Play videogames competitively in a school environment. Will create teams and/or joins teams to compete against other students. (Mr. Cosgraves [jcosgrav@somds.k12.nj.us](mailto:jcosgrav@somds.k12.nj.us) with date and location of meeting to be determined.)

**Environmental Club:** (GAIA) Meets weekly on Wednesdays afterschool in room A300. Ms. Biasucci [abiasucc@somsd.k12.nj.us](mailto:abiasucc@somsd.k12.nj.us); Ms. Ortega [yortega@somsd.k12.nj.us](mailto:yortega@somsd.k12.nj.us).

**Film Club:** To view work by great directors, classic pieces, and award winning films in an effort to collectively appreciate the history of the medium with brief discussions. (Ms. Wiede [uwiede@somsd.k12.nj.us](mailto:uwiede@somsd.k12.nj.us), B234, every other Thursday)

**Finance Club:** Inclusive, encouraging, competitive group of students interested in capital markets to include simulations and theoretical portfolios to better understand the language, mechanics, and mathematics of finance. (Mr. Steiner [msteiner@somsd.k12.nj.us](mailto:msteiner@somsd.k12.nj.us), Wednesdays, 12:20pm, virtually as necessary, in person, D300.)

**Fishing Club:** Group meets to discuss fishing outings. (Mr. Nugent [jnugent@somsd.k12.nj.us](mailto:jnugent@somsd.k12.nj.us) - A301, Thursdays)

**Future Business Leaders of America:** To develop competent, aggressive, business leadership. Open to all students interested in better understanding American business enterprise. (Mr. Muirhead [rmuirhea@somsd.k12.nj.us](mailto:rmuirhea@somsd.k12.nj.us) -, B303, Wednesdays)

**Girls Who Code:** Sisterhood organization with goal of thinning gender gap in technology and fun way of learning to code. (Mr. Cohen [sbcohen@somsd.k12.nj.us](mailto:sbcohen@somsd.k12.nj.us) - virtually Mondays 2-3pm)

**Guilddscript:** The literary and art magazine is a medium for student creative efforts. Writers & artists are urged to submit original works which are considered for inclusion in the annual publication. (Ms. Lawrence [slawrenc@somsd.k12.nj.us](mailto:slawrenc@somsd.k12.nj.us) & Ms. Malhotra [cmalhotr@somsd.k12.nj.us](mailto:cmalhotr@somsd.k12.nj.us) - D109) Writers group meets B238 Thursdays; Editorial board meets throughout the year; art selection group meets in D109.

**Hands for Hearts:** Club dedicated to learning American Sign Language as well as benefitting the deaf community. (Ms. Noonan [pnoonan@somsd.k12.nj.us](mailto:pnoonan@somsd.k12.nj.us) - A312. Group meets alternate Wednesdays from 3:00-4:00PM.)

**Horticulture Club:** Club meets to promote hands-on involvement with natural, environmentally friendly gardening through planting in the CHS garden area. (Ms. Biasucci [abiasucc@somsd.k12.nj.us](mailto:abiasucc@somsd.k12.nj.us) - B118)

**Improv Club:** Ms. Cayo [dcavo@somsd.k12.nj.us](mailto:dcavo@somsd.k12.nj.us) - D210) Club meets Fridays after school in Black Box.

**International Exchange Club (AFS):** Club meets to help spread international awareness at Columbia High School. They organize events such as dinners, international exchange week, etc...that help welcome the many international students studying at Columbia High School. (Mr. Mastrodonato [dmastrod@somsd.k12.nj.us](mailto:dmastrod@somsd.k12.nj.us) - C225)

**Italian Cultural Club:** Students will enjoy & experience Italian heritage & culture. (Mrs. Cirelli [rcirelli@somsd.k12.nj.us](mailto:rcirelli@somsd.k12.nj.us) - D214, Thursdays 2:15-3:30PM)

**Jazz Ensemble:** Meets evenings weekly from October to June. Performs at community and school functions. This band has received national recognition on numerous occasions. (Mr. Bauer [pbauer@somsd.k12.nj.us](mailto:pbauer@somsd.k12.nj.us) - C233 Meets 2/week in band room during winter season.)

**Ladies of Leadership:** The Ladies of Leadership program focuses on the personal and academic growth of young women in Columbia High School (Ms. Banner [abanner@somsd.k12.nj.us](mailto:abanner@somsd.k12.nj.us) - A320, Fridays)

**Marching Band:** Performs at football games and enters Fall competitions. (Mr. Bauer [pbauer@somsd.k12.nj.us](mailto:pbauer@somsd.k12.nj.us) - C233 - meets during the week in fall season.)

**Martin Luther King Assn.:** A club open to all, devoted to the remembrance of the civil rights movement and black history. [Step Team under guidance of Ms. Massoud and Mr. Whitaker. (Ms. Massoud [mamassoud@somsd.k12.nj.us](mailto:mamassoud@somsd.k12.nj.us) - C211; Mr. Whitaker [twhitake@somsd.k12.nj.us](mailto:twhitake@somsd.k12.nj.us) - B232)

**Math Team:** A competitive program which provides skilled mathematicians the opportunity to participate in a Conference League. (Mr. Perez [jperez@somsd.k12.nj.us](mailto:jperez@somsd.k12.nj.us) - A320, A311, B301)

**Medical Club:** Students will meet to research & study topics related to the medical field. (Ms. Tedeschi [ctedesch@somsd.k12.nj.us](mailto:ctedesch@somsd.k12.nj.us) - B314)

**Mental Health Club:** Advocates/fundraisers for and educates on positive mental health and stigma awareness. (Ms. Celio [acelio@somsd.k12.nj.us](mailto:acelio@somsd.k12.nj.us) - B328 Mondays after school.)

**Middle Eastern Cultural Club:** Group meets to discuss Middle Eastern Culture and also to learn the language. (Ms. Soliman [msoliman@somsd.k12.nj.us](mailto:msoliman@somsd.k12.nj.us) - C203)

**Mock Trial:** Students learn about the trial process & stage their own versions of cases. They also compete in county, state, & national competitions with other high school teams. (Mr. Borkowski [mborkows@somsd.k12.nj.us](mailto:mborkows@somsd.k12.nj.us) - A253, period 9 until 4:30pm on Wednesdays.)

**Model U.N.:** Students engage in activities simulating the U.N. that focus on topics regarding diplomacy, international relations, and the U.N. Wednesdays, 2:15-3:02PM (Mr. Tuttle [gtuttle@somsd.k12.nj.us](mailto:gtuttle@somsd.k12.nj.us))

**Music Technology Club:** Music producers/songwriters working together to develop skills and share ideas related to music composition through music technology. Meets once per week on Mondays, 2:00-3:00 on Google meet - joins ith "musictech-vite". (Ms. Vite [evite@somsd.k12.nj.us](mailto:evite@somsd.k12.nj.us), - C229)

**Parnassian:** The drama society, responsible for producing plays. (Dr. Bustrin [jbustrin@somsd.k12.nj.us](mailto:jbustrin@somsd.k12.nj.us) - D16)

**Pen & Page:** Columbia High School Book Club! For information email [penandpageclub@gmail.com](mailto:penandpageclub@gmail.com). (Ms. McNamara [tmcnamar@somsd.k12.nj.us](mailto:tmcnamar@somsd.k12.nj.us))

**Philosophy:** The club meets to explore questions and ideas where answers are not readily available at our fingertips. Each meeting explores new topics (Mr. Poglinco [jpoglinc@somds.k12.nj.us](mailto:jpoglinc@somds.k12.nj.us) – A204)

**Power:** The club meets weekly to discuss issues relating to women's rights. (Ms. Lopez [rlopez@somds.k12.nj.us](mailto:rlopez@somds.k12.nj.us) – D314)

**Progressive Achievers Club:** Program designed to transition young women to develop skill sets that will help them become better leaders. (Ms. Ridley [karidley06@aol.com](mailto:karidley06@aol.com) )

**Quiz Bowl:** A club which prepares students to participate in competition with other schools on local television.

**Red Cross Club:** Club to reach out to local chapter of Red Cross and establish a connection with the community. (Ms. Silver [bsilver@somds.k12.nj.us](mailto:bsilver@somds.k12.nj.us) Fridays after period 9)

**Robotics Club:** competes in Robotics League. Teaches students many tasks about building a robot and is in team competitions. (Mr. Post [rpost@somds.k12.nj.us](mailto:rpost@somds.k12.nj.us) Monday, Wednesday, Thursday, Friday after school in Robotics room.)

**Science League:** A competitive team in the fields of biology, chemistry and physics against other high schools in North Jersey. (Ms. Bachensheimer [sbachenh@somds.k12.nj.us](mailto:sbachenh@somds.k12.nj.us))

**Shakespeare Festival Club:** Student run organization to promote and celebrate the works of William Shakespeare. (Mr. MacPherson [smacpher@somds.k12.nj.us](mailto:smacpher@somds.k12.nj.us) – C215 & Ms. Johnson [bjohnson@somds.k12.nj.us](mailto:bjohnson@somds.k12.nj.us) – A205)

**Social Justice Club:** A club dedicated to critical thinking, engagement with social issues, and thoughtful activism. (Mr. Mastrodonato [dmastrod@somds.k12.nj.us](mailto:dmastrod@somds.k12.nj.us) - C225)

**Spectrum:** Students meet to discuss issues relevant to & in support of students and their families who self-identify as straight, gay, lesbian, bisexual, transgender, or are questioning these issues. (Ms. Johnson [bjohnson@somds.k12.us](mailto:bjohnson@somds.k12.us))

**Sports Broadcasting Club:** Group meets to learn the ins and outs of what it takes to be a sports broadcaster/journalist. (Mr. Lombardo [jlombard@somds.k12.nj.us](mailto:jlombard@somds.k12.nj.us) – A209)

**Stage Crew:** Activities include building scenery, stage lighting and sound for school productions and assemblies, and for non-school events. (Ms. Camina [dcamina@somds.k12.nj.us](mailto:dcamina@somds.k12.nj.us) – TV Studio)

**Student Council:** Students governing body (voice of students at CHS)- (Mr. McCormick D110, Ms. Soliman)- Exec. Board meets Monday after school in D110 and Tuesday before school in Black Box Theatre; Hall of Fame Committee meets Monday after school; Constitutional committee meets on select Thursdays after school in D110.

**The Ubuntu Club:** The club works on fundraising for education and career support for children in Port Elizabeth, South Africa.

**Yearbook:** A group of students, representing all grades, working together to plan and complete the *Mirror*. Freshmen are encouraged to join this rewarding activity. (Ms. Stewart [kstewart@somds.k12.nj.us](mailto:kstewart@somds.k12.nj.us) - )

## Service Clubs

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**ACHIEVE Volunteer Tutors:** Students serve as tutors for elementary, middle, or high school students after school, evenings, & weekends

**Amnesty International:** A human rights advocacy group. Our chapter is part of the international organization. (Mr. Mastrodonato [dmastrod@somds.k12.nj.us](mailto:dmastrod@somds.k12.nj.us) – C225)

**Elementors:** Group of students who go to elementary schools during lunch to mentor

**FLES:** Students teach foreign languages to elementary school students. (Ms. Whitrock [mwhitroc@somds.k12.nj.us](mailto:mwhitroc@somds.k12.nj.us) - Seth Boyden)

**GAIA:** The school's environmental organization which sponsors recycling projects and visits elementary schools to heighten environmental awareness. (Mr. Nugent [jnugent@somds.k12.nj.us](mailto:jnugent@somds.k12.nj.us)-A301 - Wednesday afternoons, 3PM)

**Key Club:** An organization which performs various service projects in the community (Ms. Buzar [mbuzar@somds.k12.nj.us](mailto:mbuzar@somds.k12.nj.us) – A218, Mondays, 3:05PM)

### **2021-2022 School Year:**

**Student Council Advisor:** Mr. McCormick ([pmccormi@somds.k12.nj.us](mailto:pmccormi@somds.k12.nj.us) - D110; Ms. Soliman ([msoliman@somds.k12.nj.us](mailto:msoliman@somds.k12.nj.us) - C203)

**Senior Class Advisor:** Ms. Thomas ([kthomas@somds.k12.nj.us](mailto:kthomas@somds.k12.nj.us) - A203)

**Junior Class Advisor:** Mr. Loupis ([mloupis@somds.k12.nj.us](mailto:mloupis@somds.k12.nj.us) - Guidance)

**Sophomore Class Advisor:** Mr. Endlich ([mendlich@somds.k12.nj.us](mailto:mendlich@somds.k12.nj.us) - B335)

**Freshman Class Advisor:** Mr. Karis ([kkaris@somds.k12.nj.us](mailto:kkaris@somds.k12.nj.us))

## Interscholastic Athletics

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### Fall

Cheerleading  
Cross Country, Boys-Varsity  
Cross Country, Girls-Varsity  
Field Hockey, Girls-Varsity, JV, Freshmen  
Football, Boys-Varsity, JV, Freshmen  
Soccer, Boys-Varsity, JV, Freshmen  
Soccer, Girls-Varsity, JV, Freshmen  
Tennis, Girls-Varsity, JV  
Volleyball, Girls-Varsity, JV, Freshmen

### Winter

Cheerleading  
Basketball, Boys-Varsity, JV, Freshmen  
Basketball, Girls-Varsity, JV  
Fencing, Boys & Girls-Varsity, JV  
Indoor Track, Boys-Varsity  
Indoor Track, Girls-Varsity  
Swimming, Boys & Girls-Varsity  
Wrestling, Boys-Varsity  
Ice Hockey-Varsity

### Spring

Baseball, Boys – Varsity, JV, Freshmen  
Softball, Girls – Varsity, JV  
Lacrosse, Boys – Varsity, JV  
Lacrosse, Girls – Varsity, JV  
Tennis, Boys – Varsity, JV  
Track, Boys – Varsity  
Track, Girls – Varsity

**Fall Season:** Mid-August through late November

**Winter Season:** Late November through early March

**Spring Season:** Early March through late May

Updated: September 29, 2022