



East Ultimate Frisbee Team – 2026

Coaches: Coach Stewart christopher.stewart@d303.org Office: English
Coach Bedi carissa.bedi@d303.org Office: F245

Cost to join:

- **\$100** cash or check made out to STCE Ultimate Frisbee (jersey, league dues & disc)
- **\$20** Registering on usultimate.org (required to play)
 - Create an account + on the member page click “purchase membership”
 - Register as “Affiliate - Illinois Ultimate”
 - Be sure to sign the Liability Waiver in your USAU account, too!
 - You will put your USAU # on the registration form for the coaches to roster you to the team

Extra Costs:

- *Soccer cleats are required to play (purchase on your own)*

Forms Due by Wednesday, March 25th, 2026:

- Cash/check payable to St. Charles East (memo: Ultimate)
- Registration and Medical Release form

*Forms & payment due to Coach Stewart or Coach Bedi
(in office F245 or English Office)*

Practices will start Monday, March 2nd:

- Every Monday, Wednesday, and Thursday in March
 - 2:30-3:45 pm
 - Where: Grassy Field outside of the Little Theater and when weather permits we will move to the Freshmen Football Practice Field (near baseball fields)
- Practices will then be Mon/Thurs for the months of April-May as we will play games on Wednesdays

Weekly Games:

- Two games every Wednesday in April-May
- Location: Indian Plains HS, 1322 N Eola Rd, Aurora, IL 60502
- We will bus as a team to & from the games

Tournaments:

- DuKane Conference Tournament
- Sectionals
- State Tournament

STCE Ultimate Frisbee Registration Form

Student name: _____

USAU ID # after signing up on usultimate.com: _____

School ID number: _____ Year in school: _____

Emergency contact name & cell phone#: _____

Jersey Size (men's sizes) _____

First Choice Jersey # _____

Second Choice Jersey # _____

Attendance Rules and Responsibilities:

- Players are expected to be present at every practice, starting at 2:30.
- Players must communicate with coaching staff regarding any conflicts with or absences from practices/games other than emergencies.
- Players recognize that missed practice time may equate to missed playing time.
- A lack of prioritization on your behalf will not be considered a legitimate excuse for missing practices and games.
- Tardiness, truancies, detentions, and/or suspensions are classified as unexcused absences.

Player Signature

Parent/Guardian Signature

Turn this + payment + the Medical Authorization Form into Coach Stewart or Coach Bedi