



### East Ultimate Frisbee Team – 2025

Coaches:                      Coach Stewart                      [christopher.stewart@d303.org](mailto:christopher.stewart@d303.org)                      Office: F245  
   Coach Bedi                                      [carissa.bedi@d303.org](mailto:carissa.bedi@d303.org)                                      Office: F245

#### **Cost to join:**

- \$100 cash or check made out to STCE Ultimate Frisbee (jerseys, league dues & disc)
- \$20 Registering on [usultimate.org](http://usultimate.org) (required to play)
  - Register as "Affiliate - Illinois Ultimate"

#### **Extra Costs:**

- *Soccer cleats are required to play (purchase on your own)*

#### **Practices will start Monday, March 3rd:**

- Every Monday, Wednesday, and Thursday in March
  - 2:45-4:00 pm
  - Where: Field outside of the Little Theater and when weather permits we will move to the Freshmen Football Practice Field (near baseball fields)
- Practices will then be Mon for the months of April-May as we will play games on Tuesdays and Wednesdays

#### **Weekly Games:**

- April-May, Tuesdays and Wednesdays
- Location: Most games will be held at STCE or Geneva High School
- Players are expected to transport themselves to local games, we will get busses for further games as well as tournaments

## **Tournament information:**

- Neuqua Knockout - May 10th & 11th. Bussing will be provided, the team will travel together both days.
- DuKane Conference Tournament - Saturday, May 17th from 12-6pm at Geneva HS
- State Tournament - Saturday, May 24th
  - Sectionals - Wednesday, May 21st

## **Due by Wednesday, March 12th, 2025:**

- Cash/check payable to St. Charles East (memo: Ultimate)
  - Registration and Medical Release form
- Forms & payment due to Coach Stewart or Coach Bedi  
(in office F245)

## **Steps to Register for Ultimate**

1. **Confirm/Get Sports Physical:** If you are a Sophomore, Junior, or Senior and you do not yet have a Sports Physical Form on file here at EHS for this school year, visit a Doctor and get a Sports Physical (and have your doctor fill out the Sports Physical Form), then turn in your completed Sports Physical Form to the Main Office at EHS.
2. **Complete/Sign and Return the USAU Medical Authorization Form:** This form is a requirement from USAU for all youth. Please complete this form and return it to Coach Schoen before our first practice.
3. **Turn in your completed forms and pay dues**

### **4. Complete USA Ultimate registration:**

Each player needs to become a USAU member

- purchase a **Affiliate Player (IL Ultimate)- \$20**
- Sign the Release of Liability Waiver
- Sign the Infectious Disease Waiver

Then, **each player needs to give their coaches their USAU ID# so the player can be rostered.**

Here is the USAU Member Login Page: (<https://play.usultimate.org/members/login/>).

5. **Complete the Waiver & Medical Authorization Form below**

## STCE Ultimate Frisbee Registration Form

Student name: \_\_\_\_\_

USAU# after signing up on usultimate.com \_\_\_\_\_

School ID number: \_\_\_\_\_ Year in school: \_\_\_\_\_

Student cell phone#: \_\_\_\_\_

Emergency contact name & cell phone#: \_\_\_\_\_

**First Choice Jersey #** \_\_\_\_\_

**Second Choice Jersey #** \_\_\_\_\_

### **Attendance Rules and Responsibilities:**

- Players are expected to be present at every practice, starting at 2:45.
- Players must communicate with coaching staff regarding any conflicts with or absences from practices/games other than emergencies.
- Players recognize that missed practice time may equate to missed playing time.
- A lack of prioritization on your behalf will not be considered a legitimate excuse for missing practices and games.
- Tardiness, truancies, detentions, and/or suspensions are classified as unexcused absences.
- **I am aware that I am responsible for getting transportation to and from games when they are played at Geneva High School.**

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Parent/Guardian Signature

**USA Ultimate**  
**Medical Authorization Form**  
V 4.1



Purpose: To enable parents or guardians to authorize the provision of emergency treatment for their children who are injured or become ill while under the authority of [Name of chaperone] \_\_\_\_\_ in the event the parents or guardians cannot be reached.

This acknowledges that we, the undersigned, parent(s) or legal guardian(s) of [Name of participant] \_\_\_\_\_ recognize the potentially hazardous nature of the sport of

ULTIMATE that an injury might be sustained. These injuries include but are not limited to PERMANENT DISABILITY, BLINDNESS, PARALYSIS AND DEATH. In the event of such an injury to my child and we (I or my spouse or guardian) cannot be contacted, we give permission to qualified and licensed EMTs, physicians, paramedics, certified athletic trainers, and/or other medical or hospital personnel to render such treatment.

We (I) release USA Ultimate, its employees, its agents, its volunteers and its assigns from any personal injuries caused by or having any relation to this activity. We (I) understand that this release applies to any present or future injuries or illnesses and that it binds my heirs, executors and administrators.

This release form is completed and signed of my own free will and with full knowledge of its significance. I have read and understand all of its terms.

**Parent/Guardian:**

Name Printed \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_ Phone \_\_\_\_\_

**Parent/Guardian:**

Name Printed \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_ Phone \_\_\_\_\_

**Family Physician:**

Name Printed \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

**Preferred Hospital:** \_\_\_\_\_

**Child's Medical Insurance Carrier:** \_\_\_\_\_  
Name \_\_\_\_\_ Phone \_\_\_\_\_

**Emergency Contact:**

Name Printed \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Specific facts concerning child's medical history including allergies, medications being taken, chronic illness or other conditions which a physician should be alerted to: \_\_\_\_\_

**Completed forms should be given to the chaperone. Chaperones are responsible for keeping these forms on site at all times. USA Ultimate does not collect these forms (unless otherwise noted).**