



Lunch Supervision at University School

Lunch hour is a very exciting and important part of the day. Students eat their lunches, visit safely and quietly with their classmates, and go outside to play. We believe a nutritional lunch and the physical activity that students get during lunch recess is important for their physical and mental health, helping them to stay focused for an afternoon of learning and fun.

Pack in Pack Out Lunches

University School is committed to a litter free lunch. Litter free lunches at school are the best form of recycling and composting. On average, a school-age child with a disposable lunch generates approximately 30 kg of waste per school year. That means that if your child has 25 students in their class, they are producing 737 kg of waste each year. Just imagine what a whole school produces!

We ask that whatever comes in your child's lunch bag goes home in their lunch bag, including uneaten food, empty containers, and food wrappers. In this way, we will create far less garbage at school and you will have a much better idea of what your child is finishing or not finishing for lunch.

Allergy Concerns

We have several students enrolled in the program who have allergies to various types of food. The severest of these is an anaphylactic reaction with the most common being to peanuts or nuts. Although we are not a peanut or nut free school, we would like to ask your co-operation by not sending any peanuts or nuts (shelled or unshelled) or related products in your children's lunch.

Classrooms that have students with serious allergies will have a sign posted on the exterior of the classroom to inform of those allergies. This will also be communicated to families by the classroom teacher.

We ask that you remind your child(ren) to eat only their own food and to not share items from their lunch so that we can keep everyone safe.

Brown Bag Lunch Program

Brown Bagging for Calgary's Kids (BB4CK) program provides prepared healthy lunches to Calgary Schools for students who are in need. Through this program we would be able to provide daily lunches to some of our students. If you feel as though your family would benefit from this program, please contact Mr. Lang (iplang@cbe.ab.ca) or Ms. Bonanno (ljbonanno@cbe.ab.ca)

Lunch Supervision Expectations

As the lunch hour is a part of the school day, the same behaviour is expected of the children as outlined in the CBE Administrative Regulations.

1. **University School is expected:**

- To provide a safe and secure place for students to have their lunch break;
- To provide user pay lunch supervision;

- To maintain a manageable student/supervisory ratio;
- To accommodate a drop-in program; and
- To advocate for students by addressing ‘what is best for the children’.

2. Students are expected:

- To show respect:
 - To yourself
 - To others (students, staff, and other adults)
 - To this place (articles belonging to self, school, and others)
- To demonstrate respect and care for following school regulations and Lunch Supervision expectations
- To display appropriate positive and polite behaviour;
- To resolve differences in a peaceful manner without physical violence or abusive language or gestures;
- To move in the hallways in an orderly fashion, that is quiet and non-disruptive to others.

3. Parents are expected:

- To complete registration through MyCBE/Powerschool for children and pay the required fee;
- To confirm that they are aware of the Calgary Board of Education’s Administrative Regulations and they understand their child’s participation in the program is contingent on complying with the policy;
- To identify any allergies or medical conditions that their child may have;
- To provide their child with a lunch that meets their needs;
- To provide advance notice to have a drop-in student stay for lunch;
- To agree to work collaboratively with lunch supervision staff and University School to resolve any non-expected behaviour by their child during lunch supervision.

Please discuss the information above with your child so that we can work together to make the lunch time enjoyable for all. By signing below, you and your child acknowledge that you understand and agree to the expectations as outlined above. If you have any questions please contact Mr. Lang or Ms. Bonanno.

Date: _____

Classroom Teacher: _____

Parent Name: _____

Student Name: _____

Parent Signature: _____

Student Signature: _____