

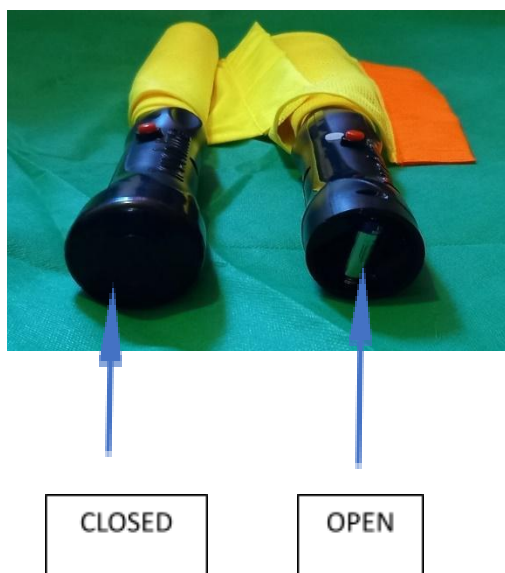
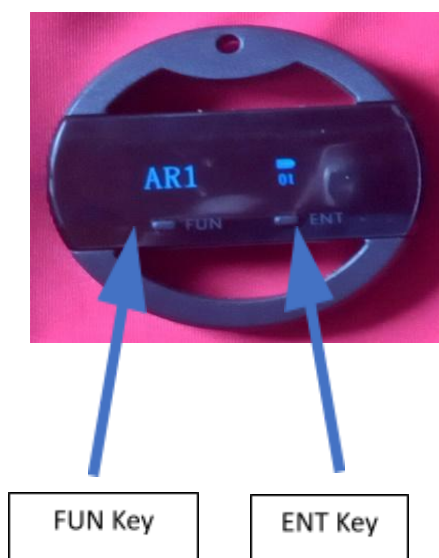
## Power On/Off

The watch receiver is pre-programmed for AR1 & AR2 other features are not programmed

- 1) Power on, press and hold the **ENT** key for 3-5 seconds until screen lightens, power is on.
- 2) Power off: press and hold the **ENT** key for 3-5 seconds until screen goes off, power is off.

Sleep mode: clock time is reserved, and clock time will remain after power on.

- a. Standby mode, press and hold **down** key for 3 seconds, then enter select, power off or sleep mode,
- b. Short press **fun** key to select power off / sleep mode
- c. Press and hold **Ent** Key for 2 seconds to enter the select interface power off / sleep mode.



To access battery compartment, remove end cap, to replace battery.

Battery type: A23 12 volt

### Alarm Setting

Press and hold fun key for 3 seconds, until F01 appears.

To enter alarm time press ENT key until F09 appears, (Section 11 of the manual)

Then press and hold the FUN key until Alarm 1 is displayed 1 00:00

Then use the enter key to scroll through the minutes,

Use ENT (to select time or second alarm) and FUN key (to scroll through minutes and hours and the second alarm)

There are 2 alarm functions which will allow you to set an alarm to ie. To indicate 1. the end of first half 2. End of second half.

To set alarm on/off press ENT key until F10 appears, (Section 12 of the manual)

Vibration time setting F02 Is set to 5 seconds, to change go to section 4 in manual,

Display time setting, F03 is set to 5 seconds, to change go to section 5 in manual.