

Ritual Montage

D100 Ritual Montage

d100	Surreal	Nature	Smells & Sounds
1	A red curtain billowing in windless air.	A field of poppies swaying in the breeze.	Smell of dust and perfume; a faint hum like distant power lines.
2	A man smiling too wide, frozen in place.	A chimpanzee baring its teeth in play.	The creak of floorboards and a metallic aftertaste in the air.
3	A hand stirring black coffee that never ripples.	Ants carrying leaves across wet soil.	Bitter coffee and the low buzz of flies.
4	A telephone ringing under water.	Dolphins clicking through sonar.	Gurgling static and salt brine.
5	An owl blinking in slow motion.	An owl swooping silently over grass.	Damp moss and the sound of wings brushing air.
6	A ceiling fan turning without sound.	A windmill turning in the savannah wind.	Smell of overheated metal; a soft electric hum.
7	A girl dancing alone in an empty diner.	A flamingo performing its mating dance.	Vinyl booth leather and a flickering neon buzz.
8	A flickering fluorescent light over a meat counter.	A crocodile's eyes glinting above still water.	Cold air, ozone, and faint dripping.
9	A house at night with one red window.	A volcano glowing faintly before eruption.	Burning plastic and low, distant rumble.
10	Smoke rising backward into a cigarette.	Morning mist over rainforest canopy.	Acrid tobacco and reversed inhalation sounds.
11	A tape recorder playing reversed laughter.	A whale song echoing in the deep.	Damp reel tape smell; warped, gurgling laughter.
12	A hand emerging from a plastic wall.	A turtle breaking from its egg.	Chemical vinyl scent and muffled gasping.
13	A face half-covered by a paper mask.	A butterfly emerging from a chrysalis.	The dry crackle of paper; faint antiseptic.
14	A mirror reflecting an empty room.	A pond mirroring trees.	Still air and a slow, rising feedback tone.
15	A record skipping on a single note.	Cicadas droning in waves.	Smell of old vinyl and rhythmic clicking.
16	A woman brushing her hair as strands fall like ash.	A lioness grooming her cub.	Burnt hair and gentle scratching sounds.

17	A flickering motel vacancy sign.	Fireflies blinking in sync.	Wet concrete and the pop of shorted electricity.
18	A dog barking at nothing.	A wolf howling in a valley.	Damp fur, breath, and echoes of a low growl.
19	A man digging a hole in silence.	A badger digging its burrow.	Cold earth, iron, and rhythmic shovel strikes.
20	A diner clock ticking backward.	Flowers opening with sunrise.	The smell of syrup and a clock ticking in reverse.
21	A man in a suit bleeding from his ear.	A mosquito feeding on skin.	Rust, sweat, and a faint ringing tone.
22	Curtains opening to reveal a forest.	Camera pushing through foliage.	Pine needles and soft rustling.
23	A TV showing static shaped like faces.	A school of fish shimmering.	Warm dust and white noise hiss.
24	A red balloon drifting through fog.	A jellyfish pulsing through water.	Rubber and distant, muted laughter.
25	A rotary phone melting slowly.	Lava oozing across rock.	Hot plastic and bubbling hiss.
26	A blinking eye dissolving into a highway.	A cheetah's eye locking onto prey.	Asphalt, ozone, and a rising hum.
27	A woman screaming without sound.	A hawk diving silently.	Cold perfume and silence thick as pressure.
28	A car idling in a field, empty.	Bison standing in fog.	Gasoline and the ticking of an engine cooling.
29	A moth fluttering against a bulb.	Monarch migration across the continent.	Singed wings, electric hum.
30	A house filled with a heartbeat.	A bear's heart slowing in hibernation.	Dust and deep rhythmic thump.
31	A gloved hand holding a small key.	A crab clutching a shell.	Leather scent and soft metal tapping.
32	A photo of smiling people blurring.	A pack of wolves moving in and out of frame.	Faint perfume and static whispering.
33	A shadow waving though no one's there.	Tree branches swaying.	Wind and the dry rustle of paper.
34	A man whispering to an armchair.	Chimps gesturing to each other.	Musty upholstery and breath on fabric.
35	A diner booth with warm coffee and blood.	Lions feeding after a hunt.	Coppery air and slow dripping.

36	A tricycle rolling down a hallway.	A penguin sliding on ice.	Squeaky wheels and faint chill air.
37	A forest trembling with no wind.	Cicadas vibrating leaves.	Sap and insect drone.
38	A reflection mouthing different words.	A parrot mimicking speech.	Floral soap and two overlapping voices.
39	A broken mirror spiral.	A nautilus shell cross-section.	Dust and a soft glass chime.
40	A glowing phone booth in desert night.	Scorpion glowing under UV light.	Warm dust and a distant radio buzz.
41	A humming sound zooming toward nothing.	A swarm of bees around their queen.	Honey and low vibration building.
42	A fish flopping on a kitchen floor.	A salmon thrashing upstream.	Wet scales, sharp ozone.
43	A mannequin in a wedding dress.	Bird of paradise courtship.	Dry silk and a faint organ hum.
44	A staircase into black water.	A waterfall plunging into a cave.	Mildew and slow dripping echo.
45	A shadow walking away.	A camel's shadow stretching on sand.	Hot dust, faint footsteps.
46	A record labeled "DO NOT PLAY."	Cicada shedding shell.	Warm vinyl and insect chorus.
47	An old man smiling into a mirror, crying.	Chimp recognizing itself in mirror.	Cologne, and breath trembling against glass.
48	A candle flame bending sideways.	A plant turning toward sun.	Melted wax and faint whoosh.
49	A fan cutting through red mist.	Helicopter through dust.	Iron dust smell and pulsing whir.
50	A car crash looping endlessly.	Rams clashing in slow motion.	Burnt rubber and echoing impact.
51	A neon sign reading "GOD'S MOTEL."	Lightning striking desert.	Ozone and buzzing transformer.
52	A woman whispering into a hole.	Meerkats calling underground.	Earthy dampness and echoing whispers.
53	A hand reaching from a drain.	Octopus arm curling through coral.	Chlorine and soft suction sounds.
54	A black-gloved figure behind glass.	Panther stalking through foliage.	Leather and faint breath against glass.

55	A radio transmitting only breathing.	Whale exhaling at surface.	Warm static and condensation hiss.
56	A cat meowing like a human.	Fox's cry echoing at night.	Fur musk and mismatched pitch.
57	A deer with glowing eyes behind a tree.	Deer watching the camera.	Wet leaves and slow inhale.
58	A door alone in a field.	Termite mound in open grassland.	Old wood and whisper of wind through cracks.
59	A man walking backward.	Crabs scuttling sideways.	Sand grit and reversed footsteps.
60	A heart beating in a paper bag.	Frog's throat pulsing.	Latex scent and wet percussion rhythm.
61	A stoplight showing all colors.	Coral reef glowing UV.	Ionized air and faint electric hiss.
62	A woman's voice from unplugged TV.	Whale calls through ocean.	Static hiss and salt air.
63	A typewriter typing by itself.	Spider spinning web.	Ink, oil, and soft rhythmic clacks.
64	A feather catching fire midair.	Falcon feather drifting.	Burnt air and rising hiss.
65	A black lodge reflected in puddle.	Beaver dam mirrored in water.	Wet wood, frogs croaking.
66	A distorted smiling face through lens.	Frog under rippling pond.	Stale water and glass vibration.
67	A room of clocks stopped at 3:33.	Cave of sleeping bats.	Dust, faint ticking under breath.
68	A rose growing from cracked concrete.	Rosebud blooming in time-lapse.	Wet soil and soft snapping sound.
69	A man humming an unknown tune.	Whales harmonizing underwater.	Low hum and salt tang.
70	A bed that breathes.	Sea anemone pulsing.	Linen musk and rhythmic exhale.
71	Moths forming a human silhouette.	Locust swarm blotting sun.	Dust, dry wings, crescendo hum.
72	A woman painting over her portrait.	Bird rebuilding nest.	Oil paint fumes and soft rustling.
73	A child whispering "wake up."	Dawn chorus of birds.	Morning air and breath close to mic.

74	A man eating a photograph.	Caterpillar consuming skin.	Old paper, saliva crackle.
75	A fan turning into an eye.	Chameleon eye rotating.	Electric hum, organic squelch.
76	A voice saying "Do you remember?"	Elephant touching calf's bones.	Dust and tremor of low voice.
77	A highway fading into fog.	Migration trail into haze.	Diesel, foghorn echo.
78	A doll with eyes stitched shut.	Mole emerging blind.	Cotton stuffing, muffled soil noise.
79	A cigarette burning endlessly.	Volcanic vent smoking.	Charred air and soft crackle.
80	A radio tower blinking in distance.	Bioluminescent squid pulsing.	Hum, ozone, deep ocean tone.
81	A hand against fogged glass.	Frog hand on aquarium glass.	Moist air, slow squeak.
82	A shoe floating in a pond.	Leaf drifting downstream.	Algae scent, slow water ripple.
83	A room flooded with red light.	Sunset tinting canyon.	Hot dust and faint electric buzz.
84	A scream behind glass.	Trapped bird flapping.	Feather beat, muffled thump.
85	A door leading to the same room.	Hermit crab re-entering shell.	Salt air and echoing click.
86	A cracked photo of a happy family.	Elephant mourning dead.	Musty paper and low rumble.
87	A record playing a heartbeat.	Ultrasound of pulse.	Vinyl hiss and thudding bass.
88	A staircase spiraling infinitely.	Nautilus spiral pattern.	Marble dust and hollow resonance.
89	A man motionless with tears of ink.	Cuttlefish releasing ink.	Metallic tang and slow drip.
90	A black-and-white diner.	Zebras crossing grayscale plains.	Coffee steam, hum of neon.
91	A moon that blinks.	Moon behind clouds.	Cold night air and fluttering wings.
92	A shadow dancing alone.	Peacock spider waving.	Dry clicking and faint static.
93	A ticking metronome with feathers.	Hummingbird hovering.	Heartbeat pulse and wing hum.

94	A sink filled with blood and milk.	Polar bear feeding in snow.	Iron, milk sweetness, crackling ice.
95	A clock melting into wall.	Glaciers dripping to sea.	Humid air and slow drip echo.
96	A car radio whispering names.	Biologist tagging whales by radio.	Static and salt air.
97	A man walking into darkness.	Cave diver vanishing.	Wet stone, distant echoing breath.
98	A whisper saying "look closer."	Dew on spiderweb in macro.	Fresh rain and faint whisper.
99	A red room full of masked people.	Flamingo colony standing still.	Incense and soft murmuring.
100	A tear falling upward.	Water droplet evaporating in reverse.	Clean rain scent and reverse chime.

Nightmare Generator

D100 Nightmare Generator

d100	Safe Location	Calm Verb	Unsettling Location	Body Part	Creepy Feeling	Nightmare Verb
1-2	Childhood home	Relax	Dentist's office	Eyes	A sudden, unexplained chill in the air	Crawl
3-4	Grandparents' house	Breathe	Hospital or emergency room	Mouth	The sensation of being watched when no one else is around	Chase
5-6	Hometown	Soothe	Graveyard or cemetery	Teeth	Hearing footsteps or whispers when you're alone	Attack
7-8	Old neighborhood	Unwind	Interrogation room	Tongue	The feeling of something brushing against your skin	Scream
9-10	School or college campus	Recline	Abandoned building	Arms	Seeing a shadowy figure out of the corner of your eye	Stalk
11-12	Favorite park or playground	Embrace	Jail or prison cell	Hands	Walking into a room and feeling an inexplicable sense of dread	Terrify
13-14	Beach or seaside town	Serenade	Dark, narrow alley	Lips	Waking up in the middle of the night and feeling a presence	Strangle
15-16	Family cabin	Nurture	Creepy basement	Fingers	Finding objects mysteriously moved	Escape
17-18	Local library or bookstore	Cuddle	Funeral home	Abdomen	Hearing a door creak open on its own	Fall
19-20	Childhood friend's house	Meditate	Haunted house	Navel	Feeling a sudden drop in temperature	Drown
21-22	Old movie theater	Cozy	Morgue	Genitals	Seeing your reflection move or change	Disappear

23-24	Ice cream parlor	Savor	Crowded subway	Knees	The feeling of being touched by something unseen	Suffer
25-26	Childhood bedroom	Nap	Isolated forest	Ankles	Experiencing electrical disturbances	Panic
27-28	Treehouse	Float	Swamp	Feet	Having recurring nightmares	Wither
29-30	Local diner	Hug	Underground tunnel	Spine	Feeling a sudden sense of heaviness	Paralyze
31-32	Alley where you used to play	Lull	Stormy beach	Ribs	Seeing unexplained orbs or strange lights	Devour
33-34	Childhood sports field	Stroll	Derelict amusement park	Hips	Hearing voices with no source	Twist
35-36	Old family farm	Lounge	Windowless room	Ears	Feeling as if time is slowing or speeding	Writhe
37-38	Town square or market	Dream	Tight elevator	Brain	The sensation of being trapped in an enclosed space	Wail
39-40	Childhood vacation destination	Drift	Claustrophobic space	Hair	Witnessing inanimate objects move	Dissolve
41-42	Forest clearing	Breathe	Empty school at night	Eyes	Hearing your name whispered softly	Tremble
43-44	Cozy bedroom	Relax	Flooded basement	Teeth	A figure just out of focus	Gasp
45-46	Sunlit meadow	Soothe	Burned-out house	Tongue	Shadows moving independently	Shiver
47-48	Warm kitchen	Hug	Long hospital corridor	Arms	Feeling something behind you	Flee
49-50	Quiet lake	Float	Locked room	Hands	The wind carries a voice	Scratch
51-52	Front porch	Recline	Deserted playground	Mouth	The wind carries a voice	Run

53-54	Fireplace room	Nurture	Broken mirror room	Eyes	Seeing yourself blink twice	Hide
55-56	Library corner	Meditate	Endless hallway	Legs	Footsteps echo with no one there	Fall
57-58	Sunny garden	Serenade	Abandoned church	Fingers	Candles flicker on their own	Cry
59-60	Hammock	Nap	Creaking attic	Spine	A child laughing softly	Wait
61-62	Family kitchen	Cozy	Locked cellar	Hair	Whispers from the walls	Scratch
63-64	Porch swing	Drift	Rotting dock	Knees	Feeling pulled toward darkness	Struggle
65-66	Grandparent's porch	Stroll	Flickering hallway	Ears	Hearing a tune from childhood	Collapse
67-68	Small-town fairground	Savor	Hospital morgue	Teeth	Seeing something behind glass	Moan
69-70	Old farmhouse	Lounge	Abandoned asylum	Tongue	Breathing that isn't yours	Cling
71-72	Garden bench	Lull	Dark forest path	Arms	Frozen in place, unable to move	Turn
73-74	Campfire	Dream	Dilapidated cabin	Hands	The silence feels loud	Tremor
75-76	Cozy cafe	Relax	Foggy bridge	Eyes	Movement in the mist	Break
77-78	Beach cabin	Breathe	Windowless hallway	Feet	The light flickers out	Twist
79-80	Tree swing	Unwind	Submerged tunnel	Spine	Something unseen is waiting	Reach
81-82	Childhood classroom	Soothe	Hospital basement	Hair	Eyes blinking in the dark	Push
83-84	Old churchyard	Meditate	Empty theater	Lips	Hearing applause from nowhere	Rise
85-86	Neighborhood park	Embrace	Shuttered shop	Ribs	Feeling weightless but trapped	Fall
87-88	Favorite reading nook	Cuddle	Rusted warehouse	Fingers	A shape in the corner watching	Fall
89-90	Porch hammock	Float	Crumbling mansion	Mouth	The clock stops ticking	Run

91-92	Family garden	Hug	Desert highway	Eyes	Sky feels wrong, too big	Drift
93-94	Lakeside pier	Lull	Flooded subway	Arms	Feeling swallowed by echoes	Freeze
95-96	Treehouse	Lounge	Moldy basement	Legs	Cold breath against your neck	Cry
97-98	Childhood attic	Dream	Abandoned classroom	Spine	Lights flicker rhythmically	Crawl
99-100	Home hallway	Recline	Foggy forest	Hair	Footsteps sync with yours	Collapse

Innerspace Peril

D100 Innerspace Peril

d100	Affliction	Description
1–2	Schizophrenia	Fragmented perception of reality marked by hallucinations and delusions.
3–4	Major Depressive Disorder	Profound and persistent sadness, emptiness, and despair.
5–6	Bipolar Disorder	Cycles between manic energy and depressive collapse.
7–8	Obsessive-Compulsive Disorder	Intrusive thoughts and ritualistic behaviors meant to neutralize them.
9–10	Post-Traumatic Stress Disorder	Trauma relived through flashbacks, nightmares, and hypervigilance.
11–12	Dissociative Identity Disorder	Multiple, distinct identities inhabit the same body.
13–14	Borderline Personality Disorder	Emotional instability and fear of abandonment leading to self-destructive behavior.
15–16	Antisocial Personality Disorder	Lack of empathy or remorse; manipulation and disregard for others.
17–18	Paranoid Personality Disorder	Pervasive distrust and suspicion that others intend harm.
19–20	Delusional Disorder	Systematic false beliefs held with unshakable conviction.
21–22	Cotard's Delusion	The belief that one is dead, hollow, or missing internal organs.
23–24	Capgras Syndrome	Conviction that loved ones have been replaced by impostors.
25–26	Depersonalization Disorder	Feeling detached from one's own body or thoughts, as if watching from afar.
27–28	Derealization Disorder	The world feels unreal, distant, or dreamlike.
29–30	Somatic Symptom Disorder	Physical distress without a medical cause, rooted in psychological conflict.
31–32	Body Dysmorphic Disorder	Obsessive preoccupation with perceived physical flaws.
33–34	Anorexia Nervosa	Starvation in pursuit of impossible control over the body.
35–36	Trichotillomania	Compulsive hair-pulling as a release for inner tension.
37–38	Sleep Paralysis	Conscious but immobilized; presence of a shadowy intruder often sensed.

39–40	Charles Bonnet Syndrome	Vivid hallucinations seen by the visually impaired.
41–42	Alien Hand Syndrome	A limb acts of its own will, beyond conscious control.
43–44	Foreign Accent Syndrome	Sudden, inexplicable change in speech patterns following trauma.
45–46	Alice in Wonderland Syndrome	Distorted sense of scale—objects or body parts swell or shrink.
47–48	Prosopagnosia	Inability to recognize faces, including one's own.
49–50	Autoscopic Hallucination	Seeing oneself from outside the body.
51–52	Lycanthropy (Clinical)	Delusion of transforming into a beast or animal.
53–54	Amok	Sudden, violent frenzy or dissociative rampage.
55–56	Latah	Reflexive mimicry or obedience triggered by shock.
57–58	Windigo Psychosis	Cannibalistic urges accompanied by terror of spiritual corruption.
59–60	Ghost Sickness	Obsession with the dead leading to wasting, dread, and visions.
61–62	Possession Trance Disorder	Perceived loss of control as another entity inhabits the body.
63–64	Mirror Self Misidentification	Belief that one's reflection is a stranger or hostile double.
65–66	Doppelgänger Delusion	Conviction that a duplicate self exists and interferes with one's life.
67–68	The Calling	Auditory hallucination of a distant voice whispering one's name.
69–70	The Static Mind	Feeling one's thoughts are being broadcast, scrambled, or replaced.
71–72	Time Slip Disorder	Belief or perception that one has fallen out of time's proper flow.
73–74	Psychogenic Fugue	Sudden travel with amnesia for one's past or identity.
75–76	Morbid Euphoria	Pleasure or serenity in the presence of horror, pain, or death.
77–78	Echo Madness	Repetition of sounds or voices believed to carry hidden meaning.
79–80	Dream Entrapment Syndrome	The belief that waking life is still part of a dream.
81–82	Perceptual Decay Disorder	Reality loses color, detail, and depth over time.

83–84	Mnemonic Erosion	Conviction that one's memories are being stolen or overwritten.
85–86	Thanatognosia	Paradoxical fear or certainty that one is already dead.
87–88	Hypergraphia	Compulsive and often prophetic writing; words pour out uncontrollably.
89–90	The Hunger of Silence	Terror and auditory hallucinations brought on by prolonged quiet.
91–92	Psychogenic Twilight State	Semi-conscious wandering followed by complete amnesia.
93–94	Somatoparaphrenia	Denial or disownership of a limb or body part.
95–96	Anosognosia	Inability to recognize or believe in one's own illness or impairment.
97–98	Folie à Deux	Two people share a single delusional system or belief.
99–100	Morbus Exspectans (Invented)	Progressive madness caused by obsessive anticipation of an event that never arrives.

Glowcat Table

D100 Glowcat Table

d100	Emotion	Color			
01	Calm	Pale Aqua	29	Ecstatic	Magenta
02	Content	Mint Cream	30	Euphoric	Gold
03	Curious	Soft Teal	31	Serene	Soft Lavender
04	Peaceful	Sky Blue	32	Tender	Pale Peach
05	Relaxed	Seafoam Green	33	Relieved	Icy Blue
06	Pleased	Buttercream	34	Anticipatory	Butter Yellow
07	Mildly Amused	Lemon Chiffon	35	Intrigued	Dusty Teal
08	Thoughtful	Misty Gray	36	Restless	Olive Green
09	Hopeful	Spring Green	37	Conflicted	Slate Gray
10	Interested	Warm Beige	38	Suspicious	Taupe
11	Optimistic	Goldenrod	39	Uneasy	Cool Gray
12	Appreciative	Honeydew	40	Nervous	Pale Lime
13	Grateful	Amber	41	Insecure	Light Steel Blue
14	Gentle	Powder Blue	42	Frustrated	Warm Rust
15	Warm	Coral Blush	43	Annoyed	Ochre
16	Nostalgic	Dusty Rose	44	Disappointed	Dull Blue
17	Playful	Peach	45	Hurt	Blush Rose
18	Proud	Sunflower Yellow	46	Embarrassed	Salmon
19	Confident	Burnished Gold	47	Ashamed	Burnt Sienna
20	Cheerful	Canary Yellow	48	Guilty	Deep Mauve
21	Loving	Rose Pink	49	Jealous	Emerald
22	Compassionate	Mauve	50	Envious	Moss Green
23	Delighted	Apricot	51	Lonely	Periwinkle
24	Excited	Tangerine	52	Sad	Cerulean
25	Joyful	Bright Yellow	53	Melancholic	Indigo
26	Inspired	Electric Blue	54	Mourning	Deep Navy
27	Passionate	Crimson	55	Worried	Dusty Blue
28	Elated	Hot Pink	56	Anxious	Storm Gray
			57	Fearful	Pale Violet
			58	Afraid	Ash Blue

59	Apprehensive	Grayish Mint	89	Longing	Wine Red
60	Shocked	Ice White	90	Obsessive	Deep Burgundy
61	Startled	Pale Yellow	91	Consumed	Iron Gray
62	Disgusted	Olive Drab	92	Exalted	Bright Gold
63	Bitter	Dark Brown	93	Transcendent	Luminous White
64	Resentful	Brick Red	94	Possessed	Molten Red
65	Irritated	Burnt Orange	95	Enraptured	Radiant Rose
66	Angry	Scarlet	96	Devastated	Ash Gray
67	Furious	Blood Red	97	Shattered	Pale Silver
68	Outraged	Dark Crimson	98	Overcome	Faint Blue
69	Hatred	Blackened Red	99	Catatonic	Chalk White
70	Vengeful	Charcoal	100	Ecstatic Collapse	Blinding White
71	Desperate	Violet Gray			
72	Hopeless	Slate Blue			
73	Overwhelmed	Deep Purple			
74	Despairing	Midnight Blue			
75	Grieving	Charcoal Blue			
76	Tormented	Ink Black			
77	Bewildered	Pale Lilac			
78	Confused	Fog Gray			
79	Panicked	Bright Cyan			
80	Terrified	Bone White			
81	Paranoid	Dark Olive			
82	Traumatized	Black			
83	Awestruck	Silver			
84	Amazed	Platinum			
85	Stunned	Frost Blue			
86	Humbled	Pale Gold			
87	Reverent	Deep Indigo			
88	Yearning	Violet			

Supernatural Powers

D100 Supernatural Powers

d100	Power	Manifestation Style	Corruption Cost	Source of Power
01–04	Telepathy	Static-laced whispers in the skull	Emotional numbness	Extraterrestrial resonance
05–08	Psychometry	Flickering visions through contact	Overlapping memories	Cursed artifact
09–12	Precognition	Dreams bleed into waking life	Paranoia and insomnia	Cosmic alignment
13–16	Mind Control	Words vibrate with compulsion	Loss of empathy	Occult parasite
17–20	Astral Projection	A silver thread leaving the flesh	The body decays in absence	Ritual trance
21–24	Shapeshifting	Bones liquefy, reform, and whisper	Identity fragmentation	Experimental mutation
25–28	Regeneration	Wounds knit with luminous tissue	Cellular rebellion	Nanotech contamination
29–32	Parasitic Symbiosis	Veins glow as something feeds within	Shared consciousness	Alien infection
33–36	Mimicry	Flesh mirrors the observer's form	Self erased entirely	Deep entity possession
37–40	Bioelectric Manipulation	Sparks crawl beneath translucent skin	Burnout of nerves	Cybernetic grafts
41–44	Illusion Casting	Reality shimmers like heat on metal	Confusion between true and false	Psychic overload
45–48	Dimensional Phasing	Body flickers between layers of space	Disintegration risk	Rift exposure
49–52	Chrono Distortion	The air ripples and clocks melt	Temporal dissonance	Quantum engine
53–56	Reality Bending	Gravity inverts, geometry fails	Rapid mental collapse	Forbidden mathematics
57–60	Sense Overload	Eyes glow; every detail hyper-real	Pain from perception	Neural awakening
61–64	Necromancy	Shadows rise and form limbs	Spirit debt accumulates	Unholy covenant
65–68	Shadow Manipulation	Darkness thickens and obeys	Fear addiction	Nether realm bleed-through

69–72	Cursed Touch	Skin blackens what it grazes	Isolation and decay	Ancient malediction
73–76	Ectoplasmic Manifestation	Mist forms faces of the dead	Loss of bodily warmth	Séance residue
77–80	Sigilic Invocation	Runes glow and hum beneath the skin	Reality distortion around sigils	Blood-bound ritual
81–84	Technopathy	Eyes reflect code; machines twitch nearby	Cognitive fragmentation	AI symbiosis
85–88	Nanite Assimilation	Flesh becomes mechanical lattice	Self rewritten by swarm logic	Rogue nanite hive
89–92	Quantum Duplication	Copies flicker into being, unstable	Divergent selves rebel	Collapsed experiment
93–96	Viral Intelligence	Thoughts spread through touch or speech	Mind consumed by network	Bio-digital plague
97–100	Cosmic Perception	Pupils mirror galaxies	Sanity burns away	Eldritch revelation

Character Traits for Speech Patterns

D100 Character Traits for Speech Patterns

Roll	Trait
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1-2	Abrasive
3-4	Accepting
5-6	Aggressive
7-8	Aloof
9-10	Analytical
11-12	Arrogant
13-14	Blunt
15-16	Boastful
17-18	Brave
19-20	Cautious
21-22	Charming
23-24	Chatty
25-26	Confident
27-28	Conflicted
29-30	Contemplative
31-32	Courteous
33-34	Cryptic
35-36	Defensive
37-38	Deliberate
39-40	Depressed
41-42	Desperate
43-44	Detached
45-46	Direct
47-48	Dramatic
49-50	Emotional
51-52	Formal

53-54	Hesitant
55-56	Honest
57-58	Humorous
59-60	Impulsive
61-62	Indecisive
63-64	Insecure
65-66	Intense
67-68	Kind
69-70	Literal
71-72	Metaphorical
73-74	Monotone
75-76	Obsessive
77-78	Paranoid
79-80	Polite
81-82	Profane
83-84	Reserved
85-86	Rushed
87-88	Sarcastic
89-90	Shy
91-92	Stuttering
93-94	Suspicious
95-96	Thoughtful
97-98	Verbose
99-100	Witty