



Who Am I?

Due to your school counselor by October 15th

The information provided on this form will assist us in completing the Secondary School Report(s) you need for colleges or scholarships and write your letter of recommendation. Detail all information concerning your interests, unique talents, activities, leadership roles, and commendations as completely as possible. Your letter of recommendation can provide a stranger with a “snapshot” of the unique attributes you have. Include specific details in your written answers! **My letter is only impactful to your application package IF you provide helpful detailed information on these sheets. Type or print legibly. Do not restrict the length of your responses to this document. Please adjust as necessary.** Skip any item that does not apply to you.

Complete name shown in Skyward: _____

Preferred name: _____

Date of Birth: _____

Will you be the first in your family to potentially earn a four-year college degree? Yes _____ No _____

Parent/ Guardian's Name: _____

Parent/ Guardian's Occupation: _____

Other Parent/ Guardian's Name: _____

Other Parent/ Guardian's Occupation: _____

Your intended career/area of interest: _____

Intended college major. What course or experience has influenced the decision? (Undecided is fine):

Describe your senior project and explain why this project is meaningful to you.

List two teachers who know you well that you will ask (or have asked) to write you a letter of recommendation.

Preferred: Junior academic teachers, teachers who have taught you more than once, and teachers in your proposed field of study.

1. _____

2. _____

Tell me about your hobby, volunteer work, or an activity that you have been involved in? Why is it important to you?

Tell me about a moment in your life that you are particularly proud of, and why.

What **work experience** have you had? List most recent first. This may include caring for siblings, grandparents, etc.

Where you worked	Approximate span of months/years	Hours per week	Specific responsibilities

Which **class(es)** have allowed you to **demonstrate** your ability to problem-solve, analyze, articulate, work collaboratively, etc. Please give a brief explanation.

What **academic accomplishments** are you most proud of? Please be specific.

Which **course** has given you the most **difficulty**? What did you learn from this experience?

(If applicable) **Describe any significant increases or decreases in your academic performance** and how they impacted you. Explain why your grades may have gone notably up or down.

What event or activity (positive or negative) has significantly impacted your life? How and why did it shape you as a person? What did you learn from it?

Is there a **teacher, extracurricular activity, or volunteer/work experience** that impacted you? Please articulate.

What is the most significant thing that you have been involved in during your education? How has it influenced you? What would you like your counselor to highlight when writing your recommendation?

(If applicable) **Discuss one leadership role you have experienced in your life.**

What three qualities distinguish you most? How do they shape how you use your time, how you learn, and/or what you prioritize in your life?

List and describe any community service or attach a resume. Please include the number of years involved, leadership roles, and your participation level.

Activity Description	Role(s)	Grade/Year

List and describe any OUTSIDE of school-related activities you have participated in or attach a resume: Activity

GradeYear

Grade/Year

[illegible]

SKHS Clubs/ Organizations

Check off each year of participation

Activity	9 th	10 th	11th	12th
Academic Decathlon				
Academic Enrichment & Research				
Art Club				
Book Club				
Best Buddies				
Civics Club				
Debate Team				
ESports Club				
French Club				
Garden Club				
Genders and Sexualities Alliances				
HOSA				
Italian Club				
Literary Journal				
Math Team				
National Cyber League				
National Honor Society				
Peer 2 Peer				
Photography Club/ Yearbook				

Project Venue				
Rebel Ambassadors				
Rebel Pathfinders				
Rebel Theater Group				
Relay for Life				
RIPL-Rebels Inspiring Positive Lifestyles				
Robotics Team (First Tech. Challenge)				
SafeBAE				
Sailing Club				
SKPades				
SMART				
SMILE				
Spanish Club				
Student Council				
Sustainability Club				
Symphony Orchestra				
Unified Athletics				
VAASA				
World Language Honor Society				
Other(please specify)				
Other (please specify				

Other (please specify)				
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Specific Leadership Roles

Class Office				
NHS				
Student Council				
Music				
Other				
Other				
Other				

Athletics

Check off years of participation *and note if co-captain or captain, JV or varsity, in each specific year*

Sport	9th	10th	11th	12th
Baseball				
Basketball				
Cheerleading				
Cross Country				
Field Hockey				
Football				
Golf				
Gymnastics				
Ice Hockey				
Indoor Track				
Lacrosse				
Outdoor Track				
Soccer				
Swimming				
Tennis				
Volleyball				
Wrestling				

PARENT INSIGHT (Optional)

Please ask your parents if they would like to email us a statement addressing the following:

What would you want the admissions office to know about your child that they would not be able to glean from only school records and the college application? This information may provide your child's school counselor with additional information about your child. Possible topics may include discussing your son or daughter's greatest strengths, most unique characteristics, significant family events, personal obstacles, etc.

Please know that your words will not be directly quoted in the letter of recommendation.