

What are healthy foods for DC standards?

Definition: CSJ ABSO considers healthy foods to be any food item or meal that:

1. Contains fruits or vegetables,
2. Fits under dietary restrictions, including but not limited to gluten free, vegetarian, vegan, halal, or kosher
3. Comes from a vendor with a mission statement mentioning health or wellness

ABSO will consider healthy food funding requests that do not contain one of these policies on a case-by-case basis.

Recommended places to purchase healthy groceries:

- Safeway
- Trader Joe's
- Yes Organic Market
- Wholefoods

Recommended healthy food restaurants:

- Falafel Inc (V)
- Simply Banh Mi
- Jaco Juice & Taco Bar
- Chaia Georgetown (V)
- Sweetgreen (V)
- Fruitive (V)
- Bandoola Bowl
- Rawish (V)
- VEGZ (V)
- DC Vegan (V)
- PLNT Burger
- Beef
- Habesha Market
- Any other restaurant with a mission statement mentioning health or wellness