



San Diego Unified School District

Pershing Middle School
Home of the Panthers

8204 San Carlos Drive, San Diego, CA 921119 (619) 362-3550 Fax: (619) 3624-4320

Dear Sixth Grade Families,:

We are approximately three weeks away from the big event! Here is some key information and some important reminders:

Camp on Campus

For those students not attending camp March 16-20 there is still an expectation they will come to school everyday that week. The sixth grade teachers and staff not attending camp will be hosting the students staying back and the students will participate in a variety of fun academic, athletic, and art activities.

Departure and Return

Students should come to school at the regular time on **Monday, March 16 by 8:00 AM**. They will go to their first period class. We expect to send students off to camp around 9:00 AM and welcome them back to school on **Friday, March 20 between 11:00 AM and 1:00 PM**. The return time does vary from year to year and an email and text message will go out to families on Friday, letting you know when the buses have left Camp Cuyamaca. On the day of departure, Monday, March 16, parents are welcome but not expected to be there for the send-off.

We also request that parents be there for the early return on Friday. Parents wishing to sign-out students when they return on Friday may take their student and their luggage as soon as both arrive. We expect students to be very tired! Any student who is not picked up will remain at school until dismissal at 2:50 PM and PrimeTime will be open until 6:00 PM.

Luggage

Students may bring 1 suitcase and 1 bedroll (sleeping bag/blankets, sheets and a pillow). No backpacks. [CLICK HERE](#) to view the packing list of recommended items to bring provided by Camp Cuyamca.

Please make sure the suitcase and bedroll have your child's name and school clearly marked on them. For your convenience the school is providing luggage tags you may attach to the suitcase and bedroll. We recommend placing your child's bedroll in a large trash bag to protect it from the elements. We also encourage families to pack their child an extra trash bag for their bedroll on the return trip. Additional luggage tags will be available on the day of departure.

On Monday, March 16 please bring your child's luggage and bedroll to the west parking lot in front of the 100 building (signs will be posted) before 8:00 AM. After dropping off their luggage, students will go into campus and wait for the bell to ring and then report to their first period class. Parents may wait outside the campus until the buses depart. Parent volunteers are greatly appreciated to help with luggage as well as other departure and return logistics.

On Friday, March 20 students and luggage may be picked up in the 6th grade turnaround parking area after students return. Any student that is not picked up will keep their luggage with them in the auditorium. The school will send an email and text message to let you know they have left Camp Cuyamaca and are on their way to Pershing.

Medications

If your child takes any of the following, a completed and signed [Medication Authorization Form](#) is required, otherwise it cannot legally be administered by Cuyamaca Outdoor School staff:

- Routine prescription medication including pills, liquids, inhalants, and injections
- Emergency prescription medications (e.g., inhaler, epinephrine auto-injector, Valtoco, Baqsimi, etc.)
- Vitamins
- Supplements, including melatonin, fiber, herbal, homeopathic, etc.
- Routine non-prescription/over-the-counter medications not listed on page 2 of the [Student Registration and Health Form](#)

Students with completed [Medication Authorization Forms](#) must bring the medications, vitamins, and/or supplements along with the signed form to nurse Sharon Kalish by Monday, March 9.

All prescription medications must:

- Be sent in the original container labeled by a California pharmacist and may not be expired
- Be labeled with the child's full name (cannot be another family member's medication)
- List the exact dosage, form (pill, liquid, etc.), time (when it should be given), route (how it is taken), and reason (what is the medication for)
- List the prescribing authorized licensed California health care provider

All non-prescription medications, vitamins, and supplements must:

- Be sent in the original, store-bought container that lists the name, dosage, and instructions
- Be labeled with the child's full name and school (write on the container or use tape or a label)

We cannot accept or administer anything sent in a plastic baggie, pill box, pill reminder container, unlabeled container, etc. DO NOT send any medications, vitamins, or supplements in your child's luggage.

Parents will pick up the medications on Friday afternoon when the students return from camp. She will have a table set up in the 6th grade turnaround parking area.

Parent Postcards/Letters for Students:

Parents may drop off letters/postcards for their student in the main office by the end of the school day on Tuesday, March 17 and staff will bring them to camp to deliver to students on Wednesday, March 18. Please make sure your child's first and last name is clearly labeled on the envelope or postcard.

Please keep in mind

Students are not permitted to have cell phones with them at camp. NO electronics of any kind are allowed (please review the [Camp Cuyamaca packing list](#) for specific items that can and cannot be brought to camp). Please also remind your child to bring a reusable water bottle. If possible, our counselor, AP, or I will try to visit the campers during the week. If you wish to send a letter to your student, please bring the letter/postcard to Pershing by 3:00 PM on Tuesday, March 17.

Unfortunately there are no visitors permitted at camp. ***In the very unlikely event of an emergency we will contact you immediately.*** Remember, no news is good news!

Camp is going to be a great experience and we are excited that your child will be participating!

Sincerely,

Melanie Kray

Melanie Kray

Principal

Pershing Middle School