

# Yuvraj Kapadia - CHII Hypnotherapy and Past Life Regression (level 1-5)

## Hypnotherapy Training

Are you:

looking for a new career direction?

passionate about helping people?

wanting to expand your therapy services?

### **We can help!**

Our Hypnotherapy Training is an extensive, five leveled curriculum by the California Hypnosis Institute of India (CHII) / EKAA and this program has appealed to people for a number of reasons. Some do it for the joy of the knowledge alone while others do it to become a qualified therapist or teacher of the curriculum. A career in this field can be personally enriching as well as financially rewarding.

The steps required to become a hypnotherapist and trainer in this field are:

### Step 1: The Training

You are required to complete the five Levels of Integrated Clinical Hypnotherapy:

- Level I – Basic Course in Integrated Clinical Hypnotherapy
- Level II – Certification Course in Integrated Hypnotic Modalities for Behavioral Resolutions
- Level III – Advanced Course in Integrated Hypnotic Modalities for Health Resolutions
- Level IV – Course on Integrated Spiritual Hypnosis
- Level V – Certification Course on Integrated Clinical Hypnotherapy

### Level I: Basics in Integrated Clinical Hypnotherapy

#### **The Training Covers:**

- Brief History of Hypnosis
- History and Development of the Human Mind
- Theory of Mind
- How to Create the Hypnotic State
- Theory of Suggestibility
- Laws of Suggestibility

- How to Conduct a Hypnosis Session
- Deepening Techniques
- Wording of Effective Suggestions
- Post-Hypnotic Suggestion for Re-Hypnosis
- Awakening Techniques
- Self Hypnosis

**Certification:**

Upon completion of the curriculum and successful assessment, graduates receive Certification from IMDHA, a licensing body for more than 60 countries worldwide.

**Duration:**

2 Days

**Cost:**

\$3,450.00 HKD

Upcoming Training

**Level II: Integrated Hypnotic Modalities for Behavioral Resolutions**

**Prerequisite:**

Level I: Basics in Integrated Clinical Hypnotherapy

**This Training Covers:**

- Hypnotic Modalities
- Basics of Ericksonian Hypnosis
- Introduction to Neuro-Linguistic Programming (NLP)
- Age Regression
- Age Regression Therapy
- Dream Therapy and Interpretation.
- Fear & Phobia Management
- Emotional Empowerment Technique
- Pain Management
- Hypno-Diagnostic Tools
- Hypno-Drama

**Certification:**

Certification Course in Integrated Hypnotic Modalities for Behavioral Resolutions

**Duration:**

4 days

**Cost:**

\$6,450.00 HKD per person

Contact Us

## Level III: Integrated Hypnotic Modalities for Health Resolutions

### **Prerequisite:**

Level II: Certification Course in Integrated Hypnotic Modalities for Behavioral Resolutions

### **The Training Covers:**

- Physical & Emotional Sexuality
- Relationship Counseling
- Use of Counseling and Interviewing Techniques
- Use of Family Systems Approach
- Child Hypnosis
- Eating Disorders – Anorexia & Bulimia
- Substance Abuse – Alcohol & Drugs
- Defense Mechanisms
- Understanding Basics of Handwriting Analysis
- Weight Control
- Sexual Dysfunction
- Use of Mental Bank
- Understanding Past Life Regression

### **Certification:**

Advanced Course in Integrated Hypnotic Modalities for Health Resolutions

### **Duration:**

4 days

### **Cost:**

\$6,450.00 HKD per person

Contact Us

## Level IV: Integrated Spiritual Hypnosis

### **Prerequisite:**

Level III: Advanced Course in Integrated Hypnotic Modalities for Health Resolutions.

### **This Training Covers:**

- Brief history of Past Life Therapy
- Why Past Life Therapy works
- Directing the regression to find the critical areas
- Major safeguards for Past Life Therapy
- Reframing critical past life memories
- Patterns from the Past
- Metaphysical aspects of disease
- Soul or trauma issues

- Life Script
- Utilizing the benefit of the Death experience
- Understand the subconscious
- Understand the various forms of the spirit attachments
- Help a client be free of spirits and spirit attachments
- Life between lives
- Surrogate DFE Release
- Proper Follow-up

**Certification:**

Course on Integrated Spiritual Hypnosis

**Duration:**

6 days

**Cost:**

\$7,500.00 HKD per person

Contact Us

Level V: Integrated Clinical Hypnotherapy

**Prerequisite:**

Level IV: Integrated Spiritual Hypnosis.

**This Training Covers:**

- Concept of healing and importance of a comprehensive healing approach.
- Origin and Reversibility of Disease
- The relationship between the mind, body and soul and Life Plan.
- Creating the appropriate balance within them-selves and become effective channels of healing.
- Effects of different types of breathing patterns on the human system.
- Effects of different types of natural body vibrations in releasing physical aches and pains.
- Meridian stimulating techniques to achieve emotional relaxation.
- Interacting with and experiencing various different frequencies of Universal Energy.
- Techniques to tap these frequencies for appropriate use in daily life specifically for healing.
- The basic flow of energy through the chakra system of the human body.
- Understand its interrelation with thoughts and heal using a crystal pendulum and appropriate affirmations.
- Techniques for feeling the aura and the chakras with the hands.
- Hands-on technique for cleansing, energizing and shielding the aura and the chakras.

- Feeling the energies of various objects, rooms etc. and cleaning and energizing them.
- Use of Crystals in healing.
- Meridian stimulating techniques to experience emotional relaxation
- Radical Healing
- Allergy Management
- Smoking Cessation

**Certification:**

Certification Course in Integrated Clinical Hypnotherapy

**Duration:**

8 days

**Cost:**

\$10,000.00 HKD per person

Contact Us

**Summary for All Levels of Hypnotherapy Training**

**Duration:**

Approximately 1 year

**Cost:**

- Level I: \$3,450.00 HKD
- Level II: \$6,450.00 HKD
- Level III: \$6,450.00 HKD
- Level IV: \$7,500.00 HKD
- Level V: \$10,000.00 HKD
- All Levels Full Package \$30,465.00 HKD

Note:

All packages must be paid in full up front and before your level 1 training.

10% discount if you pay upfront for all five levels

Contact Us for More Information

**Step 2 – The Internship**

Complete (heal and resolve) – 10 cases pro bono and submit all documentation using a standard format that will be provided. You are also required to submit audio-recordings of 5 of your cases.

**Step 3 – The Interview**

Once your 10 case studies are submitted to EKAA, you will take a final interview with CHII either via Skype or in person. Upon passing the interview you would receive a license to practice as a therapist.

#### **Step 4 – The Accreditation**

After receiving the license, you can then apply for a certification under International Medical and Dental Hypnotherapy Association (IMDHA), the largest recognized body of hypnotherapy worldwide. As part of the application, an acknowledgement letter from EKAA is also needed as validation. An online examination would be required to complete the process.

#### **Step 5 – The Life of a Therapist**

Upon passing the exam, you become a qualified therapist and are able to practice in most parts of the world  
(refer to: for details).

#### **Step 6 – Becoming a Trainer**

To qualify as a trainer, one is expected to have sufficient hypnotherapeutic practice and results. This is determined by the EKAA representative in each city. Of course, good communication skills, ample knowledge in the field, ability to handle questions, building a rapport, organize events and network for students are a must.

If a person is confident of meeting these requirements, they could apply as soon as EKAA starts accepting new applicants for the Teacher Training Programme (TTP) for Level 1. With this certification, they can teach the EKAA certified curriculum in several places across the world.