



Coptic Orthodox Diocese of Ohio, Michigan and Indiana Keraza Sports Day (Gr 7-12) Basketball Rules and Guidelines

- Each church can have up to 4 teams
 - Team 1: 7th – 9th grade (boys only)
 - Team 2: 7th – 9th grade (girls only)
 - Team 3: 10th grade – 12th grade (boys only)
 - Team 4: 10th grade – 12th grade (girls only)
- Each team can consist of up to 10 players with 5 players on the court.
- All players must have passed the spiritual exam with at least 60%.
- Games will be played in 2, 8-minutes halves with the clock continuously running. The clock will stop for halftime only. No timeouts are allowed.
- There will be a 1-2-minute halftime.
- Substitutions will be allowed during the game.
- Scoring will consist of 2 point and 3 point baskets
- In the interest of time, there will be no free throws except in the event of egregious fouls. If an offensive player commits a foul, the defense will get the ball. If a defensive player commits a foul, the offense will simply retain possession.
- In the event there is an exceptionally hard foul, or if it is obvious to the referee that the foul was committed simply to prevent an easy basket, two free throws will be awarded.
 - Time will be stopped if free throws do occur
- A ball that touches a player or official is the same as the ball touching the floor at that location.
- A ball handler, who dribbles from the backcourt toward the frontcourt, is only in the frontcourt once the ball and both feet pass the half court line.
- Basket interference occurs once the ball is on or within the basket and a player touches the ball, the net, or any part of the basket.
- High School Basketball rules state that basket interference also occurs when the ball is touched while it is in the imaginary cylinder above the rim.
- Interference can also occur if a player puts their arm up through the cylinder of the rim to hit the ball.
- Blocking is illegal when it impedes the movement of the opponent when they have the ball or if they do not have the ball.

- Charging is illegal when there is contact caused by pushing or moving into a player's torso.
- High School Basketball Rules state that closely guarded occurs when an offensive player is in possession of the ball and their opponent/defender is within 6 feet of them.
- When a player attempts a shot and one of their teammates commits a foul, there is no continuous motion if the shot has not been released. If the ball has been released and is in flight, there should be continuous motion on the play.
- High School Basketball Rules state that a dribble is allowed after it is batted into the air, only if the ball is allowed to hit the floor before the ball handler's hands.
- Incidental contact between two opponents should be considered incidental when it does not interfere with their normal movements. A foul should not be called.
- When setting a screen, high school basketball rules state: the screener may face in any direction, time and distance are relevant, the screener must be stationary except when moving in the same path and direction as the defender.
- When a screener approaches a defender from the side or front, the screener can be anywhere as long as contact is not made.
- High School Basketball rules state that a screener that comes up to the defender from behind, the screener needs to give the defender a distance of one normal step backward without contact.
- When a screener wants to set a screen on a moving defender, they must allow enough time and distance for the defender to avoid the screen.
- From a legal defensive stance, a defender may rise or jump vertically (occupying their vertical plane).
- The defender's arm may be raised (within their vertical plane) as the defender is on the floor or if they jump in the air.
- If the defender moves any part of their body outside of their vertical plane, it should be called a foul.
- **Brackets and playing times will be posted the day of the competition or emailed beforehand.**