

## Dwarf Blue Curled Vates Kale



Delightful heirloom variety that graces fall gardens with its edible architecture. It grows as alluring, compact plants. These plants produce densely-packed heads with finely-curved, crinkly, bluish-green leaves. Enjoy this kale fresh in salads or cooked into a hearty soup or stew.



Its leaves are packed with vitamins and minerals, it's a nutritional powerhouse.

### **SOWING THE SEEDS**

Kale seeds prefer a cooler climate and can be started indoors, or directly outdoors when the weather is warm and all danger of frost has passed. If sowing indoors, sow in peat pots, 6 to 8 weeks before the last frost, at a depth of 1/4" under topsoil. Transplant or direct sow outdoors after all danger of frost has passed.

### **GROWING CONDITIONS**

Because Kale prefers cooler temperatures, plant it in an area of light to partial shade in warmer climates and in an area of full sunlight in cooler climates. A temperature of 70F is best. It is recommended to provide a loamy, well-drained soil that is low in nitrogen. So a pH level between 5.5 and 6.8 is best. Water the soil daily until germination has occurred.

### **GERMINATION & GROWTH**

Kale seeds will begin to sprout within 7 to 10 days after sowing. The plants will reach a mature height of roughly 12 to 16 inches tall and can spread 12 inches wide. Space the plants roughly 1' apart from one another in rows spaced 1.5' apart. Harvest in roughly 55 to 60 days.