

Participants

1. James Antipas
2. Asher Rehman
3. Jaida L'adnier
4. Sidney Elliott
5. Jake Imming
6. Toby Philipp
7. Zoell Lhomi Nuppa
8. Maddie Tharp
9. Shea Davis
10. Cassidy Hayden
11. Alyssa Dempsie
12. Mitchell Bidart
13. Stuffy Lanus
14. Cyrus Calderwood
15. Ian Gaver
16. Ewan
17. Gus Close

Tent Group (students)	Who is bringing the tent?
Jake, Ian, James, Asher, Ewan	Jake
Sidney, Jaida	Sidney
Zoell, Toby, Cyrus	Cyrus
Mitchell, Stuffy, Shea	Shea
Cassidy, Alyssa, Maddie	Alyssa
Gus (Single)	
Toby (Single)	

Cooking & Cleaning Crew

\$200 budget-cannot exceed

Crew	Members	Meals Responsible for Cooking	Meals Responsible for Cleaning
A	Stuffy, Alyssa, Toby, James, Gus	Dinner 3/13 Breakfast 3/14 Lunch 3/14	Dinner 3/15 Breakfast 3/16 Lunch 3/16

B	Maddie, Cyrus, Zoell, Jaida	Dinner 3/14: Breakfast 3/15:	Dinner 3/16 Breakfast 3/17
C	Jake, Mitchell, Ewan, Asher	Dinner 3/15 Breakfast 3/16 Lunch 3/16	Dinner 3/14 Breakfast 3/15 Lunch 3/15
D	Shea, Sidney, and Cassidy	Dinner 3/16 Breakfast 3/17	Dinner 3/14 Breakfast 3/15 Lunch 3/15

Group Gear

Item	Number Needed	Who can provide	
Cooler	3	Ande (2)	
Water Jug	4	Ande (3)	
Lantern	2		
Shade Structure	4		
Kitchen Kit	1	Ande (1), Sidney	
Camp Games	Assorted	Spike ball?	
Firewood	Lots		
Stove	3	Ande (1), Sindy (1), Jake (1)	
First Aid Kit	2	School (Ande)	
GPS units	Several	iphone	
Group Harnesses	TBD	Ande (6), Kyle (?)	
Group Belay Devices & Locking Carabiners	TBD	Ande, Steve	
Ropes (w/bags)	2 (60m)	Ande (2 60m), Kyle (1 70m)	
Webbing (100')*Double check length	1	Ande	

Menu Planning

Date	Meal	Group Responsible	Menu	Shopping List
Monday 3/13/19	Lunch	None Students bring own	None	None
	Dinner	A	Signature Farms Mini Baby Gold Potatoes - \$3.99 Yellow Onion - \$0.69 x 5 Fresh Cut Sliced Bell Peppers - \$3.99 x 3 Organic Garlic Fresh Bulbs - \$2.69 Signature Farms White Sliced Mushrooms - \$2.99 x 2 SELECT Extra Virgin Olive Oil - \$6.4 Organics Organic Rosemary - \$4.99 Signature SELECT Rice Enriched Long Grain - \$5.29 x 3 Jet-Puffed Jumbo Extra Large Marshmallows - \$4.99 HERSHEY'S Milk Chocolate Candy Bars - \$6.99 Honey Maid Honey Graham Cracker - On Sale \$4.99 Pamelas Graham Style Crackers Gluten-Free Honey Grahams - On sale \$6.69	Grilled veggies with rice: Cost - \$55.43 S'Mores: Cost - \$23.66
Tuesday 3/14/23	Breakfast	A	Canyon Bakehouse Everything Bagels Gluten Free 4 - 6.99 Thomas' Plain Bagels 6 - 5.99 x3 Philadelphia Original Cream Cheese 8 oz - On sale \$6.99 x 2 Organic Strawberries Prepacked 1 Lb - \$5.99 x 2 Gala Apples Pre Packed Bag - \$5.99 x 2	Bagels and fruit: Cost - \$62.9
	Lunch	A		

	Dinner	B	Peanut sauce noodles	Noodles-Zoell is in charge of 19 tbsp peanut butter 19 tbsp soy sauce 19 tbsp rice vinegar 4.75 tsp ginger ground or fresh (optional) 28.5 servings noodles around 170g depending on noodle type 9.5 tsp oil to coat broccoli if baking/airfryina , omit if steaming/boiling broccoli 4.75 onion sliced 19 medium carrots peeled and cut into thin coin-shaped pieces 19 cups broccoli or cauliflower cut into bite sized pieces 6.33 cup edamame beans 19 green onion stalks chopped 9.5 tsp sesame seeds optional
Wednesday 3/20/19	Breakfast	B	Oatmeal	2 cans oats, berries, one jar honey, cinnamon/sugar,

	Lunch	B	PB&J sandwich, bags of chips, Apples/oranges	Regular bread, GF bread, peanut butter, strawberry/grape jam, box of variety chips, apples/oranges
	Dinner	C	Soft tacos	
Thursday 3/21/19	Breakfast	C	Scrambled eggs with sausage or hashbrowns	
	Lunch	C		
	Dinner	D	Stir Fry - Gluten Free	Rice Noodles or rice Oil Peppers Broccoli Beef Carrots Cauliflower Mushrooms Brown Sugar Ginger Sesame seed oil Soy Sauce(maybe not)
Friday 3/22/19	Breakfast	D	French Toast and Eggs	Eggs, Cinnamon, Nutmeg, Milk

				dairy free milk?(unsweetened), and Bread(gluten free bread too!) Syrup
	Lunch	None, will be home by 1pm		
	Snacks	D		
	Other Group Gear		Oil, soap, hand sanitizer, paper towels, trash bags, foil, sandwich bags, towels, butter, ketchup?	