

Confidentiality Statement

Confidentiality is essential to creating a safe and respectful space for everyone in this group.

What is shared here, who is present here, and what we learn about one another, stays here. You are free to share **your own experiences, thoughts, feelings, and insights** outside of the group, but you may not share another member's identity, participation, story, circumstances, or disclosures.

Because we meet online, each member is responsible for protecting the privacy of the meeting. Please participate from a private location where others cannot see or hear the group, use headphones when necessary, and do not allow another person to listen or observe. **Recording, photographing, screenshotting, or transcribing any portion of the meeting is prohibited.**

Confidentiality also extends to contact outside the meeting. Information learned through this group—including names, contact information, or personal circumstances—should not be shared with anyone else without that member's permission.

There are limits to confidentiality. If there is concern that a child or dependent may need protection, or if someone communicates a plan or intention to harm themselves or another person, information may need to be shared with the appropriate person or authority.

Protecting confidentiality is a responsibility we share. **A serious or intentional breach of another member's confidentiality will result in removal from the group.** The purpose of this boundary is not punishment, but protection of the safety, trust, and integrity of the group as a whole.

By participating in this meeting, you agree to respect and protect the confidentiality and privacy of every person present.