

## Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture's (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, refer to [Guidance for School Wellness Policy Triennial Assessment](#). For additional worksheets, visit the “[What's Next](#)” section of the CSDE's School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

**Section 1 (Strong Policies and Aligned Practices).** If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Cheshire Public Schools has been and continues to be dedicated to the growth and implementation of its wellness policy. We are focused on all areas that include the educational component, school activities and our school meals programs. We are committed to aligning both our policy and practice to support student and staff overall wellness. This is achieved by promoting a good relationship with nutrition, physical education/activities and mindfulness. We continue to build strong policies that mirror our practices throughout the district.

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**Section 2 (Create Practice Implementation Plans).** If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

We will continue to further improve upon our nutrition education being integrated into the food environment and to other subjects beyond health education. For the areas of physical activities we will focus on how it can not be withheld as a punishment, as stated in our policy. The policy is available on the website and we will continue to promote it to our community. While the pandemic has put a delay in progress we look forward to the future.

**Section 3 (Update Policies).** If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

In the upcoming school year our health committee will discuss the below policies in order to better align with our practices

- Protecting student privacy who qualify for free or reduced prices meals.
- Free drinking water is available during meals.
- Annual required training for food and nutrition services staff in accordance with USDA.
- Food & beverage served at class parties or other school celebrations.
- Assessment of district implementation of the local wellness policy at least every three years.
- Triennial assessment results will be made available to the public.

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**Section 4 (Opportunities for Growth).** If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

In the upcoming school year our health committee will discuss the below policies in order to better align with our practices

- Restricting marketing on the school campus during the school day to those items HFC.
- Identify the officials responsible for the implementation and compliance of the local wellness policy.
- Addressing a plan for the triennial assessment results and updating the policy.

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