



Weekly menu

Week 3

Monday

Nasi with omelette, cassave crackers and cucumber in sweet and sour sauce (V)

Tuesday

Chicken burger or vegetarian burger (V) served with vegetable fries

Wednesday

Whole wheat pasta in a spinach and herb cream cheese sauce served with tuna /without tuna (V)

Thursday

Pancakes or 'poffertjes' served with fruit (V)

Friday

Bread-based lunch

