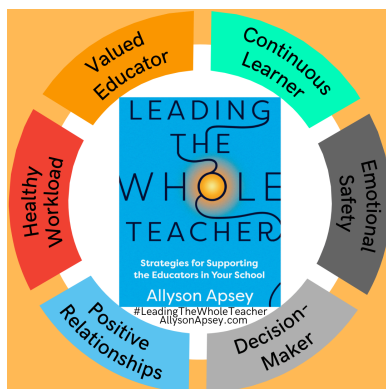

Leading the Whole Teacher

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"When you show deep empathy toward others, their defensive energy goes down, and positive energy replaces it. That's when you can get more creative in solving problems." -Stephen Covey

Every teacher brings his or her whole self to school: their dreams, their personal challenges, their hopes and fears, along with their desire to be valued, to be connected and to learn and grow. We have a duty to create school environments that can nurture every part of a teacher, that can help them stay connected to their why, and fulfill their servant hearts. We will break down the specific components of the whole teacher in this session and dive into strategies that will help create the environment that teachers need in order to thrive.

This session explores the six components of the whole teacher with strategies and ideas to make your school environment one that nurtures teachers. When teachers are nurtured, they are better able to nurture their students.



- Emotional safety: Ensure emotional safety comes first by making school a safe space for teachers to have both successes and failures.
- Valued educator: Make sure teachers feel valued by recognizing their strengths.
- Positive relationships: Build healthy, strong, and positive relationships among all staff, students, and families.
- Healthy workload: Protect healthy workloads by removing responsibilities from teachers' plates when possible and encouraging them to hold family and personal time sacred.
- Decision-maker: Give teachers a seat at the decision-making table by empowering their voices.
- Continuous learner: Foster continuous growth and learning for teachers throughout the course of their careers.

This presentation is a journey of reflection and self-discovery. The interactive format features innovative technology tools. The participants will feel big, ask themselves important questions, laugh, maybe cry, and be compelled to improve for tomorrow.

This session is presented by Allyson Apsey, an educational leader focused on creating need-satisfying school environments for students and staff where they feel seen and valued. She has taught grades three through eight and has been a principal for all levels K-12. Recognizing the significant impact trauma has had on many of our students, staff and families, Allyson became a Certified Trauma Practitioner in Education. The support students affected by trauma need are beneficial to all students because they are grounded in a foundational core of strong, positive relationships based on trust.

Allyson writes on a blog called “Serendipity in Education” and is the best-selling author of several books, including her newest book called *Leading the Whole Teacher* and her first book, *The Path to Serendipity*. She has been published in Principal Magazine and was featured in a TedX Talk called “Serendipity is Everywhere”.
