



BREAKFAST

Cereals, muffins, and yogurts are also available

SEPTEMBER 2022

Jefferson Union High School District

MENU SUBJECT TO CHANGE

Monday

Tuesday

Wednesday

Thursday

Friday

Egg & ham on English
muffin **1**

French Toast with syrup
and sausage link **2**

Omelet wrap in tortilla **3**

Blueberry Pancakes **6**

Breakfast Pizza **7**

Waffle sticks with
scrambled eggs **8**

Egg and turkey sausage
on a biscuit **9**

Cheese omelet with toast **10**

Turkey sausage pancake
wrap **13**

Breakfast burrito **14**

Egg and sausage on
English muffin **15**

Waffles with syrup **16**

Pancakes with sausages **17**

Breakfast Pizza **20**

Egg and sausage on an
English muffin **21**

Waffles with syrup **22**

Turkey sausage with
biscuit **23**

Breakfast Burrito **24**

French Toast with turkey
sausage **27**

Cheese omelet with toast **28**

Pancake sausage wrap **29**

Egg and cheese breakfast
sandwich **30**

All Meals come with fresh fruit, low fat milk, or juice

Menu Subject to Change due to availability of items

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

