

CATALOG OF PAST ACADEMIC EXPLORATIONS

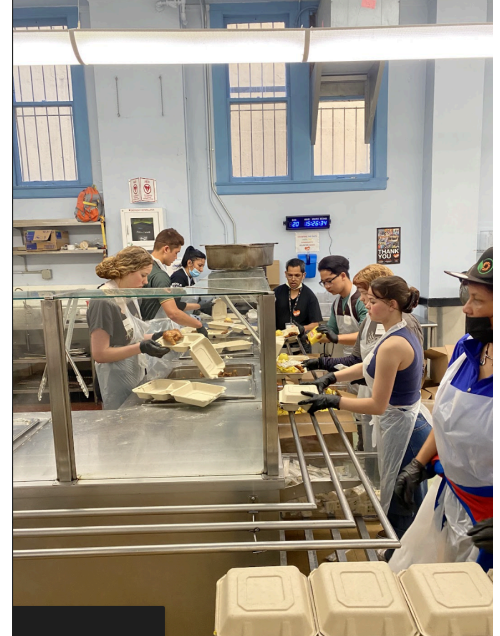
Updated August 2025

[Click here for a list of Summer 2025 Course Offerings](#)

[Click here for a list of Spring 2025 Course Offerings](#)

[Click here for a list of Fall 2024 Course Offerings](#)

Students in Dr. Tapia's
"Tenderloin: Seeing Past the Stereotypes"
Summer AE serve their community
at the Faithful Fools initiative



[Click here for a list of Summer 2024 Course Offerings](#)

[Click here for a list of Spring 2024 Course Offerings](#)

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[Click here for a list of Spring 2022 Course Offerings](#)

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[Click here for a list of Summer 2019 course offerings](#)

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[Click here for a list of Fall 2018 course offerings](#)



The Cold War: U.S. Choices After World War II and Beyond

An understanding of the period from 1945 through 1947 is the necessary foundation for an understanding of U.S. foreign policy, U.S. domestic politics, and international relations for decade to follow. Students will be transported back into this formative period to experience the conflicting perceptions of communism and participate in the process through which U.S. foreign policy towards the Soviet Union was shaped. Students will investigate how these events influenced our current relationship with Russia.

Ms. Erin Kayser

3:00-4:15pm

Mondays

February 5 - April 23

Room 812 & virtual field trips



CSI SHC

In this introductory course to crime scene investigation, students will discover how to collect evidence, observe their surroundings, and analyze this information as it relates to a simulated crime scene. Students will have the opportunity to explore various aspects of forensic science, utilizing different lab techniques such as blood pattern analysis, fingerprinting, toxicology, and DNA analysis. This course will culminate with

an exclusive field trip to the SFPD Crime Lab where we will have a special presentation by San Francisco's Finest Crime Scene Investigators and Lab Technicians. Materials fee: \$15.00.

Ms. Sherie Lo Giudice & Dr. John Pelton

Blue Periods

January 25th to April 9th; Field trip TBD

Room 207; SFPD Crime Lab TBA

Journeys in Film: Exploring Our Global Identity through Film

Films that explore life from all around the world have the power to spur our imaginations in a way that touches a greater part of our senses and encourages dialogue from multiple lenses. In this exploration, we will use film to ask the questions: Why do some people rise to power and others do not? Why do we fall in love — not just with romantic partners but with friends and strangers? How has our need to share beliefs built human culture? *At a time when global events seem to be driving cultures apart, we will aim to explore these questions and reveal the common humanity that lies inside each one of us.* Some of the topics covered will include: freedom, peace, love, social division, power and rebellion. We will look at interviews with powerful world leaders and ordinary people, exploring individual stories and personal perspective.

TEDx 2018

Note: students enrolled in the first semester of this AE will automatically be re-enrolled.

“Share your ideas. Change the Conversation. Shape the World.” This two-part AE spans two semesters. Participants will work together to design and manage our fourth annual TEDxYouth@SHC event. In the first semester, participants will explore the mission and framework of TED (Technology, Education, and Design) with its deep emphasis on using experience and story to change the world. Activities include analysis of both TED and TEDx talks, building an understanding of what makes a good TED talk, and mini-productions of your own TED talk. Students will be involved



include speaker curation, stage design, fundraising, web-design and site maintenance, marketing communications (social media, writing, photography), hospitality training, back-stage orchestration, actual production, and post-production work. If you love TED talks, would like to give your own TED talk in the future, or be a part of putting on a TEDx, this is a terrific AE! Meetings are typically held during lunch periods; participants collaborate to determine the meeting schedule.

Mrs. Kathy Lorentz | Mr. Dabney Standley

White (1:30-2:30pm)

January 15 - Saturday, March 24, 2018

Schoenstein Family Conference Room



Tracing Your Ancestry *First class date changed*

Have you ever wondered where your ancestors came from? Do you know what cultures have influenced your family, or how your family may have influenced cultures in America or globally? Come explore your genealogy, and see what is revealed about your identity and the human identity we all share! Materials fee: \$100 for DNA kit (results sent to student's home.)

Ms. Lauren Davenport & Ms. Emily Larkin

Blue Periods (8:15am-9:15am)

February 5 - May 1, 2018

Room 409

Fall 2017

Hogwarts at SHC!

Welcome to Hogwarts! In this mini-course, we will travel through the **first four books the Harry Potter series** (and thus recommend this AE only for those who have already read the books or watched the films). We will read some brief excerpts of the text, discuss important themes, and explore the effectiveness of Rowling's narrative in developing empathy and ethical inquiry. The class will incorporate some **games** and **trivia** as well as participation in a **Triwizard Tournament!** Along the way, we will also be working on our disarmament incantations, summoning charms, polyjuice potion-brewing, and patronus spells. Wands, brooms, remembralls, and owls welcome. Horcruxes, puking pastilles, and all other Zonko or Weasley products are strictly forbidden. Be aware: There will be no foolish wand-waving or silly incantations in this class!

Millennial Money Management: A Survival Guide

What should I look for when I sign a lease on my first apartment? And what if something goes wrong after I've already signed it? How do credit cards really work? What are all of these different types of "insurance," anyway -- and do I even need them? Can I really do my taxes all by myself? If I need to take out a loan someday, will I end up with too much debt? Can I really afford my own dog? How about a cat? Maybe a turtle? If I have a little money saved after I start my awesome first job, how will I know where to invest it? And hey -- if I don't even have my own money yet, what's the point in making a budget in the first place? If the world of adult responsibilities sounds scary -- it doesn't have to be! In this academic exploration, we'll prepare to manage our financial responsibilities ("money stuff") like adults.



Model Congress

Go behind the scenes of the legislative process while participating in Harvard Model Congress San Francisco (HMCSF)! Students will receive a congressional "identity", complete with party affiliation and legislative committee assignment. In our formal class meetings, we will review the briefings assigned to students by HMCSF staff and prepare for committee work and debate with other high school students participating in the HMCSF conference in January, 2018. Students

will develop essential skills in public speaking, effective negotiation, and clear writing. Explorers must attend preparation

meetings, as well as all four days of the January conference, and must stay at the hotel for the conference. Costs (including registration, hotel and meals): \$350. Mandatory parent meeting prior to conference.

Ms. Erin Kayser

Class Dates: Mondays, 3-4pm (October 30, November 6, November 27, December 4, and January 8)

Conference Dates: January 11-15, 2018, in San Francisco (hotel stay required)

Room 812 & San Francisco Hilton Financial District

TEDx 2018



“Share your ideas. Change the Conversation. Shape the World.” This two-part AE spans two semesters. Participants will work together to design and manage our fourth annual TEDxYouth@SHC event. In the first semester, participants will explore the mission and framework of TED (Technology, Education, and Design) with its deep emphasis on using experience and story to change the world. Activities include analysis of both TED and TEDx talks, building an understanding of what makes a good TED talk, and mini-productions of your own TED talk. Students will be involved include speaker curation, stage design, fundraising, web-design and site maintenance, marketing communications (social media, writing,

photography), hospitality training, back-stage orchestration, actual production, and post-production work. If you love TED talks, would like to give your own TED talk in the future, or be a part of putting on a TEDx, this is a terrific AE! Meetings are typically held during lunch periods; participants collaborate to determine the meeting schedule.

Summer 2017



ART HISTORY IN THE CITY

We live in one of the world's premiere cities, and it is filled with exceptional art from every era in history. In this blended course we will focus on comparisons of ancient and modern art. We will learn the basics of art analysis and apply these themes at both the DeYoung Museum and the SFMOMA. Assignments and activities will include analysis and creativity, and will serve as an excellent preview for those who might be interested in taking *AP Art History* in the coming years.

THE BEATS, THE HIPPIES & BEYOND: Countercultures in America

This class examines countercultures in America: what they look like, how they start, and their immediate and long lasting effects on American mainstream culture. We will look specifically at the beliefs, behaviors, art, fashion, writings, and music of the Beats and the Hippies in order to understand countercultures in America today. Museum entrance fees: \$20.00

DYI ART TOOL PAINTING

Sticks, straws, strings, sponges and voila! Ever use an unconventional tool to draw or paint with? Why not make your own. Through various creative exercises we will fabricate tools to create art in various mediums. Understanding the process of creating is the foundation for building as well as expression. The details of the process helps designers, builders and artists focus their work. We will deconstruct the details by seeing how these alternative tools perform on various constructed surfaces through a range of actions. Fees: \$20.00.



HIKING:

Enjoy the beauty and peace of Bay Area natural spaces, get a great workout, and explore the basics of hiking with SHC Strength and Conditioning Coach, Mr. Colin Peuse. Practice decision making skills, trip planning, safety, navigation and environmental stewardship ("Leave No Trace" principles & practices). Course introduction during one white period in May, TBD. Students will leave and return to SHC for each hike. *Limited enrollment.*

THE MIDDLE EAST IN TRANSITION: Questions for US Policy

Our exploration draws students into the policy debate on this important region. Students analyze the mix of U.S. interest and values at play and explore the significance of oil, the Arab uprisings, the rise of ISIS, and other issues that shape U.S. ties to the Middle East. Fees: \$18.00

Ms. Erin Kayser

1:00pm - 4:00pm

Monday - Friday

June 19-23

Room 410



MODEL ROCKETRY

Would you like to make your own model rocket and then launch it a thousand feet in the air using a black powder engine? This will be one objective of this summer AE with Mr. Hren and his dad, also known as Mr. Hren. We will construct model rockets with parachutes, and discover the science which makes these model rockets work. On the last of the four days, we will have a launch day to watch our rockets blast into the air and celebrate!

Mr. Nick Hren & Mr. Bill Hren

1:00 to 4:00pm

July 5-8

Room 303; SHC Practice Field; off-campus launch site



MUSIC OF THE WORLD: An Introduction to Ethnomusicology

Do you love music? Whether you play an instrument, or just enjoy listening to music in your daily life, Ethnomusicology provides a space for us to talk about the social, political, religious and cultural aspects that music brings to the world. Join Mr. Nick Michels as he shares his experience both as a musician, and his time as an undergraduate in Ethnomusicology/Jazz Studies at UCLA. We will explore different genres ranging from jazz, rock n' roll, Indian, Chinese, Brazilian, hip hop and much more. Together we will discuss

topics in music of yesterday and today, share our own music, view documentaries on various artists, and attend a concert here in our city of San Francisco. Fees: TBD ticket fees for concert

Mr. Nick Michels

9:30am - 12:00noon

Monday - Friday

June 5 - June 9

Room 303, Concert venue in SF TBD

PATHWAYS OF THE WILDERNESS

This course will explore the many dimensions of wilderness living and exploration. Through science (fire building, geologic observation), poetry (a rich tradition of poets observing the natural world), and survival skill building (tent setup, cooking meals, etc.), we will delve into the wild with an overnight trip to Point Reyes National Seashore. This is a great opportunity to view the incredible scenery of the California coast and to have fun and sharpen survival skills with peers on a communal journey. *Limited enrollment.* Fees: \$40.00

Mr. Nick Hren

July 10: 9:00am-1:00pm

July 11-12: Trip to Point Reyes. (9:30am July 11 to July 12 at 3:00pm)

Room 702, Point Reyes National Seashore

SAN FRANCISCO LANDSCAPE PHOTOGRAPHY

Join SHC teacher and photographer, Ms. Tanya Susoev as we visit a number of picturesque views of San Francisco. Learn how to tell a story of each location that is all your own. We will primarily discuss composition and perspective

when photographing landscape and practice defining your own style and outlook in some overly photographed locations. *Each student needs to bring a camera. No specific model is required.*

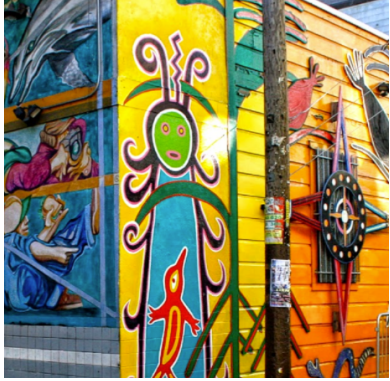
Tanya Susoev

9:00am-1:00pm

Monday - Thursday

June 19-22

Room TBD and various site locations



STREET ART OF THE MISSION

Explore the history of San Francisco art and arts-based resistance. Students learn a short history of mural artists and interactive explorations of San Francisco murals, particularly those in the Mission. This course will include a private tour of San Francisco murals to discuss the history of the city and the social issues that defined the residents. Fees: \$10.00

Ms. Tanya Susoev

Time: 9am-1pm

Thursday - Tuesday

July 6, 7, 10, 11

Room 704 and Mission District

SOUND & PERCEPTION

How does sound become music? And how does it affect our moods and perceptions? Join Mr. Chris Nalls, Director of Instrumental Music, in this exploration. Through creation and critique, the course serves as a thorough introduction to the principles, fundamentals, skills and historical context of sound recording and playback, and will include a trip to the Audium, the only theatre of its kind in the world, pioneering the exploration of space in music. The theatre's 176 speakers bathe listeners in sounds that move past, over, and under them. No music experience is required. Fees: \$30.00.

Mr. Chris Nalls

June 26, 27, 29, 30

1:30 - 4:00pm*

*Friday, June 30; 7:00-10:00pm

Room 702; Audium 1616 Bush St. (@ Franklin)

TaeKwonDo

Interested in Martial Arts? Come learn about this Korean-Style discipline of combat and self-defense. This AE will offer an introduction to **TaeKwonDo**, which specializes in kicking methods during combat. Students will learn a basic set of kicks, an introductory form, and principles that guide the responsible use of these skills. Although this academic exploration requires physical abilities, all levels are welcome – class will be catered to the students' skills and progress. Anyone can do TaeKwonDo!

Mr. Ish Ruiz

July 5-12 (weekdays)

2:00pm - 3:30pm

Fitness Center Dance Studio

Spring 2017

#SHCinSF: Social Media Masterminds

Who knows SHC better than you—a current student? Come share your ideas and develop your social media savvy while helping build SHC's digital presence. As social media users—both creators and consumers—it is our

responsibility to ensure that SHC's digital presence is both engaging and authentic. As a *social media mastermind* you will help to celebrate our successes, invite conversation on issues that you care about, and build community among our vast network of alumni, current students, and prospective families. Work with Ms. Clarissa Mendiola from the Office of Communications & Marketing to create compelling social media content across various platforms including Facebook, Twitter and Instagram. Participate in a student-think tank and suggest ways in which SHC might effectively use other social media platforms (such as Snapchat). Meet industry professionals to catch a glimpse of what a career in digital communications entails. Assignments will include marketing video production, social media posts across platforms, and SHC blog posts.

Ms. Clarissa Mendiola

January 9 - April 10

Mondays

3:00-4:30 pm



Dumbledore's Army! - A Harry Potter Academic Exploration -

Come explore the magical world of Harry Potter through J.K. Rowling's latest book, *Harry Potter and the Cursed Child*. In this AE, the members of *Dumbledore's Army* will analyze matters of justice, family, and the human condition present in the book while working on our disarmament incantations, summoning charms, potion-brewing, and patronus spells! While all muggles are welcome, this AE will be most rewarding to witches & wizards who have read the original series & are familiar with the story. You are welcome to bring wands, brooms, remembralls or owls. Horcruxes, puking pastilles, and any other Zonko or Weasley products are

strictly forbidden. This AE will including independent reading and a short final project (N.E.W.T. Level).

Mr. Ish Ruiz

Ms. Emilie Fisher-Fleig

January 11 - March 8

Wednesdays

2:45 - 3:45

The Joy of Baking

Do you enjoy eating delicious desserts such as caramel brownies or fruit pastries? Do you prefer eating natural desserts -- not prepackaged food with ingredients you cannot pronounce? Have you wondered how to concoct your own desserts at home? Grab your spatula and come join accomplished baker and Religious Studies teacher, Ms. Katie Levine, to make traditional and favorite desserts from scratch. We will discuss how to not over bake, measure appropriately, and basic chemistry around baking before you design your own dessert! Enrollment limited.

Ingredients: \$20.00.

Ms. Katie Levine

Founders Dining Room & SLC Kitchen



Opening the Inner Door to Mindfulness and Meditation

Busyness, stress, and anxiety are all a part of everyone's life. Although we cannot rid ourselves of these characteristics of the human condition, there are ways we can improve our relationship with them and even turn stress into a positive source of energy for ourselves and our communities. Come explore mindfulness, meditation, yoga and

other contemplative strategies for coping with a busy life! Course meetings will be held mostly off campus, in addition to virtual discussions on various articles, books, and experiences encountered during the exploration. Upon completing the class, students will have a few more resources in their mindfulness tool belt to help manage their sometimes hectic and chaotic schedules.

Mr. Nick Michels

February 7 - March 28

4 meetings on Tuesday Nights from 7-8:45pm; one Sunday Morning; online

SHC Chapel and offsite venues



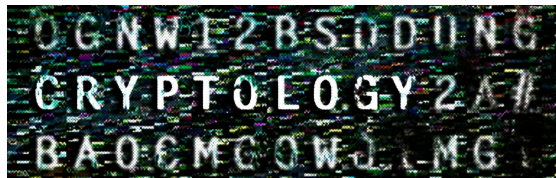
[TEDxYouth@SHC2017](#)

“Share your ideas. Change the Conversation. Shape the World.” This course is designed in two parts. First, participants will be exposed to the mission and framework of TED (Technology, Education, and Design) with heavy emphasis on using experience and story to change the world. Activities include analysis of both TED and TEDx talks, and mini-productions of their own TED talk. Second, participants will work together to design and curate the third annual TEDxYouth@SHC event to take place on Saturday, March 18, 2017. Activities include speaker curation, stage design, fundraising, hospitality training, back-stage orchestration, actual production, and wrap up.

Mrs. Kathy Lorentz

Upper division lunches

Fall 2016



Cryptography, Cryptology, and Cryptanalysis This course will present a brief overview of the history and practice of cryptology, the study of secret messages. The course will cover topics from the invention of the first cipher by Middle Eastern scholars, to the encryption technologies that keep modern data secure, to the implications of quantum computing

technologies on encryption. No prior knowledge of mathematics or encryption is necessary or expected; all necessary math will be taught.

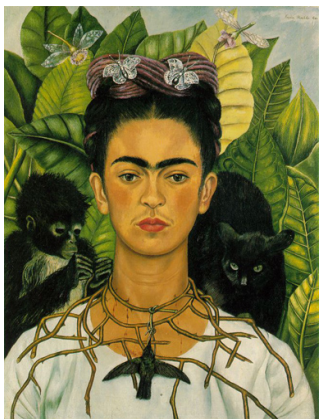
Canavan Neeson '17, Mr. Joe Murphy, Mr. Liam Carey

Mondays **UPDATED**

12, 19 September; 3, 17, 24, 31 October; 7, 14, 21, 28 November; and 5, 12 December.

White period or 2:45 to 4:00pm

Room 405



Selfie Self-portraits in paint, clay and charcoal were the original selfies, or artistic representations of one's self. Don't think *you* can draw or paint? Think again with Mr. Brian McHugh, SHC Art Instructor! We will use classical and innovative techniques to create self portraits from observation and drawing from your imagination. We will explore various mediums to create three different approaches to the self portrait, and will take one field trip (TBD) to explore professional examples. (PS, your parents will cherish your self-portrait!)

Mr. Brian McHugh

THURSDAY SEPT 21 - SATURDAY NOVEMBER 5 **UPDATED**

Block 7 8:15 am - 9:10 am (T)

1:00 pm - 4:00 pm (S)

Room 704

TEDx

TEDxYouth@SHC2017 **NEW**

Share your ideas. Change the Conversation. Shape the World." This course is designed in two parts. First, participants will be exposed to the mission and framework of TED (Technology, Education, and Design) with heavy emphasis on using experience and story to change the

world. Activities include analysis of both TED and TEDx talks, and mini-productions of their own TED talk. Second, participants will work together to design and curate the third annual TEDxYouth@SHC event to take place on Saturday, March 18, 2017. Activities include speaker curation, stage design, fundraising, hospitality training, back-stage orchestration, actual production, and wrap up. *Please note: participants are expected to commit to both semesters of this AE.*

Mrs. Kathy Lorentz

Fall 2016: October 5 (Upper Division Lunch) and then TBD (will be decided by participants)

Spring 2017: TBD (will be decided by participants)



Sports Media **CANCELLED** Join SHC Athletic Information Director, Mr. Scott Bergen, and learn the basics of sports media with hands-on projects including photography, social media, live event broadcasting, and sports-writing. We will take field trips to local sports media outlets and bring in experts in the field for discussions and Q&A. Bi-weekly meetings will take place in blue periods so we can arrange the coverage schedule, discuss upcoming events and train with new equipment and techniques. In addition, reporters will cover SHC sporting events, so there will be some after-hours and weekend activity throughout the

year.

Mr. Scott Bergen

Blue period every other week

September 7 - November 17

KPIX, possibly KTVU and Comcast Bay Area and others



Stop the Presses *CANCELLED* Headlines bombard you, whether you're aware of them or not. When you're watching TV, listening to the radio, scrolling through your favorite social media feed, or simply walking down the street, you are absorbing information. But what to make of it all? When a headline says, "National poll says 49% support Candidate X," does that mean almost half of the US wants him to be the next President of the United States? Or is that poll a LIAR? Or perhaps reality is somewhere in a more complex, nuanced middle ground? In this course, we will shine the light right back at the newsmakers so we can become better consumers of information and data. We will look at the role the media has played throughout history and

what to make of the current age, as traditional news publishers are succumbing to the forces of technology—and what this means for the news, both now and in the future.

Mr. Chris Wong, '07

5:30-7:30pm

Wednesdays

October 12-November 30

Room 303

Summer 2016



DEFINE YOUR STYLE

The who and when, the where and how of fashion and style plays a major role in our lives. Come explore how your self-expression is influenced by society, history, social media, and the designing world. We will discuss etiquette and how to determine fit and impact in clothing, hair, makeup and accessories through course discussion and reflection, both online and in person. Students will be given hands-on opportunities to express themselves through styling,

blogging/tweeting/InstaGramming, and student-led workshops. The course will conclude with a

shopping expedition to create a fabulous look from second hand clothing stores! Fees: \$25.00.

Ms. Adelaida Duenas

12:00 - 1:30

Monday - Friday

June 20 - 24; fashion show TBD

SHC & local shops

MUSICAL THEATRE

DEFYING GRAVITY: AMERICAN MUSICAL THEATER

Join SHC Director of Music and Broadway musical fan, Mr. Christian Bohm, for this exploration of musical theater in a master class setting. Through performance and critique, the course serves as a thorough introduction to the principles, fundamentals, skills and historical context of American

musical theater, and will include the show, "Cabaret," at the Golden Gate Theater. Fees: \$40.00.

Mr. Christian Bohm

5:00 - 8:00pm

Tuesdays

June 14 - July 12

Room 703



GROW YOUR OWN FOOD: Come explore organic eating and alternative methods of urban farming that conserve water and utilize less land. In this class, you will plant and harvest fresh fruit and vegetables via a Tower Garden aeroponic growing system to promote healthy eating habits and to learn entrepreneurial skills. Materials fee: \$20.00.

Ms. Adelaida Duenas

June 15 -23

Monday - Friday

12:00 - 2:00pm

Room TBD



HIKING: Enjoy the beauty and peace of Bay Area natural spaces, get a great workout, and explore the basics of hiking with SHC Strength and Conditioning Coach, Mr. Colin Peuse. Practice decision making skills, trip planning, safety, navigation and environmental stewardship ("Leave No Trace" principles & practices). Course

introduction during one white period in May, TBD. Students will leave and return to SHC for each hike. *Class limited to 15 participants.*

Mr. Colin Peuse

Saturdays

June 4, 11, 18

9:00am - 1:00pm (5:00pm on June 18)

Marin Headlands, Santa Cruz Mountains



INSTALLATION ART See that big empty area above the stairs? How about those tiny little nooks in the around the La Salle Campus? What about that tree you hang around in the courtyard? Art plays a role in how we engage everyday life -- just ask Mr. McHugh, SHC's Visual Art instructor! Installation art transforms space, and prompts us to discover new and unexpected ways to engage the world around us. Through step by step methods in a variety of mediums, we will develop site specific installations that will inhabit unused space around our school. Sign up for this AE and make those walks from class to class a little brighter!

Mr. Brian McHugh

June 13 - 17

10 am - 2 pm

Room 704



NORMAL Throughout this course, we will be exploring the "Culture of Norms" in our world. We will primarily be investigating the effect that "normative" behavior has on our personal identity development and on community at large. This will take place in a blended format, primarily through individual and personal exploration (through film, personal outreach in your communities, and personal exploration of childhood norms) with periodic check-ins and a field trip to expand beyond what is discovered in your individual scope. This course will culminate in a creative, visual, and artistic

exploration of self as defined and in opposition to the norms discovered.

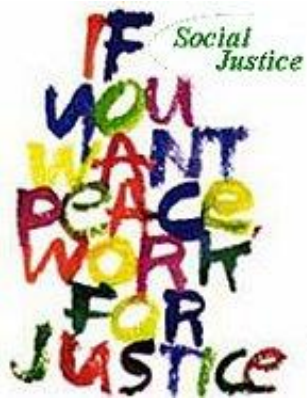
Ms. Tanya Susoev

Monday-Friday

June 13-June 17

11:00-2:00pm (Monday, Wednesday; 9:00am-2:00pm (Friday); and online

SHC Library

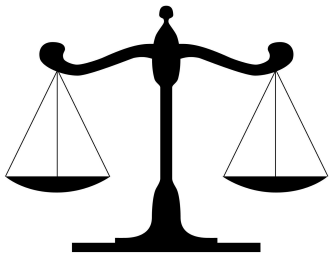


RESISTANCE TO CHANGE: ART AS SOCIAL MOVEMENT The course will take you through a theoretical understanding of how art and arts processes are used to foster change and build relationship in conflicted and post-conflict communities. The course will include theoretical and historical information to support the process, but will also be heavily hands on. Students will not only engage in workshops but will also understand workshop processes to use independently. Students will take one field trip to immerse themselves with change art in San Francisco and culminate the course in a collective mural process. Materials fees: \$25.
Ms. Tanya Susoev

July 11-14

9:00am - 2:00pm

Room TBD



SOCIAL JUSTICE IN AMERICAN HISTORY Join Dr. Daniel Herman, veteran SHC English instructor, to examine pivotal events, figures, and movements in American history where issues of social justice were at the center. Students will focus on some major though perhaps less-often studied moments between 1840-1970, and will consider issues of gender, race, class, labor, war, and religion. (You know, all the things that remain at the center of most arguments on Twitter today.) Our central question will be this: What is the appropriate response to

societal injustice?

Dr. Daniel Herman

June 15 - July 13

Online



SPORTS SPONSORSHIP & MARKETING UPDATED Ever wanted to know how sport industry leaders create amazing marketing campaign or how sponsorship activation is determined inside stadiums and sport arenas? Come join Patrick Kealy '07, SHC Alumni Relations Manager, to learn about the current marketing trends in professional and collegiate athletics through case studies, online videos, and discussions with sport professionals themselves! Explore an interest or a possible career in this behind the scenes look at this multi-billion dollar industry!

Mr. Patrick Kealy

Monday - Friday
12:00 noon - 3:00pm
June 20 - 24
Room 303, off campus



WHAT'S SO FUNNY ABOUT REALITY? AN EXPLORATION OF THE TRUTH TOLD BY COMEDY

UPDATED In this course, we will examine how comedy and a sense of humor can be employed to reveal meaning and truth about the world. We will identify the value of satirical-entertainment news sources. Why does a certain segment of the population tend to trust and find value in satirical news (such as "The Daily Show," or "The Colbert Report") in a way that they do not trust or value "regular" news sources? How do news

sources like "The Onion" analyze the state of the world in ways that our typical news reporters cannot? This course will involve a bit of theory on comedy and sense of humor in society in general, which will then be synthesized with various theories on satirical news sources. Through viewing clips of and reading articles from these comedic news sources, we will uncover their value to our society and understand what they offer us as we form and deepen our imaginations. We will explore to what extent they call us to action in our world, and to what extent they may promote an ironic distance from the world that results in inaction.

Mr. Nick Hren

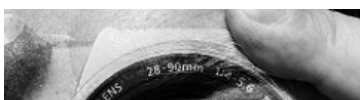
Monday - Friday
1:00pm - 5:00pm; one additional time TBD
July 5-9
Room 403

SPRING 2016

WHY ARE THE IRISH SO IRISH?

Join SHC President, Br. Ron Gallagher, to explore Irish Identity and culture through film, literature, music, folklore and spirituality. Drawing on Br. Ron's college teaching in Irish Literature, our course will explore the Celtic roots of Irish storytelling as well as Irish film and politics in the twenty-first century.

Br. Ron Gallagher
Alternating Wednesdays and Thursdays
January 14 to April 26



CINEMATOGRAPHY & STORYTELLING

This course will review the elements of artful composition and their effect on the storytelling process in film and video. Students will learn the basics of 2-D design and composition as they apply to motion pictures, and watch clips of artfully produced films as examples for composing their own short video clips. Prior knowledge or use of video editing software is welcomed, but not required. Use of video editing to create a montage of scenes will be a topic for viewing and discussion, but this will not be the main goal of instruction. Students need only have a camera as basic as those included on the average smart phone. This course will emphasize the use of camera angle, perspective, lighting, color and symbolism to support telling a story visually.

Mr. Darin Little

Thursdays

3:30 to 5:30pm

January 14 to March 3



DEFINE YOUR STYLE

The when and where of fashion and style today plays a major role in our lives. Students ask themselves 'What am I going to wear?' every day. Those decisions and our personal sense of style are influenced by society, social media, and the world of fashion. This course will give students the opportunity to explore their own style and how history, culture, and the media have influenced contemporary style. Students will also discuss etiquette and the when and where of clothing, hair, makeup, and accessories. This course will be run in a seminar style and will involve discussion and excursions. Students will be given hands-on opportunities to express themselves through styling, blogging/tweeting/Instagramming, and student-led workshops. Material fees: \$20-\$40.

Ms. Adelaida Duenas

Thursdays

2:30 to 4:00 or 5:00pm

March 17 to April 28

Room 807 and off campus



JEWELRY MAKING

Build a better and more beautiful world by starting your own business! In this course with Ms. Stacy Gillelen, SHC parent and jewelry designer, students will delve into the creative world of jewelry design and explore both entrepreneurship and philanthropreneurship. Using high-quality beads and findings, students will develop the technical skills needed to create a customized and stylish line of jewelry. Students will then learn the basics required to start a business, including how to plan, price, and sell their hand-made items. And finally, after some careful research, our budding entrepreneurs will focus on directly impacting the world around them in a positive way by donating their time and/or

proceeds to a good cause. Materials fee: \$85.00.

Ms. Stacey Gillelen

Wednesdays

3:00 to 4:30pm

January 6 to March 16
Room 704



NO EXIT *Updated calendar*

Students in this course will research and produce Jean-Paul Sartre's classic play, "No Exit," on the SHC stage with Director of Drama, Mr. Spenser Morris. Our acting and tech workshop will begin by diving into the world of existentialism to understand the historical context and Sartre's motivation of the play. Taking on many different names, "No Exit" offers rich material to be explored and reimaged.

Mr. Spenser Morris

White periods

Jan 12, 27; Feb 12, 26; March 8, 21; April 5, 7, 12/13 (Tech 2:30 - 5:30)

April 14 Show @ 7:30

Room 701



THE PHYSICS OF ART (or the Art of Physics)

Join SHC Physics instructor and art lover, Ms. Kim Freudenberg, and explore the interplay of Physics and Art in this preview of a new SHC Science course.

Students will investigate a Physics concept, see how it is applied in Art, and then create their own project during class marrying the two together. We will explore theories of color, the balancing of mobiles, and how a camera works. The course will conclude with a field trip to the De Young Museum to see Physics in action.

Ms. Kim Freudenberg

Mondays; one Sunday field trip

3:00 to 5:00

January 11 to February 29

Room 404



Rock 'N Roll Family Tree *Updated Calendar*

Come listen to great music and also trace the origins of favorite bands! For music lovers, this class should be a blast and will simultaneously instill historical knowledge about music that will carry on for the rest of their lives. There is a prerequisite: love and passion for music and willingness and openness to new kinds of music; however, students need not have any experience as musicians to enroll.

The majority of the learning for this class will be completed during class time but will also extend beyond the gates of SHC to an exhibit on impresario Bill Graham

and to a live concert, TBD. Fees: cost of concert ticket.

Mr. Paul Barnes

Fridays

3:00 to 5:00; two field trips TBD

March 4 to May 13

Room 505; The Fillmore

Fall 2015

Moving Meditations

This course will give students a chance to practice several different movement and meditation techniques including yoga, chi gung, tai chi, meditation on the breath, walking meditations, and visualizations that incorporate the body as a focus for the meditator. Students will be introduced to the anatomy of the brain, spine, muscles, and bones as well as the energy meridians used in Chinese medicine and the chakra concepts used in the yogic tradition.

Mr. Darin Little

4:00 to 6:00pm

Mondays

September 14 to October 26

SHC Dance Studio

To Pufo, Parli, or Douglass?

This course specifically scaffolds those students enrolled in SHC Speech & Debate but also serves to introduce those interested in just testing the Debate waters or in improving their research and public speaking abilities. Public Forum students will craft their cases for November topic while Parli students will hone skills researching and debating prior topics - both forums will engage in several official practice rounds. Course will culminate at 11/2 tournament for PuFo debaters and 11/8 tournament for Parli competitors.

Ms. Cristin Kuehl & Mr. Jonathan Lim

3:00 to 4:00

Tuesdays & Thursdays

October 6 to November 2/ 8

Room 510



TEDxYouth@SHC 2016

This course is designed in two parts. First, participants will be exposed to the mission and framework of TED (Technology, Education, and Design) with heavy emphasis on using experience and story to change the world. Activities include analysis of both TED and TEDx talks, and mini-productions of their own TED talk.

Second, participants will work together to design and curate the

second annual TEDxYouth@SHC event to take place on Saturday, April 9, 2016. Activities include speaker curation, stage design, fundraising, hospitality training, back-stage orchestration, actual production, and wrap up. ***Please note: participants are expected to commit to both semesters of this AE.***

Dr. Ramsey Musallam

Schedule:

Fall 2015: TBD (will be decided by participants)

Spring 2016: TBD (will be decided by participants)



The World According to Charlie Brown

Charlie Brown and the rest of the Peanuts crew have been delighting kids and adults alike for 65 years. What makes Charles Schulz' characters so timeless? Why do we love the perpetual underdog Charlie Brown and delight in the cruel antics of Lucy Van Pelt? What do we make of the aspiring author/star shortstop/World War I Flying Ace Snoopy? Students in this course will have the opportunity to engage a wide breadth topics—philosophy, spirituality, love, sports, and history, to name a few—all through the eyes of a boy named Charlie Brown.

Mr. Chris Wong, '07

4:00 to 6:00pm

Wednesdays

September 30 to November 18

SHC and The Charles Schultz Museum (Santa Rosa)



Zine Power

Is the virtual world cluttering your mind? Step back to the insider world of independent publishing when cherished little xeroxed books fueled the minds of creative communities. Through drawing, writing, collage and other mediums, students will produce their own mini magazine or zine. The class will take a field trip to a local comic book store's zine library where you might be able to end up selling your book.

Mr. Brian McHugh

Thursdays

3:00 to 4:30 & online

Room 704

Summer 2015



Astronomy

Do you ever look up at the night sky and wonder about the constellations or the planets? Have you ever wanted to explore space? Then join Ms. Gina Wilson, SHC Math teacher and astrophysics major, and shoot for the stars! You will learn the history of astronomy and be able to identify some of the myriad stars, planets, and constellations in the nights sky. After introductory lectures, we will head to the rooftop and to local planetariums to make observations and conduct labs with both the naked eye and telescopes. Individual lunar projects due at the end of the course.

Ms. Gina Wilson

June 22 to July 2 Mon, Tues, and Thurs

8:00 to 11:00pm & one daytime field trip TBD

Room 411, Chabot Space and Science Center, NASA AMES Research Center

The Hollywood Comedy Film & American Culture



This entertaining course will look at the comedy genre from historic, cultural and social perspectives, exploring the way Hollywood films reflect the American values and ideals of their times. *Barbershop* creates laughter as it reflects on Civil Rights issues and contemporary urban living, while *Crazy, Stupid Love* looks at parents and teenagers confronting issues of romance and growing up in modern society. Come join this repeat showing by Cinema Studies instructor and SHC parent, Mr. Mark Gummere.

GoPro with Adobe Premier

Join multimedia designer and SHC parent, Mike Kuehl, and discover how to create and edit high-quality time lapse videography. Students will leave with a working knowledge of Adobe Premier Pro, one of the industry leading editing programs, and with an original time-lapse video. Please click [here](#) for BYOD requirements. Fees: GoPro rental fee (\$40) and one day bicycle rental fee if necessary.

Mr. Mike Kuehl, P'14, '15, '18

June 29 to July 3

1:00 to 4:00pm

Room 801 & Chrissy Field (new locations)

Fantasy Baseball: Applied Statistics

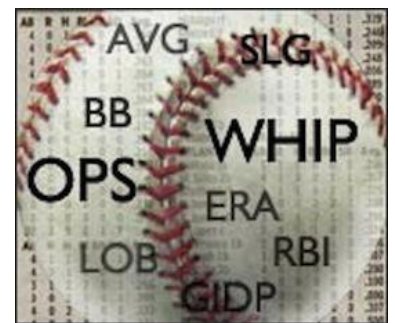
This weeklong course will cover the basics of using statistics to draft and manage an ideal fantasy baseball team. Who's the best hitting shortstop? Do you want a player that hits for power or one who can run the basepaths? How can you tell who might be undervalued and have a breakout year? We will review basic statistics and interpretive tools in order to set up the best matchups for your team. Join AP Statistics instructor and Giant's fan, Mr. Liam Carey, to explore key concepts of statistics while competing against friends in our online league and enjoying a Giant's game. Materials fee: cost of a Giant's ticket!

Mr. Liam Carey

June 15 to 19

1:00 to 4:00pm; *Giants* Game June 16 @12:45

SHC & ATT Park



Inside StartUps

We're going to explore the world of tech start-ups in San Francisco and the surrounding area. By taking a look at how to scale a company from the ground up, students will be encouraged to explore their own entrepreneurial interests and possible careers, as well as get amazing access to employees at a variety of Bay Area start-ups, starting with former Facebook employee and current SHC English Instructor, Mr. Mike Knapp! Student-entrepreneurs will develop and pitch their own business plan as a culminating project.

Mr. Mike Knapp

July 13 to 17

1:00 to 4:30pm

Room 411 & off campus businesses

On Sacred Grounds: A Coffee Project

Gain an insider's look on how coffee shops play important roles in communities. Explore the history of coffee from the ancient Maya through European coffee houses and the caffeine-fueled startup culture. The inspiration for this project is to create greater student input and involvement in SHC's new food services, including making the Study Café a real café! Students will

use a mix of statistical and qualitative analysis to see how local coffee shops can improve their own communities in a safe, and ethical way. Fees: the cost of several cups of coffee (or cocoa!)

Mr. Nick Michels

June 8 to 12

9:00am to 1:00pm

Room 411 & local coffee shops



Pet Portraits

You love your pet, and you love to create. Combine the two to make an endearing portrait of your special family member. No prior skill is required. Using photographic references and a variety of mediums, we will create representational and abstract drawings and paintings to keep or to share. Materials will be supplied.

Mr. Brian McHugh

June 8 to 12

10:00 to 2:00

Room 704

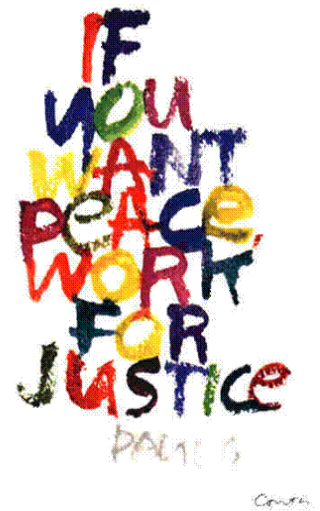
Social Justice and the Language of Change

Throughout this course, students will take a look at "language" from a variety of change perspectives, focusing on how rhetoric in multiple forms (literature, public speeches, music, and art) has been used to create political and economic justice. Focusing on a specific movement, we will build an understanding of Social Change theories and explore how each of us can become an agent of change. Our course will include a number of hands-on research opportunities as well as a culminating artistic expression project.

Ms. Tanya Susoev & Dr. Daniel Herman

June 15 to July 17

Online and field trips, TBD



Sports Management 101

Ever wanted to know how sport industry leaders create amazing marketing campaign or how sponsorship activation is determined inside stadiums and sport arenas? Come join Patrick Kealy '07, SHC Alumni Relations Manager to learn about the current marketing trends in professional and collegiate athletics through case studies, online videos, and discussions with sport professionals themselves! Explore an interest or a possible career in this behind the scenes look at this multi-billion dollar industry!

Mr. Patrick Kealy, '07

June 22 to 26

1:00 to 4:00pm

Room 403 and local sports facilities

Style Like Me

Fashion plays a major role in our lives (well, maybe except for the school polo). Each morning, we ask ourselves, "What am I going to wear?" This course will give you the opportunity to explore your own individual sense of style and to discover how history, culture, the fashion industry, and media influence contemporary style. We will discuss etiquette and the when and where of clothing, hair, makeup and accessory choices. You will express yourself through styling, workshops, and blogging/tweeting/Instagram(ing). Fees: \$20.00-\$40.00 for shopping.

Ms. Adelaida Duenas



July 6 - 10

9:00 to 11:00/12:00

SHC and consignment shops

Virtual Millionaire

What would you do if you were given \$100,000? Come learn the basics of saving and investing and invest your virtual money in a stock market game. Through discussion with finance professionals, and reviewing case studies, students will gain an understanding of how the stock market works and the fundamentals of personal investing finance. Alum Maidere Sorhondo will share the yields of her four years in the investment management industry.

Ms. Maidere Sorhondo, '05

June 29 to July 3

2:00 to 5:00pm

Room 403 & Financial District

Writers Workshop

Calling all writers! Have you ever had an idea you wanted to bring to life but haven't had the opportunity? Or perhaps you enjoy writing but struggle with deciding what to write about? Whether you prefer creative composition or professional prose, this course will help make you a smarter, more effective writer. Join former *Emerald* editor and current professional researcher and writer, Chris Wong, to learn tools that you can use to develop an academic and personal writing portfolio. Regardless of your preferred writing style and experience, this course will guide you in creating something meaningful to you.

Mr. Chris Wong, '07

Monday & Friday, 1:00 to 5:00pm; other hours online

June 15 to 19

Room 403 & online



Spring 2015

Off the Beaten Path: An Exploration of Climbing & Travel

If you can walk, you can climb and when you climb, you can discover the world! Join SHC alum and climbing instructor, Matthew McGeever '05, to test and build confidence, trust and responsibility in this introduction to climbing. Besides learning the basics of climbing on our campus and at Mission Cliffs Climbing Center, we will discuss the benefits and challenges of traveling to well-known and lesser-known destinations. Learn about the options and practical questions for going abroad, then design your own dream travel itinerary...every aspect of it! Equipment fees: \$150.

Mr. Matthew McGeever, '05

January 7 - February 11

Mondays and Wednesdays

3:30 - 5:00

Rm 401 & Mission Cliffs



Come learn to use your laptop computer as a powerful audio editor and musical compositional tool with Lewis Scaife, composer and associate in SHC's tech department. Our blended learning AE will center on creating music of various genres using the flexible digital audio workstation REAPER. We will touch on the foundations of digital music, including MIDI/audio recording, graphic equalization, artistic sound effects, audio editing techniques, and sampling. You will be encouraged to pursue your own musical tastes, and will end the course with an original work of music!

Mr. Lewis Scaife

March 3 - 31

Tuesdays; field trip TBD

4:00 - 5:30 and online



Now Speaking...YOU!

Whether you love or fear public speaking, this course will help you develop and polish your public speaking skills. Join Ms. Julie Phelan and your peers for instruction and practical experience in analyzing, constructing and delivering a variety of speeches. Using film and playback, students will become their own best critics, and come away with the ability to confidently stand up and present information under almost any circumstance. At the end of the course students will present their most

compelling speech for a audience. *Before coming to SHC as an English instructor, Ms. Phelan scouted talent for television, was Director of Talent and Casting at Nickelodeon and taught acting workshops for kids and teens. Ms. Phelan holds a MFA in theatre (acting) from California Institute of the Arts.*

Ms. Julie Phelan

January 22 - February 19

Field trip Tuesday, February 10 (6:00 to 8:00pm)

Thursdays; 3:00 - 5:30pm

Room 508

Fall 2014

Big Painting - Ever wanted to paint like Pollock or Rothko? Here's your chance to attack a canvas like [an action painter](#). Using acrylic and latex paints students will learn the fundamentals of how to work as an Abstract Expressionist, Action Painter or Color Field Artist. We will build and stretch our own canvases and follow the methods used by the artists that were at the forefront of these movements. Small talks about the artists will inform the big fun painting!

Materials fee: \$30.

Mr. Brian McHugh, SHC Visual Art Instructor

Saturdays

Oct. 4 & 11; Nov. 1; plus one field trip TBD

12:00pm - 5:00pm

Room 704



Meaningful Gifting

Come rediscover the joy and the fun of making gifts by hand! This class explores the sacredness of everyday ritual and celebrates the joy of small but significant gestures. Working with one's hands and heart connects us with something far more meaningful than a trip to the mall. Short readings will help us contextualize the holiday gift as an extension of a heartfelt and handmade gesture, and learn to find perfection in imperfection, as well as discover the largesse in simple abundance. Create original and meaningful gifts and cards for your family and friends using repurposed items, your imagination, and inspiration from SHC artists! We will make duplicate gifts and donate to the SHC Holiday Drive. \$40.00

materials fee.

Ms. Francine Torres-Kelly

Ms. Mary Jo McHugh



Saturdays
Nov. 15 & 22
10:00am - 5:30pm
Room 704

Reel Women, Real History

Reel Women, Real History is a hybrid course that explores women in 20th century American history through film. Like written history, contemporary Hollywood films provide an interpretation of factual records of significant events or individual experiences. The course will focus on the intrinsic significance of the women's experience in 20th century America. Students will gather together to watch and analyze popular films that cover the women's suffrage movement through modern workplace and employment challenges. We will explore the historical truth and fallacies of each film through online discussions spanning commercial filmmaking, historical truths and contemporary women's issues.

Ms. Anita Phillips
Thursdays & online
Oct. 2 - Nov. 20
3:30pm - 5:45pm
Room 812

So You Think You Can Dance?

Put on your dancing shoes and join SHC Dance instructor, Ms. Laura Wexler, in this intermediate to advanced dance class with a focus on contemporary dance technique and choreography. Learn choreography from the popular show, as well as develop original choreography created in collaboration with the instructor. Individually and as a group, explore the art of choreography using improvisation and composition exercises. Ideally, students in this session will begin the groundwork for original choreography which will be developed during a second semester AE and/or the annual SHC dance showcase!

Ms. Laura Wexler
Mondays & online
Sept. 22 - Dec. 1
2:45pm - 4:15pm
Dance Studio

Touché

In the spirit of SHC's fall production, "The Three Musketeers," come discover the ancient art of swordplay. Join fencing instructor, Mr. Christopher Villa, in this introduction to the basic theories and techniques of foil fencing for sport competition. We will explore concepts including footwork, standard foil attacks and parries, feints and disengages, beats and binds on the blade, high and low line attacks, and equipment maintenance. Students will practice both non-contact and contact drills and exercises and engage in structured bouting matches. Limited enrollment; \$75 equipment rental fee.

Mr. Christopher Villa
Fridays
Sept. 26 - Dec. 5
2:45 - 4:30pm
Location: TBD

Summer 2014

City by the Bay: Creative Writing & San Francisco

Join SHC English instructor and outdoor enthusiast, Mr. Mike Knapp, and explore short stories, poetry, and novels inspired by San Francisco. We will learn basic narrative structures and themes that can help us make our own creative texts. We will meet at different locations in the San Francisco area to find inspiration for a creative work. Throughout the week, we will play with techniques, discover new writing styles, and find inspiration in the natural and constructed world around us. This course is for

students who love to be outdoors and want to become better writers. Materials: personal computing device.

Mr. Mike Knapp

June 30-July 3

10:00am-2:00pm (please be on time for arrival)

Monday: SHC Main Office

Tuesday: Fort Funston parking lot

Wednesday: Twin Peaks Parking lot

Thursday: SHC Main Office

Friday: Off (July 4)

Dissection: A Hands-On Approach to Learning Anatomy

Has your biology class piqued your interest in human anatomy and how the body works to keep you alive? Do you ever find yourself wishing that you could be just like the forensic scientist on CSI? Do you like opening things up and discovering what is on the inside? Then this AE might be the AE for you! Join Ms. Kim Gutowski, former SHC biology instructor and fourth-year medical school student (Latin American School of Medicine in Havana, Cuba), in dissecting a fetal pig, a sheep brain, and a sheep heart. See first-hand how various organs look, inside and out, while also learning how these organs work together to sustain life.

Ms. Kim Gutowski

July 14-18

1:00-4:30 pm



Fantasy Baseball: Applied Statistics

This weeklong course will cover the basics of using statistics to draft and manage an ideal fantasy baseball team. Who's the best hitting shortstop? Do you want a player that hits for power or one who can run the basepaths? How can you tell who might be undervalued and have a breakout year? We will review basic statistics and tools to interpret stats in order to setup the best matchups for your team. Join AP Statistics instructor and Giants' fan, Mr. Liam Carey, to explore key concepts of statistics while competing against friends in our online league and enjoying a Giant's game. Materials fee: cost of a Giant's ticket!

Mr. Liam Carey

June 23-27

1:00-4:00pm

French Bistro Cooking

Come enjoy the cafe lifestyle - leisurely reading a book while sipping on your cappuccino and feasting on simple, luxurious French dishes such as Croque Monsieur or Madeleines! Join us for a summer cooking class, using the freshest organic ingredients to make luscious cafe favorites such as French Onion Soup, macarons, cassoulet, clafoutis, frites with sauces, and slow-roasted dishes with reduction gravies. We will venture out on at least two field trips, to Tartine Bakery and Cafe Bastille, and eat the fruits of our labor. \$50. ingredients fee.

Ms. Francine Torres-Kelly

July 7-11

1:00-4:00pm

SHC Kitchen, Tartine, Cafe Bastille

Let's Get Physical: Introduction to the Physical Exam for Future Doctors

Doctor. Médico. Médecin. Tabib. No matter what language you speak or which country in the world you visit, every doctor relies on the same basic techniques to learn about patients and their state of health: the patient interview and the physical exam. In this AE, you will be introduced to these skills, practice the physical exam with our peers, and finish this one-week course with a better appreciation for what your physician does in every doctor's visit. Join Ms. Kim Gutowski, former SHC biology instructor and fourth-year medical school student (Latin American School of Medicine in Havana, Cuba), to explore what you might do every day in your potential future as a health care professional.

Ms. Kim Gutowski

July 7-11

1:00-4:30 pm

Rags to Stitches

Learn the basics of sewing and put your new skills to good use.. This will be a project-based course where we will learn to upcycle or repair your current pieces, create new garments, and use sewing to help members of the community. You will be learning the basics of both hand sewing and sewing with a machine. Having your own machine is preferred but not required. Course will conclude with our own Project Runway! Material fee: \$15.

Ms. Mona Dunne & Mr. Phi Le

July 9, 16, 23

(* this course extends past the dates of summer school; grades will be on fall transcript)

10:30-2:30pm and online



Rattling Chains: Disc Golf

The Bay Area is home to some excellent disc golf courses, including one of the highest rated and most difficult courses in the state in Golden Gate Park. We will learn nuances of the game while visiting nearby parks; besides mastering throwing and the rules of disc golf, we will develop teamwork, strategy, sportsmanship and confidence! We will be discussing and practically applying various rules of physics (lift, aerodynamics, Bernoulli's principle, among others) and interacting with the environment. Most of the learning will be done by doing, though there will be some discussion before and after rounds and drills about what we've

learned and what to focus on.

Mr. Scott Bergen, SHC Instructor and Swim Coach

June 30-July 3

2:00-5:00pm

Various locations

Sketching the City

Take your pencil and sketchbook in hand and tour the city with SHC art teacher, Mr. Brian McHugh. You will develop an original visual and narrative voice whatever your current artistic ability. Learn or refresh fundamental drawing skills and explore San Francisco from Japantown to Clement Street, from the Mission to Golden Gate Park. These field trips will require minimal walking with periodic stops for discussions, drawing and/or writing. We will meet on location; please bring a lunch and wear comfortable walking shoes.

Mr. Brian McHugh

June 16-20

10:00 am – 2:00 pm

San Francisco Neighborhoods and SHC Art Room (Room 704)

University Gates

Begin summer daydreaming about your future. What university or college do you see yourself attending? Learn the history of the university as you research specific colleges and discover ways to find the university that best fits you. Learn how to present yourself on paper in a meaningful way as you craft a defining personal narrative. You will end the course with an increased awareness of our country's university system and of your academic options, as well as with a working personal statement that can be modified to meet various college application essay questions.

Dr. Helen Hollis

June 16-July 18

Online

Spring 2014

!Buen Provecho! Mexican Cooking...and Eating!

Do you love Mexican food? Go beyond the taqueria burrito and discover a tastes far different from popular offerings such as tacos and chimichangas. See how delicious a homemade tortilla made from fresh, organic ingredients can be - sidled next to a steaming bowl of hominy stew. Learn how to make flaky wedding cookies and sumptuous mole - and how native folks economize by using what they have on hand, and by repurposing ingredients. We will use fresh, organic ingredients, and visit an open-air market and panaderia. \$50 ingredients fee.

Ms. Francine Torres-Kelly

Saturday, Jan 11, 18 (10:00am-1:00pm), Feb 1, 8 (10:00am-3:00pm)

SLC kitchen, La Victoria Panaderia, Casa Lucas

Deconstructing the American Dream: Post-World War II America

Covering the 1950s through President Obama's first term, this course is designed as a supplemental class to the Junior-level United States History curriculum. Over the course of seven nights, students will explore the social, cultural, political and diplomatic history of the second half of twentieth-century American History through lecture, discussion and film. This course will also have three guest speakers: Mel Thane (Vietnam veteran), Ilka Kombach (a German citizen who will discuss the fall of East Germany), and Sister Jean Marie (a Cold War CIA analyst). This class will be especially vital to current Juniors who are planning on taking the SAT II Subject Test and/or the AP US History Exam, and to those students who enjoy history and will not have a chance to study this time period in their current class or as a selective their senior year.

Ms. Karen Fry & Guests

Wednesday, 6:00 to 8:00pm; 1 or 2 collaboration periods TBD

Feb 26 – Apr 9

Food for Thought

Why do we choose to eat the way that we do? Explore your own relationship with food, and learn to think critically about how society and culture shape our diet with SHC alum and Cal Nutrition grad, Cecilia Ching. Gain practical, hands-on knowledge about how to estimate caloric needs, how to estimate serving sizes, and how to effectively read nutrition fact labels. These skills will be put to use on field trips to grocery stores and a local farmer's market as well as at our final class potluck.

Cecilia Ching '08

Tuesday, 3:30 PM to 5:00 PM

January 14 - March 25

Monkeying Around: An Animal Behavior Observation Study in Partnership with the SF Zoo

Learn about primates, participate in this once in a lifetime opportunity, and help the San Francisco Zoo evaluate an animal behavior study program! We will meet at the zoo to become trained in animal behavior observations by zookeepers and scientists. Students will evaluate an ethogram program developed by the Chicago Zoo and apply it to their own animal behavior study. Participants will be given tours of exclusive areas not open to the public, meet scientists and zoo keepers who will share their knowledge of careers in animal conservation, and develop an animal research project observing animals of their interest. Enrollment limited to 15.

Ms. Kirstin Weihl

Thursday January 9 2:30 - 3:30

Saturday January 11, February 1, 22, March 22 9:00 - 1:00

Room 404, SF Zoo



Spoken Word: The Language of a New Generation

"The next generation can surely speak for itself." Marc Bamuthi Joseph, host of the 2008 Brave New Voices Grand Slam Finals, shouted these profound words to an auditorium pulsing with young poets. In that same spirit, this Academic Exploration aims to provide students with the opportunity to explore the power of their own words, and the profoundness they can encounter when they speak these words aloud. We will focus on both primary aspects of Spoken Word Slam Poetry: the writing and the performance. The AE will culminate with each student performing live, on-stage, at the school wide Spoken Word Celebration in May.

Mr. Matt Nuttall

Tuesday, April 1, 15, 29, May 6, 13 (2:30 to 4:00pm)

Thursday May 15: Spoken Word Celebration
Room 509, Live Poetry Events (around San Francisco), Collins Theater

The Great Questions

"Is there a God?" "What is God like?" "Is there free will?" and "If there is a God, then why is there evil in the world?" -- these are humanity's perennial questions. In this class we will explore each of these questions in a manner that is both topical as well as chronological. Thus we will be reading excerpts from authors such as Aristotle, Saint Augustine, Saint Thomas Aquinas, Arthur Schopenhauer, David Hume, Immanuel Kant, and contemporary philosophers in the order in which they appear in history. More than merely reading these authors we will engage in their ongoing philosophical debate, one spanning centuries. Our time will be divided into 45 minutes of analyzing the philosophical views and the rest to seminar-style discussion. A class of this sort is excellent for Senior Seminar-inclined students, as well as those who want a venue to express themselves intellectually and are prepared to criticize as well as be criticized.

Jake Wells, '10
Monday, 4:00 - 6:00pm
February 3 - April 7

Fall 2013

Emergency!

Are you interested in the medical field? This exploration will give you first-hand experience in emergency response and medical fields. You will become Red Cross certified in basic life support training including CPR, AED, and first aid. We will be touring a firehouse, the coast guard station, and 911 dispatch to discuss the San Francisco EMS service. Classes will also discuss basic human anatomy and include dissections of different organs. Materials fee: \$50.

Ms. Kirstin Weihl
Saturdays, Sept. 14 to Nov.16
8:30 to 12:30

The Play's The Thing

Writing for theater is a gymnastic act. The playwright composes language that moves actors, designers, and a director to action, then is transformed in response to their work. How does one write actively for theater? This AE looks to models of contemporary theater in the US and Europe to unearth strategies for shaping performance texts. In class, students will read essays and plays highlighting tools of character, structure, rhythm and language, and will watch successful movie adaptations of stage plays. There will be short in-class writing assignments building toward an original 10-minute play, which will be performed in a New Play Festival in the Collins Theater.

Ms. Abi Basch
White Periods + one hour (occasionally)
Sept. 17 to Nov. 25 (New Play Festival)

Origami

This course is designed for students who are interested in the Japanese art of origami, folding paper into shapes representing various objects or creatures such as animals, flowers, birds, and even anime characters! Students will learn basic origami techniques and create various objects using the folding techniques they learn in this course.

Mr. Chikara Abe
Thursdays, 3:30pm to 5:00pm
Sept. 12 to Nov. 21

Faith, Activism & You

Join fellow SHC students along with Religious Studies chair, Mr. Ryan Darmody, and students from across the United States for a weekend of education and prayer at the Ignatian Family Teach-in in Washington DC. Our trip will involve two days of direct education, learning collaboratively with other students on social justice issues focused primarily on Central and South America. Highlights of the trip will include Advocacy Day on Monday, November 18th, at Capitol

Hill and the keynote address by Rev. James Martin, S.J. Travel fees: approximately \$900.

Mr. Ryan Darmody

Aug. 27 - Nov. 5, Collaboration Periods

Nov. 16 –18, 2013, Teach-in (Washington, D.C.)

The Spice of Roman Culture: An Introduction to Latin

Join SHC Library Staff member and linguist, Br. Joseph, in this introduction to the language and grammar of Virgil, Horace and Ovid. The Romans and Latin have influenced cultures over the centuries through art, literature, science, philosophy, music and many other fields. Explore Roman culture and strengthen your English vocabulary in this introduction to Latin language skills. Besides reading original Latin, and memorizing key historical passages, we will go on two urban adventures (from the Latin, *urb*, "city.")

Br. Joseph

Sept. 7 to Nov. 16

9:30am to 11:00am

Strength Training for Women

Push yourself to develop confidence, a healthy posture, and muscle definition in this hands-on course. Students will learn the major muscle groups, why strength training is important (especially for women), proper form and stretches, and multiple exercises to strengthen and tone arms, legs, back, shoulders, chest and core. Finally, we will examine how to incorporate a nutritious and tasty diet to complement our strength training.

Ms. Katie Levine

Tuesdays and Thursdays

3:00pm to 4:00pm

Sept. 17 to Nov. 14

Fitness Center

Summer 2013 ACADEMIC EXPLORATIONS

Arduino & Me: Microprocessor Controlled Projects

Ever wondered how a robot works, or how the lights on the Bay Bridge create awesome patterns? It's all in the microcontrollers. In this AE, students will create projects using motors, lights, and sounds with the Arduino microprocessor. We will venture from our projects following a simple set of instructions to a device that will react to its environment. No previous computer programming or electronics experience is needed, but veteran "coders" will have the chance to use and challenge their skills, working with engineer and SHC parent Mr. Joseph Murphy (Patrick '09, Siobhan '15). \$75 materials fee.

Mr. Joseph Murphy

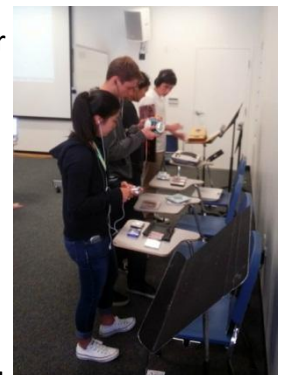
June 17 – 21

Maker Lab

Digital Music

Streaming, downloading, stealing or sharing: there are dozens of ways to listen to, purchase or experience digital music. From major services, such as iTunes, Pandora, Spotify and Google Play, to digital record labels, artist services like Bandcamp and infamous sites like Pirates Bay, access to music via web, phone or tablets has never been more ubiquitous or controversial. From artists getting paid pennies for their work, to Kickstarter campaigns that make millionaires overnight, the digital music business is where artistic dreams and hard-nosed business meet. This class will give students an inside look at how music is created, released, and transmitted in the 21st century. Students will create their own label, distribution service or web store, and try and break the next big star. Instructor and SHC track coach Mr. Tomas Palermo has spent 20 years in the music world. Interactive lectures, group projects, and a field trip will broaden your understanding of the creative and economic decisions that shape the music you listen to.

Mr. Tomas Palermo



Ethnic Images in Hollywood

Explore various American cultures (African American, Native American, Asian American, Hispanic, and European American) as represented in Hollywood feature films. We will analyze similarities and differences in social and cultural representations, as well as issues specific to the world of cinema. Learn how film language communicates ideas and stimulates emotional responses while considering Hollywood's method of distribution and marketing as a reflection of selective censorship. Class sessions will include lecture, film screenings, discussion, and popcorn!

Mr. Mark Gummere (Cole, '07)

July 15-19

Monday to Friday

1:00pm to 4:00pm

Fantasy Baseball: Application of Statistics

This weeklong course will cover the basics of using statistics to draft and manage an ideal fantasy baseball team. Who's the best hitting shortstop? Do you want a player that hits for power or one who can run the basepaths? How can you tell who might be undervalued and have a breakout year? We will review basic statistics and tools we can use to interpret them in order to setup the best matchups for your team. Join AP Statistics instructor and Giants' fan, Mr. Liam Carey, to explore key concepts of statistics while competing against friends in our online league and enjoying a Giant's game. Materials fee: cost of a Giant's ticket!

Mr. Liam Carey

June 17 – 21

Fear Not: An Introduction to Improvisation

Have you ever seen an Improv show or always wanted to try Improv yourself? Now you can! This fun course is designed to teach the elements of Improvisation that help us be more connected on stage and in everyday communication. Join Killing My Lobster actress, Claire Slattery, to engage your creativity and spontaneity through playful group activities and games, character development and scene work. The course will culminate in a field trip to a performance and a final showcase where the students will perform their own improv show. No experience necessary; all skill levels welcome! Materials fee: \$30.00.

Ms. Claire Slattery

June 25 – June 29

Collins Theater

Going Viral: User Interaction

In our device-driven society, what sets some digital products above others? Why is one app used extensively around the globe while many struggle to gain traction in the market? Is there a reason one online gaming experience is considered superior to others? Why do many web sites leave users frustrated and feeling unsatisfied? User Interaction is the study of how humans interact with digital screen products. Join designer Mr. Mark Pardini in an examination of the cognitive, tactile, and environmental factors that contribute to user satisfaction and product effectiveness. The course will culminate with an original digital project and work within industry standards in order to map and wireframe potential products.

Mr. Mark Pardini, '88

June 17 to June 28

#iPhonography

Use your iPhone to explore the basic principles of photography. Join SHC Yearbook Moderator and professional photographer, Nancy Ingersoll, to combine your own sense of style with design principles and technical skills for fun and for BYOD! Understanding how to take pictures with an iPhone is more than just opening the app and taking the picture; it's being able to know when a file size is compromised, whether you should enhance the exposure, and how to effectively share photos. Photography is a powerful and fun communication tool. iPhone generation 3, 4 or 5 all work for this class.

Ms. Nancy Ingersoll
July 8 - 12

Pipe Down

In this one-week course, students will gain a basic knowledge of household plumbing. With instructor Tim Mahoney, SHC Tech Director, and guest instructor Stephen Cosbey, a licensed plumber, we will install the pipes and fixtures for a standard bathroom. You will learn how to diagnose and repair basic plumbing issues and uncover the mysteries of the most important room in the house. Materials fee: \$50.00

Mr. Tim Mahoney
June 24 - June 28
SHC Tech Room

Tasting Books

We've all read those passages in books - the ones that make our mouths water as they describe in intricate detail to perfection of a Madeleine cookie, the sensuousness of Mexican Chocolate, or the intoxicating aroma of a fine tea. This course will look at food in literature and discuss the significance of that segment - how it supports character and narrative, as well as provides specific detail for the reader. We will stage the scene, using props, to recreate the setting, prepare the meal, and recreate the action as much as possible. This experience of preparation and cooking, and finally, eating, will give us a better understanding of character, time, place, perspective, and enhance basic culinary skills. Materials fee: \$50.00.

Ms. Francine Torres-Kelly
July 15 – July 20

University Gates

Begin summer daydreaming about your future. What university or college do you see yourself attending? Learn the history of the university as you research specific colleges and discover ways to find the university that best fits you. Learn how to present yourself on paper in a meaningful way as you craft a defining personal narrative. You will end the course with an increased awareness of our country's university system and of your academic options, as well as with a working personal statement that can be modified to meet various college application essay questions.

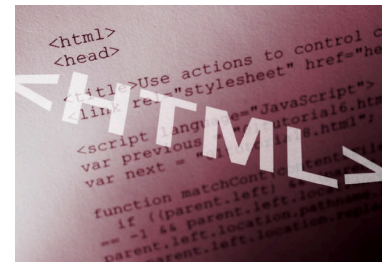
Dr. Helen Hollis
June 1 to July 15
Online

SPRING 2013 ACADEMIC EXPLORATIONS

Alice in Coding Land

Are you curious about programming, but intimidated by the idea of coding? Are you a creative type but wondering how to get your ideas out there? Come storyboard & animate your own cartoon while learning a flexible, basic computer language. We will learn principles of computer programming & use Alice 3.0 to make animated shorts. This class is intended for a student with no programming experience who wants to learn what programming is about, & have some fun while doing so.

Mr. Riaz Abdulla
Every other Monday, 5:00 - 6:30 (online and f2f)
January 22 – April 22
Room 202



Finding Your Voice The Power of Personal Presentation

There is no greater ability for a leader than to enter a room with confidence, to be poised enough to operate with compassion, and to collaborate effectively and enthusiastically in any environment. Yet public speaking often terrifies us. This course is designed to help students learn to deliver a variety of oral presentations, such as persuasive speeches, demonstrations and impromptu talks. Along the way, we will examine some of the greatest speeches of history and will attend at least one public

speaking event. Join parent and presentation pro, Ms. Cathlyne Scharetg, and find your voice! Materials fee: \$25.

Ms. Cathlyne Scharetg (James, '15)

Thursdays, 3:00–5:30pm

January 17 – February 21

Hear Me Roar: A Women's Self-Defense Course

Violence against women is one of the most widespread of human rights abuses, internationally & on American college campuses. It is important that all women gain the self-esteem to not put up with any abuse, the knowledge to defend themselves, & the confidence to report an attack if it happens. This course will touch on all these topics & will focus on recognizing and avoiding dangerous situations & learning martial arts techniques that can be used in self-defense for various types of attacks.

Mr. Mark Hermano, Ms. Rhonda Smith, Ms. Amber Wilson

White period & Saturdays, 1:00 – 3:00

January 8 – February 9

Gym or Dance Studio

Restaurateur

Ever wonder what it's like to open & run a restaurant or whether you have what it takes to be a successful entrepreneur? Or perhaps you are curious about the biggest mistakes that would-be restaurant owners make or how all those food trucks sustain themselves as businesses in San Francisco. Come explore these questions with actual restaurant owners, chefs, developers & caterers in *Restaurateur*! Get behind-the-scenes looks into some of San Francisco's most popular & famous eateries. There will be a special emphasis given to ethical & sustainable restaurant practices. (*Please note: this isn't a cooking class. This AE focuses on restaurant development, ownership & management*) Fees: \$25.

Mr. Ryan Darmody

White Block plus one hour; one Saturday field trip

Jan. 24- May 14

The Revolution Will Not Be Televised: Exploring Post World War II America

Covering the 1950s through the Arab Spring this course is designed as a supplemental class to the current Junior-level United States History curriculum. We will explore the social, cultural, political & diplomatic history of the second half of Twentieth-Century American History through lecture, discussion & film. We will also be joined by guest speakers: Mr. Mel Thane (Vietnam Veteran), Ms. Ilka Kombach (A German Citizen who will discuss the fall of East Germany), & SHC's own Sister Jean Marie (A Cold War CIA Analyst.) This class will be especially of interest to current Juniors who are planning on taking the SAT II Subject Test &/or the AP US History Exam, & those students who enjoy history & will not have a chance to study this time period.

Ms. Karen Fry

Mondays, 6:00 – 8:00pm, alternating with three White periods TBD

Feb. 4 – Apr. 8

Collins Theater

Spoken Out Loud

Spoken Word & Slam Poetry provide unique opportunities for students to explore their own lives through the medium of poetry.

Spoken word poetry elicits conversations about issues of justice & about students' own experiences. Continuing the momentum of the Spring 2011 & Spring 2012 SHC Poetry Slams, "Spoken Out Loud" will allow students to learn more about the creation & history of Spoken Word, along with its connections to Jazz, Hip-Hop & Rap. More importantly, students will write their own original spoken word poems & perform them at the Spring 2013 SHC Poetry Slam.

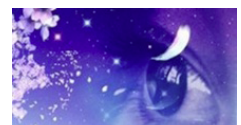
Mr. Matt Nuttall

Wednesdays & Fridays, 3:00-5:00pm

April 10 – May 3

FALL 2012 ACADEMIC EXPLORATIONS

Perchance to Dream Dreams have been an enigma of the human psyche since before recorded



time, and have been analyzed for a variety of purposes throughout the ages and across cultures. Some divine messages from omnipotent beings in dreams; others see dreams as a window to the unconscious. Some dismiss them as nothing more than biochemical reactions occurring as the brain rests, recovers and resets itself from day to day. Join Dr. Helen Hollis, SHC's Counseling Department Chair, in this meta-theoretical approach to why we dream. Explore techniques for controlling and using dreams, as well as develop your own dream theories.

Dr. Helen Hollis

Thursdays, 3:00 – 5:00pm

September 20 – October 25

Room 103

3, 2, 1...ACTION! Ever wondered what it's like to be a filmmaker, director, producer or editor? Welcome to the world of video and multi-media production! Franco Finn '95, SHC Alumn iDirector, studied video production at Santa Clara University before working as a broadcaster, and learned the ins and outs of working in the industry. Explore the fundamentals of video production and learn how to create your own mini-feature, effectively integrating audio and camera shots. Students will practice writing, learn the basics of editing, and get creative with the camera! Field trips will include a visit to a production studio.

Mr. Franco Finn

Tuesdays, 3:30 – 5:30pm (BLUE) OR 2:30 – 4:30pm (WHITE)

October 2 – November 27

Room 809

That's Not Trash! That's Art! Join artist and SHC set designer Brian McHugh to see treasure where others see junk. You know how to reduce, reuse and recycle; this class will focus on re-purposing. Artists, designers, architects, and craftspeople have long found beauty and function in what others deemed useless. An Indonesian chair made from used tires, a dress made from candy wrappers, and working guitars made from cardboard are examples of trash transformed. From Earthships in New Mexico to Couture Fashion in New York and Recology's Artist in Residence program in San Francisco, we will explore alternative art venues and discover practical as well as theoretical approaches to issues of waste. Journal or sketchbook

entries will assist students in a final project inspired by the outings. \$40 materials fee.

Mr. Brian McHugh

Saturdays, 1:00 – 4:00pm

October 6 – November 3

Room 704



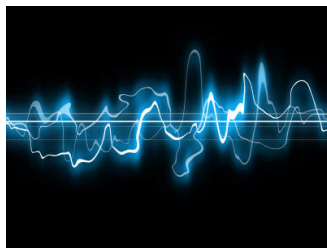
A Literary Feast Use all your sense to explore the significance of food in literature and taste the text. We will read excerpts of classic novels and reproduce (as faithfully as possible!) the foods described. We will discover how food can define character, evoke a mood, or provide detail or metaphor. Your final project will be a feast for the senses - setting the tone with music, decor, palette and aroma, accompanied by a literary excerpt. \$50 materials fee.

Ms. Francine Torres-Kelly

Saturdays

Oct. 6, 13, 20 (10am - 1pm); Nov. 17 (10am - 3pm)

SUMMER 2012



Beats and Bass – Composing Music, Digitally Technology has revolutionized music. The vast majority of contemporary music genres and styles are electronic in nature – from the drums of hip-hop and the density of dubstep to the multilayered vocal tracks of pop. Come experiment with readily available (and even free) instruments and sequencers and explore different techniques and genres of electronic musicianship. Our course will conclude with the creation of a class album, so get your headphones out! Material fee: \$30.

Mr. Liam Carey (Science Dept.) and Mr. Lewis Scaife (Technology Dept.)

June 18 – 22
Monday – Friday
1:00 to 4:00
Library



The Comedy Film and American Culture This entertaining course will look at the comedy genre from an historic, cultural and social perspective, exploring the way Hollywood films reflect the American values and ideals of their times. The Awful Truth (1934) is not only a hilarious slapstick comedy, but also opens the door to discuss how the screwball comedies temporarily provided the audience escape from the struggles of the country's depression, while Barbershop (2002) creates laughter as it reflects on Civil Rights issues, community, and contemporary urban living. Class sessions will include lecture, film screenings, and discussion.

Mr. Mark Gummere (College Film Instructor, and parent of Cole, '07)

July 16 – 20

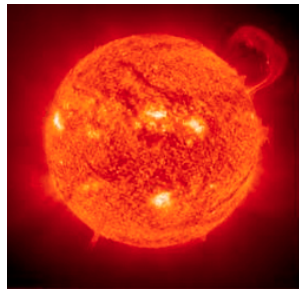
Monday – Friday
1:00 – 4:00
Collins Theater

Continents, Mountains, Bodies of Water: How We Humans Navigate the Earth What is the difference between “longitude” and “latitude”? In the age of Google Earth and GPS, how do we identify particular geographical locations? Is that a “cliff” or an “escarpment” up ahead? Join US History instructor and map buff, Mr. John Lee, for a deeper understanding of the skills and strategies of a geographer. This class segues into our new AP Geography class as well as into field trips across local terrain.

Mr. John Lee

July 2 – 6 (No class July 4)

Monday – Friday
10:00 – 2:00



Energy Busters: How to Save the World with Solar Energy Come be part of the next revolution! Join engineer Robert Mijares (cousin to Mr. Mark Hermans, SHC Physics instructor) to understand how access to energy improves the quality of life. How can we provide energy to more people and save the planet at the same time? Can we help developing countries refrigerate food and medicine without using fuel? Discover ways to use energy efficiently both globally and in your own home. Build your own solar energy machine that can heat water or cook hotdogs! Field trips include visits to an energy efficient LEED building and the California Academy of the Sciences. Materials and field trip fees: approx. \$40.

Mr. Robert Mijares

June 18 – 23
Monday – Friday, 3:00 – 6:00
Saturday, 10:00 – 2:00
Room 203

Home Work: Basics of Home Repair & Construction Learn to install a window, put up drywall, lay down flooring, and other nuts-and-bolts of construction as together we build a small room. Brief readings and discussion will explore the value of DIY and craftsmanship in an increasingly virtual world. Working under the experienced eye of Mr. Tim Mahoney, SHC's Technical Director, students will become familiar with basic tools and hone the skills needed for household repairs. Materials fee: \$50.

Mr. Tim Mahoney

June 25 – 29

Monday – Friday
10:00 – 2:00
Little Theater

Strategy & Aftermath: What caused World War II? Who were the “shot” callers? Why did America try to stay out of this clash of world powers? How did the “Greatest Generation” affect American history? These questions and many more will be answered in this exploration of America’s involvement in the European theater of WWII. Join US History instructor, Mr. John Lee, for a deeper understanding of what America did during this tumultuous time period and how the world today is shaped by those years. This class is ideal for those students who plan on taking United States History or senior electives in the fall.

Mr. John Lee

July 16 – 20

Monday – Friday

9:00 – 1:00

Room 303

Snapshot Into the Past: Analyze some of the most famous photographs of all time and investigate the cultural significance behind them in this introduction to photography with Social Studies instructor and amateur photographer, Mr. Phil Clemenza. We will explore the city, camera in hand, as well as visit SFMOMA’s collection of photographs, as students compose a their own galleries of images. Field trip fees: \$20.

Mr. Phil Clemenza

July 9 -- 13

Monday – Thursday

1:00 – 4:00

DePaul Computer Lab & The City



Style Like Me How do you decide what to wear each day (when you are not wearing your fashionable SHC polo)? Join fashionista Spanish instructors, Ms. Adelaida Dueñas and Ms. Mercedes Gonzalez-Marrow, to learn how your decision is influenced by social norms, the world of fashion, and your own sense of style. This course explores how history, culture, economics, and the media influence contemporary fashion. We will discuss etiquette and how to determine “fitting” clothing, hair, makeup, and accessories for all occasions. This course will be run in a seminar style and will involve discussion and reflection, as well as hands-on styling, blogging, workshops, and field trips. Materials: \$30.

Ms. Adelaida Dueñas and Ms. Mercedes Gonzalez-Marrow

Jun 11 -- 15

Monday – Friday

9:00 – 12:00

Room 807



The University Gates Online Spend some time this summer imagining your future. What university or college do you see yourself attending? Learn the history of the university as you research specific colleges and discover ways to find the university that best fits you. Explore how to present yourself on paper in a meaningful way as you craft a defining personal narrative. You will end this online course with an increased awareness of our country's university system and of your academic options, as well as with a working personal statement that can be modified to meet various college application essay questions. First class meeting will be in person.

Dr. Helen Hollis

Online June 18 - July 20

SPRING 2012

BE THE NEWEST BRAVE VOICE

Spoken Word & Slam Poetry provide a unique opportunity for students to explore and investigate their own lives through the medium of poetry. At the same time, spoken word poetry elicits conversations about justice, race, gender, race,

religion, the environment and other powerful issues. Continuing the momentum of the Spring 2011 SHC Poetry Slam, “Be the Newest Brave Voice” will allow students to learn more about Spoken Word, its history and its connections to music, especially Jazz, Hip-Hop, and Rap. More importantly, students will write their own original spoken word poems and then perform them at the Spring 2012 school-wide SHC Poetry Slam on May 9th.

Mr. Matt Nuttall

Tuesdays 4/17 - 5/9 4-6pm

BICYCLING BY THE BAY: The Sanity of Cycling in San Francisco

Learn to navigate San Francisco on two wheels! This hands-on course will teach practical skills such as bicycle safety and maintenance, as well as mapping and exploring the easiest and safest bike routes around hilly San Francisco. Students will gain an understanding of how their transportation choices impact economics, the environment, and their personal health. Classes will meet a combination of Tuesdays and Sundays and culminate in a school-wide “Bike to School” day organized by the class. Materials fee: \$50.

Ms. Danielle Farinacci, Mr. Bill Krueger, Mr. Matt Montagne

March 6 – April 18, SHC Bike to School Day

CHECKMATE: The Game of Chess

While in captivity, the Inca Atahualpa would pass the time by playing chess with his Spanish captor, the conquistador Francisco Pizarro. The wildly successful painter Marcel Duchamp gave up his artistic career to dedicate himself to chess. In between battles with the Moors, the King of Castile would play with his adversary the Caliph. In 1972 in Reykjavík, Iceland, the Cold War’s most fascinating battle took place between the American Bobby Fisher and the reigning champion, Boris Spassky. For over 1500 years thousands have been obsessed with, entertained, and driven mad by the game of chess. Come find out why as we explore about the history of chess, the treatment of chess in literature, and most importantly, the practice of chess. No experience necessary. From absolute beginners to experienced players, all are welcome. Short readings will be assigned, though the class will focus on play and will culminate in a tournament.

Mr. José Vargas

Thursdays, 4:00 to 6:00

February 2 – March 22

ELVIS, JACK, SHIRLEY AND MUAMMAR: Post World War II America to the Arab Spring

Covering the 1950s through the Arab Spring this course is designed as a supplemental class to the current Junior-level United States History curriculum. Over the course of six nights students will explore the social, cultural, political and diplomatic history of the second half of Twentieth-Century American History through lecture, discussion and film. This class will be especially vital and of interest to current Juniors who are planning on taking the SAT II Subject Test and/or the AP US History Exam, and those students who enjoy history and will not have a chance to study this time period in their current class or as a selective their senior year.

Ms. Karen Fry

Mondays, 6:30 to 8:30

February 20 – March 26

LET THEM EAT CAKE!

Do you enjoy baking? Do you have a sweet tooth? We will nibble our way through the ages, getting a taste of the chemistry and cultures of baking by replicating historic recipes. In particular, we will look at the new wave of “retro” desserts, trending heavily right now (Magnolia Bakery, Miette, Babycakes, etc). Learn to bake, style, and serve some incredible (and sometimes comical) desserts of the past, as you explore the joy of preparing food by hand. Class will culminate in a high tea. Learn what it means to truly break bread! Materials fee: \$25.00

Ms. Francine Torres-Kelly

Saturdays, 10:00 to 1:00

January 21 to February 18

WHOLLY NAMES: Collaborative Thinking

Building upon the creativity workshop De Paul Scholars take as emerging 9th graders, this Explorations class will form students into creative teams to initiate, name and brand a beneficial product. Student teams will be formed based upon the multiple intelligence theories of Gardner and the Myers-Briggs inventory. Once formed, the teams will play/practice

creative activities (e.g., mind-mapping; William J.J. Gordon's Synectics activities) to coalesce as a group before turning to a phase of product development/imagination. Student teams will name and brand their product and learn to use psychological and linguistic considerations to do so effectively. Guests will guide students in considering practicalities, techniques and graphic design methods for this phase of the exploration. The class will conclude with a presentation to peers and others who may wish to attend. Students should expect to spend time working with their teams outside of class time.

Dr. Ken Hogarty

Saturday, January 28, 9:30 – 2:30

Tuesdays, January 31 -- February 28, 3:00 to 5:15

FALL 2011

Beyond Fisherman's Wharf: A Taste of San Francisco

Come join this exploration of the hidden treasures of San Francisco – including the rich and diverse culinary offerings of the city. Get to know the history and unique cultural influences of various San Francisco neighborhoods – including The Mission, North Beach, and Chinatown. We will visit the new wave of site-specific eating – the food truck and the Farmer's Market. We immerse ourselves in each neighborhood and investigate the historical context, the community, the architecture and art, and finally, the lifestyle. Students will participate in such activities as a scavenger hunt, a Chinatown ghost tour, open-air shopping, and finally, dining and discovering new foods specific to each neighborhood.

Ms. Francine Torres-Kelly

Sept. 24 to Oct. 15

\$50 excursion fee

Innovation Workshop

Did you ever stop to think about why many of the most appealing products, spaces, and services are the way they are? Successful apps or spaces are intentionally created and prototyped by teams of innovative designers. Join SHCP's new Director of Educational Technology, Mr. Matt Montagne, and design fan and volleyball coach, Mr. James Jacobus, in a faced past, hands-on, collaborative class to learn more about the process of design thinking and innovation. You'll use the same intuitive methods and processes that designers use to build a project of your choice. We'll also work as a team to design prototypes for SHCP's new Media/Tech/Maker Center. We'll pitch our ideas to other students, faculty, administration, and architects. Be a part of the creative team that will help decide what this exciting new space will look like and how it will function!

Mr. Matt Montagne & Mr. James Jacobus

Sept. 22 to Nov. 10

\$25 maker materials fee

Catch a Wave



Discover the world of surfing with Marine Bio instructors Ms. Renee Van Alyea and Mr. Phi Le. With this course, students will safely and confidently venture into the shallows of the Pacific Ocean after learning water safety skills and the proper form and technique for surfing. We will also gain a greater understanding of the forces that move the ocean and of our effect on local beaches. Enrollment limited to 20.

Ms. Renee Van Alyea & Mr. Phi Le

Sept. 28th to Oct. 2nd

\$50 rental fee

The Real World

Veteran AE teacher Stephanie Lyons returns to help students build a better resume, as well as strengthen financial skills. The class will give students practical strategies for entering the job market and for understanding basic personal finance. Students will explore the use of money to survive in college and life; to make good choices about such issues as credit cards, borrowing, budgeting, saving and spending; and to differentiate between money as a means to an end and money as an end in itself.

Ms. Stephanie Lyons (Will '10)

Oct. 4 to Nov. 29

SUMMER 2011

Telling Stories through Creative Non-Fiction: from Memoirs to Radio Commentaries to Magazine Writing

Have you ever wondered about the processes of writing for magazines and newspaper? Or what about doing a radio commentary? Or writing a memoir? This course will take students through the processes behind writing for news and magazines and radio, and provide a window in the polymorphous creative writing fiction genre. It will include a field trip to a small publishing house and a visit to New America Media and Heyday Books Publishing where writers and journalists generate ideas and stories. For those considering or planning to major in literary studies and to go on to a writing career this course will be an eye opener.

Andrew Lam/Writer-Journalist- Author

Monday, Thursday, Friday. 9 to 12 am

June 6 to 17

Media Me!

In 3, 2, 1...you're on the air! Ever wondered what it's like to work in the world of media, communications or broadcasting? MEDIA ME! is an inside look into the fast-paced, entertaining world of Television, Radio, Sports Broadcasting and Entertainment. Franco Finn '95, SHCP Alumni Director, media personality and broadcaster, will give you a behind-the-scenes look at what goes on in a news room, see how a live-show is taped and how a radio DJ prepares to get on the air. Come see how game-day operations and broadcast booths for professional sport teams get ready for games. Here's your chance to write and voice your own radio spots, sit behind the news anchor/host desk, go out on the field as a reporter, or get behind the camera and join the production crew! Students will practice writing, learn the basics of editing, interviewing and public speaking. You'll learn how to be more confident in front of any group whether small or large! Field trips to various TV & Radio Stations in the Bay Area and access to an upcoming sporting event, date tbd. Admission fee: \$25.

Franco Finn '95

Wednesdays, 3:00 to 4:30

June 8 to July 20

Reinventing the Wheel: The Business of Sustainability

Did you know that "sustainability" is so much more than just going "green"? You are invited to participate in a college-level inquiry to discover what "sustainability" broadly defined means and how businesses are working to solve environmental and social issues. In this week-long course held on the SFSU College of Business downtown campus, you will be challenged by college professors to conduct a life-cycle analysis of a product or service and consider how to make it more sustainable. You will learn about environmental ethics, social justice, and social entrepreneurship. The only prerequisite is imagination!

Murray Silverman, SFSU Management Dept. Chair, & Faculty, Center for Ethical and Sustainable Business

Monday to Friday, 1:00 to 4:30 pm

June 13 to June 17

SFSU Downtown Campus

MLK & Jazz

Join jazz musician and teacher Marcus Shelby in an exploration of the music and ideas of Dr. Martin Luther King Jr. Dr. King's language was full of character, strength, rhythm, soul, inflection and dynamic contrast. He and other Civil Rights figures drew inspiration from jazz, blues, and the freedom songs that he termed, "the soul of the movement." We will listen to and create music as well as look at the context and the principles of the Civil Rights Movement in this living history class.

Marcus Shelby

Monday, June 20 to Friday, June 24



The University Gates

Begin summer daydreaming about your future. What university or college do you see yourself attending? Learn the history of the university as you research specific colleges and discover the university that best fits you. Learn how to present yourself on paper in a meaningful way as you craft a defining personal narrative. You will end the course with an increased awareness of our country's university system and of your academic options, as well as with a working personal statement that can be modified to meet various college application essay questions. Sign up for one of the two sessions.

Dr. Helen Hollis, Ms. Cristin Kuehl, Ms. Kate McFadden

Session I: Monday, June 27 to Thursday, June 30; 10:30am to 3:00pm

Session II: Tuesday, July 5 to Friday, July 8; 10:30am to 3:00pm

Go Climb A Rock

Learn about the history, ethics, and practicalities of rock climbing in this course taught by SHCP alum, Matt McGeever '06. The course will include presentations and discussions about the history of climbing both locally and internationally, as well as the environmental impact of climbing. Students will learn and practice the fundamentals of rock climbing at Mission Cliffs, and will gain a passion for environmentalism and climbing!

Matt McGeever, '06

Monday to Friday; 2:00pm to 6:00pm

July 11 to Friday, July 15

SHCP & Mission Cliffs

Ethnic Images in Hollywood Cinema

This course will explore various American cultures (African American, Native American, Asian American, Hispanic, and European American) as represented in Hollywood feature films. It will analyze similarities and differences in social and cultural representations, as well as issues specific to the world of cinema - how film language communicates ideas and stimulates emotional responses while considering Hollywood's method of distribution and marketing as a reflection of selective censorship. We will investigate the images within Hollywood cinema beyond the initial special effects and surface storylines. Students will be exposed to critical thinking tools to increase their awareness and understanding of the relationships between commercial cinema and the American society in which it exists.

Mark Gummere

Tuesday to Friday; 2:00pm to 4:30pm

July 5 to July 15

SPRING 2011

Storytelling through Photography

Are you intrigued by celebrity photo-shoots for magazines, National Geographic Magazine or Travel Channel's portraits of foreign lands? Do you like telling a story with your pictures or dream of majoring in photojournalism? Want to learn to edit and print your photos with PhotoShop, and see your work exhibited on the SHCP website and in the DePaul Hallway Gallery? Then join in this exploration of Digital Photography as a narrative medium. Students may use their own cameras or borrow a basic camera from SHCP for use in this course which will include training on camera use, special lighting techniques, and photo field trips. Our course culminates in an exhibition of the students' work. \$20 to cover costs of ink, paper and supplies.

Mr. Darin Little

Wednesdays, 3:30 to 5:30

February 2 to March 30

Veni, Vidi, Vici: An Introduction to Latin

Join attorney and parent of a SHCP alum, Sigrid Irías, and learn a language in which word order makes absolutely no difference! You'll be able to impress your friends with sayings such as "nihil me terret," and improve your understanding of English grammar. Latin is a logical, fun language, and you won't have to worry about perfecting an accent. No prior experience necessary. We'll learn how to translate sentences taken from Romans such as Horace, Cicero, and Seneca, and throw in a few gems you can use to insult your friends in Latin.

Ms. Sigrid Irias

Saturdays, 10:00 am to Noon

January 29 to April 2, 2011

San Francisco Arts on the Cheap

San Francisco has a vibrant arts scene. Of course, we are all well-acquainted with the large venues and theatrical houses – but what else goes on when the well-heeled are enjoying their \$100 seats and premium parking? How does one acquire their culture fix – on a budget? What do struggling artists do before their big break? How do young artists learn their craft and gain performance experience? Performance includes so much more than just acting in a period costume – there is sketch comedy, improvisation, absurdist, political and experimental theatre, as well as innovative approaches to the classics. Parks offer free concerts, and art abounds in some of the most interesting neighborhoods in the city. There is plenty to do and see that costs little or nothing, and often, artists straddle between the more commercial work and the purely artistic expression. This academic exploration will bring participants in contact with working professionals - writers, directors, actors, and visual artists – for discussion and experience with their medium. Fees: \$50 for tickets and transportation

Ms. Francine Torres-Kelly

Saturdays, 1:00 to 5:00

January 22, February 5, February 12, February 19

Bon Appetit – Discovering French Culture Through Regional Cuisine

This course will introduce students to French cuisine and traditional dishes in a variety of regions. Traditionally, French cuisine is characterized by its extreme diversity and style, each region having its own distinctive cuisine. Students will learn about and research traditional French cooking in selected regions. They will discover basic cooking methods and prepare a few specialties.

Materials fee: \$30.

Ms. Marie Bernard

Thursdays, 3:30 to 5:30

February 24 to April 14

Thursdays

Take the Stage – Dance Production

Students enrolling in this course will participate in advanced technique classes, learn repertoire for performance and collaborate with the instructor in the production of SHCP's first annual dance showcase in the Sister Caroline Collins DC, Theater. Contemporary, Modern and Ballet technique will be explored. We will learn both original choreography and celebrated works from established choreographers. Throughout the course students will also explore backstage, including marketing, advertising, house management, and other essentials of dance production.

Ms. Laura Padierno Wexler

White Tuesdays 1:30-3:00pm

January 11 to March 15, plus performances

FALL 2010

Food for Thought

Why do liquor stores congregate in low income communities? What makes a meal at McDonalds less expensive than fruits and vegetables at the grocery store? And just how fair is Fair Trade®? The selection of available food has a tangled relationship with government policies and economic regulations. Through classroom discussions and hands-on fieldwork in the community garden, this course aims to dig deep beneath the surface to unearth the truth behind some of these regulations. Get ready to whet your appetite and think about food in a whole new way!

Agnes Balla & Matthew Wilson

Wednesdays 5-7pm

September 22 – November 3

San Francisco, at the Movies

Since the beginning of film history, San Francisco has fascinated film makers. The list of movies made in or about San Francisco is awe-inspiring. Focusing on some of the most interesting and accomplished films about the city, we will examine essential issues like San Francisco history, ethical values, racial and gender relations, and stereotypes. Students will get a glimpse into how San Francisco has been portrayed in film throughout film history. We will view and discuss (approximately) 6 films and clips from various others. Among the films we will see are *Vertigo*, *The Maltese Falcon*, *The Life and Times of Harvey Milk*, and *The Conversation*. Popcorn provided!

José Vargas

M – F 4:30 - 6:30pm

September 27 – October 1

Media Me

In 3, 2, 1...you're on the air! Ever wondered what it's like to work in the world of media, communications or broadcasting? MEDIA ME! is an inside look into the fast-paced, entertaining world of Television, Radio, Sports Broadcasting and Entertainment. Franco Finn '95, SHCP Alumni Director, media personality & broadcaster, will give you a behind-the-scenes look at what goes on in a news room, see how a live-show is taped and how a radio DJ prepares to get on the air. Come see how game-day operations & broadcast booths for professional sport teams get ready for games. Here's your chance to write and voice your own radio spots, sit behind the news anchor/host desk, go out on the field as a reporter, or get behind the camera and join the production crew! Students will practice writing, learn the basics of editing, interviewing and public speaking. You'll learn how to be more confident in front of any group whether small or large! There will be field trips to some of the various TV & Radio Stations in the Bay Area and access to an upcoming Warriors game at Oracle Arena and much more! \$25 fee.



Franco Finn

Tuesdays, 3:30pm – 5:30pm (BLUE schedule days) OR 2:30pm – 4:30pm (WHITE schedule days)

2-3 Field Trips scheduled (Option of Sun 10/10 or Mon 10/18 – Warriors Game)

October 5 – November 9

Blogs, Tweets & Tumbls: New Media 2.0

Blogs are up, newspapers are down. What does it mean for young journalists? How will tomorrow's writers and reporters adapt to a rapidly changing media landscape? How do you create the next hot music, fashion or culture blog? In a course that combines writing, tech training and research, students will create and customize a blog, use online and traditional research to post and update articles and then publicize their work using social media such as Twitter, Facebook and IM. Guest speakers will talk about magazine and web opportunities for high school and college writers and offer real-world advice for those considering a new media career. The class will take a field trip to the San Jose Tech Museum and blog, tweet and analyze their experiences.

Tomas Palermo

M - F 3:00-5:00pm

November 15 – November 19

SUMMER 2010

The Shortest Path to Artificial Intelligence: Artificial Intelligence, Robotics and Shortest Paths

Have you ever wondered how to program a robot? Now is your chance to find out, and learn about how Artificial Intelligence (AI) is being used by robots to make decisions. You'll also discover how you're already using AI technologies dozens of times a day (probably without knowing it), and learn how they're used by such companies as Google, Amazon, and Netflix to help you find things you're

interested in. Finally, you will write your own AI program to enable a robot to navigate from one place to another via the shortest path, and get to see it work in a computer simulation.

This is an online, self-paced course. *Prerequisite is Algebra II.*

Andrew Ng & Riaz Abdulla

So, You Want to Be a Doctor?

This class is designed for students interested in exploring careers in the medical field. This course will address a wide span of issues, including the process leading up to matriculation to medical school, the medical school experience, the practice of medicine in the United States, health policy, and scientific developments in the medical field. Students will gain a solid understanding of the process of becoming a doctor and the practical issues surrounding the practice of medicine in the United States. Interacting with individuals in the medical field during field trips, speaker presentations, and a research project, as well as reading articles addressing the complex field of medicine, will inform students' decisions as they continue through high school toward their ultimate career goals.

Monday through Thursday, from June 14 through June 24

2:00 pm to 4:30 pm

Kimberly Gutowski

Catch a Wave

Discover the world of surfing! In this course, students will safely and confidently venture into the shallows of the Pacific Ocean after learning water safety skills and the proper form and technique for surfing. Students will gain a greater understanding of

the forces that move the ocean as well as our impact on local beaches. *Fees for this class, (in addition to registration fee), are \$120.*

June 14-18 9am to 12pm

Renee Van Alyea

Soccer: The World Cup, Globalization and the Beautiful Sport

As the world descends on South Africa for the World Cup in June, come together with other lovers of the “beautiful” game to explore the history of the most significant sporting event the world has ever known. This course will endeavor to look deeper into the world’s obsession with soccer/football/futbol, the historical and cultural significance of the event, and the history of the countries participating in this year’s tournament. Students will examine the intricacies of the game, the different styles of the countries involved, and, of course, watch and analyze some of this year’s matches.

June 22-25, Monday 1 to 3pm, Tuesday through Friday 12 to 4pm

Matt Wilson & Matt Nuttall

Modern Art, Artists and Artistry

This course will begin with a one day field trip to San Francisco Museum of Modern Art (MOMA). This will be followed by classroom discussions of the art works viewed at the museum and how each student will execute one or more projects based on what the student experienced viewing these art works. Students will learn more about viewing and understanding contemporary art and the complexities of creating their own piece/pieces of contemporary art. The students will view and take part in discussions of contemporary art, materials used, and the influence it has had and still has on society.

The course will hopefully open and expand the student’s view and appreciation of contemporary art, its materials, and the thinking and technical expertise artists use to create art in the 21st century.

July 26 – 30, 2010, 9am to 1pm except on the day of the field trip when we will meet from 9am to 4pm

Dennis Parlante

Break Down the Walls of the Room You’re Sitting In

We spend our every day in the built environment that has sprung from centuries of architectural history as well as the innovations of the human mind. What does it mean to inhabit? Explore the interaction between the human body and buildings by designing your own living space. Learn to develop design concepts through working models and conceptual sketches and finish the class with a mini- portfolio and a finished model of your space. This is a studio design course.

July 12 – July 17, 8:30am to 12pm

James Jacobus

The University Gates

Begin summer daydreaming about your future. What university or college do you see yourself attending? Learn the history of the university as you research specific colleges and discover ways to find the university that best fits you. Learn how to present yourself on paper in a meaningful way as you craft a defining personal narrative. You will end the course with an increased awareness of our country’s university system and of your academic options, as well as with a working personal statement that can be modified to meet various college application essay questions.

Monday through Friday, June 14-June 18.

Part A/ Cristin Kuehl: 9:30-11:30

30 minute break for lunch

Part B/Helen Hollis: 12:00-1:30

SPRING 2010

Awakenings

A famous person once said...you can’t give away what you don’t have yourself.

This course will introduce students to various practices of self-care including meditation, massage, fitness and food ensuring that each participant walks away with a “bag a treats” to meet and greet each day with from a place of strength and groundedness. Sessions will be run in a retreat format, and will feature healthy foods, and practical relaxation methods while featuring one proven stress and relaxation practice for each session.

Instructor: Ms. Rinaldi

Meetings: Mondays (2/8, 2/22, 2/29, 3/1, 3/8, 3/15, 3/22) from 3:30 pm - 6 pm

Your Money and Your Life

This course will give students practical skills for understanding basic personal finance and setting a reasonable course for themselves in their use of money to survive in college and life; to make good choices about such issues as credit cards, borrowing, budgeting, saving and spending; and to differentiate between money as a means to an end and money as an end in itself.

Instructor: Ms. Stephanie Lyons (experienced AE instructor and SHCP parent)

Meetings: Tuesdays beginning February 23, ending Tuesday, April 20 (a couple weeks off near the end for Spring Break and independent work); class meets from 3 pm -5 pm

The Physiology of Our Favorite Sports

This course will examine the physiological responses and adaptations of the human body to physical activity, with a particular emphasis on the popular sports we participate in and follow as fans. Considerable attention will be given toward understanding how the body functions during exercise and adapts to long-term training. This course will also examine the various physiological factors limiting the performance of various sports by showing how genetics, age, culture, gender, body composition, and environment can create differences in physiological responses, training adaptations, and performance capabilities. In addition, an effort will be made to explain the basic components of conditioning programs designed to improve performance. The course format will include lecture, but will place a strong emphasis on physical activity in a lab-based learn by doing format.

Instructor: Mr. Colin Peuse

Meetings: Wednesdays, beginning March 10 from 5:30 pm - 7:30 pm with one-two Saturday meetings for additional “lab” work

FALL 2009

BOTANY & ORGANIC GARDENING

How green is your thumb? How well do we in the City know the parts of the plants we look at and eat each day? Come find out in this hands-on and shovels-in class taught by SHCP Science Instructor, Ms. Mona Rabieh. The course is designed to teach the fundamentals of plant anatomy and physiology, with a practical emphasis on organic farming techniques. We will dig into sustainability, California plant ecology, and composting as we plant a garden on the SHCP campus, and then enjoy the harvest in an organic feast. Supply fee: \$25.

Ms. Mona Rabieh

Wed., Sept. 2 (3-5); Wed., Sept. 16 (3-5); Wed., Sept. 23 (3-5); Wed. Oct. 7, (4-6); Fri., Oct. 9 (3-3:30); Mon. Oct. 12 (3:30-5);

Wed. Oct. 14 (3-5); Fri., Oct. 16 (3:30-4); Mon. Oct. 19 (3:30-5); Wed., Nov 4 (3-5)

Room 209 and SHCP Garden

Calligraphy: The Art of Writing

In a world increasingly dominated by digitalized text, handwriting presents a rich and beautiful design alternative. In *Calligraphy*, students will learn to use various inks and nibs (pen tips) to create “illustrated” writing which express meaning through lettering and art. We will explore the formation of writing and early texts of calligraphy, such as the Book of Kells and medieval Bibles, as well as practice the craft of pen and ink lettering. Supply fee: \$25.

Ms. Nell Jeffrey

Mon., 3:00 - 4:30

Oct. 5 - Dec. 7

FIGHT OR FLIGHT: Stage Combat, Sun Tsu & the Dynamics of Power

Through the study of stage combat techniques, students will explore the mechanics of physical combat and the shifting psychology of power relations, as well as how those dynamics play out in our day-to-day lives. SHCP Performing Arts Instructor, Mr. Mark Robinson, will introduce the basics of swordplay including single sword (rapier and dagger) and broadsword techniques, and unarmed stage combat. Students will also study Sun Tsu’s classic, *The Art of War*, for insights into power, strategies of combat, and how humans use the fight or flight instinct for survival. Supply fee: \$40.

Mon., 5:00 to 7:00

Sept. 14 – Nov. 9

Dance Studio

MEDIA ME! Ever wondered what it’s like to work in the world of media, communications or broadcasting? *Media Me* is an inside look into the fast-paced, entertaining world of Television, Radio and Sports Broadcasting and Entertainment. Franco Finn ’95, SHCP Alumni Director, media personality and broadcaster, will give you a behind the scenes look at what goes on in a news room, at how a live show is taped and how a radio DJ prepares. Come see how game-day operations and broadcasts booths for

professional sport teams get ready for games. Here's your chance to write your own radio spot, sit behind the news anchor / host desk, do out on the field as a reporter, or get behind the camera and join the production crew! Students will practice writing, editing, interviewing and public speaking. Field trips to ABC, CBS, Clear Channel stations, and professional sports franchise headquarters. \$25 admission fee; sporting event, TBD.

Mr. Franco Finn '95, SHCP Alumni Director

Thurs., 5:00 to 7:00; and 2 field trips TBA

Sept. 3, 10 & 17 / Oct. 1, 8

Room: Computer Lab (De Paul campus)

THE OHLONE PEOPLE: Life before San Francisco

The Ohlone People resided in the Bay Area some 12,000 years before Europeans arrived. The climate, geography, and natural resources of our area supported a thriving human population, and descendants of the Ohlone still call the San Francisco Bay Area home. Explore the daily life and environmentally sensitive culture of the Ohlone with avid camper and SHCP Office of Development Volunteer Coordinator, Mr. Garrett Dempsey. Through readings, discussions, a camping trip and attendance at the annual Gathering of the Ohlone Peoples on Oct. 4 (families welcome), you will gain a sense of what the San Francisco Bay Area was like long ago, of our sacred human connection to nature, and what gifts of the Ohlone civilization remain today.

Materials Fee: \$ 40.

Mr. Garrett Dempsey, '92

Wed., Sept. 23 (3:30-5); Wed. Sept. 30 (3:30-5); Sat. Oct. 3 (optional overnight); Sun., Oct. 4 (9-4); Wed., Oct 7 (3:30 – 5); Wed., Oct. 14 (3-6)

Rm. 509 & Coyote Hills Park

SF LIVE ART WORKSHOP: Introduction to the Live Art & Live Music Scene of the San Francisco Bay Area

Jump into an exploration of your inner artist with SHCP alum and art teacher, Suzie Ferras. Learn fundamentals of drawing painting, and illustration while creating art in real time with live music. Collaborate with some of San Francisco's world-class musicians, including members from the groups 8 Legged Monster, Horace Scope, EBQ, and the Marcus Shelby Orchestra. With individualized instruction, a variety of mediums, and hands-on instruction, learn how to draw what you see and hear as well as to draw from your imagination. Gain invaluable skills, techniques, and tools that will give you a better understanding of how to express your creativity. All experience levels welcome. Supply Fee: \$25.

Ms. Suzie Ferras, '92

Alternate Tues., 4:00 to 6:00, Sept. 8 to Nov. 18 & 2 Saturday Field Trips (Oct. 3 and Dec. 5)

SHCP Art Studio

SUMMER 2009

Green Cooking

Kayaking

Nature in the City

Race and Sports

Reggae

University Gates

SPRING 2009

Goin' Green: Energy Efficiency & Alternatives

Join parent and Department of Energy engineer Tony Sy (Chris, '07, and Xavier, '10) in this introduction to energy sources and to energy's impact on the environment. We will explore basic energy definitions; alternatives such as coal, gas, oil, hydro, and solar power; challenges facing current and future generations; and hands-on energy efficiency. We will discuss the work of the Department of Energy as well as green tech jobs, and visit the National Laboratories and green facilities. Assessment will include active participation and a final project.

Mr. Tony Sy

Mon., Feb. 2 to Mar. 16; field trips tba

5:00 to 7:00

Rm. 510

Kayaking

Discover the San Francisco Bay by kayak! Take a sunset paddle past harbor seals in Sausalito, or splash through Mission Creek

and McCovey Cove near AT&T Park. Many of us travel over the bay everyday and yet do not know much about its history or take the time to appreciate our interconnectedness to water. You will become adept at basic water safety and paddling skills while learning about tides, estuaries, and marine life. Assessment will include participation and quizzes. Activity fee: \$100.

Ms. Renee Demirdjian

Wed., Mar. 4, 4:00 to 6:00; Wed., Mar. 11, 4:00 to 6:00; Tues. Mar. 17, 4:00 to 6:00; Fri., Mar. 27, 3:00 to 6:00; and Fri., Apr. 3, 3:00 to 8:00

Rm. 210 & The Bay!

Moving Meditations: The Mind-Body Connection

This introductory course will survey several techniques that incorporate the body as a focus for meditation. Students will practice Kundalini yoga, Vipassana meditation, walking meditation, meditation on the breath, Qigong, study of the functional anatomy of the human brain, the chakra system, sensory awareness, and visualizations that incorporate the body. The main goal of this course is to support students in practicing and comparing several styles of meditation and movement. Brief readings, reflections on practice time, and class discussion will be an important part of the experiential learning process.

Mr. Darin Little

Thur., Jan. 15 to Mar. 26

4:00 to 5:30pm

Rm. 509

Cine Latino: Exploring, Viewing and Producing Latino Film

Come learn about the dynamic actors, the experimental producers, and the vibrant cinematography of Mexico, Argentina, Spain, and Cuba from 1940 to the present. We will explore historical and contemporary styles of film making, film's ability to express cultural identity, and the artistic and social impact of film makers including the new wave of Almodovar, Guitizola and Hernandez. Films will be screened in Spanish with English subtitles. Assessment will include discussion, brief written analysis, and the creation of an original short film.

Mr. Chris Wallace

Wed., Feb. 4 to Apr. 1

3:00 to 5:00

Rm. 804

Virtual World Time Travel

Come on a virtual exploration of Postwar American History! This course will extend and deepen your understanding of the American, urban, postwar experience through immersion in the virtual world of 7th Street, Oakland, during the heyday of jazz and blues. Through a game format and supporting resources you will learn about the relationships, issues, cultures and politics that set the foundation for the Civil Rights movement. You'll have the opportunity to meet journalists and architects at UC Berkeley who designed the virtual world. Finally, you'll contribute to the project by creating a digital presentation that will be showcased in a virtual theater.

Ms. Maryanne Berry (former SHCP English Teacher)

Sat., Mar. 7 to Apr. 4 with one Tues. field trip, tba

9:00 to 12:00

Library

FALL 2008

Climb Every Mountain

Discover the thrills of indoor rock climbing, as well as get a grip on real outdoor rock climbing! In this hands-and-toes-on AE, we will learn the basics of climbing at Mission Cliffs Rock Climbing Center and on an outdoor climbing excursion. Back in the classroom, we will study the science behind the sport through discussions of belaying, the physics of pulleys, and California Geology. Come in good shape (you will need a current physical on file) and ready to overcome any fears of heights. \$100. facilities fee; maximum of 20 students.

Mr. Mark Hermano & Ms. Mona Rabieh

Varied days; two to three hour class meetings

Nov. 4, Nov. 12, Nov. 13, Nov. 19, Nov. 20, Dec. 1, Dec. 2, Dec. 7

Room 202 & Mission Cliffs Rock Climbing Center

Following Your Heart: Civil Disobedience and Social Justice

You've been studying Martin Luther King since elementary school, but how do civil rights affect you? As a California resident you honor the birthday of Cesar Chavez, but do you know who the United Farm Workers are? Have you heard about the churchwomen murdered in El Salvador in the 1980s or the School of the Americas (SOA)? Following your heart does not imply any particular political agenda, but it does mean acting according to an informed conscience. This class will let you explore your individual beliefs and invite you to consider whether you will stand up for what you believe in. Find out through in-class discussions, readings and guest speaker presentations, movie clips and participation in an SHCP approved form of non-violent protest such as a local march, a trip to vigil to close the SOA, letter writing and other activities. \$500. SOA flight and accommodations; some financial aid available. Enrollment limited to 15 students.

Instructors: TBA

Mondays, 4:00 to 7:00

Oct. 7 to Dec. 2

Room 303

From the Qin to the Qing (& the yin and the yang in between): A Study of the Chinese Dynasties

Sip silver-tip white tea enjoyed by China's ancient Emperors and Empresses as you study the Chinese dynasties from the Qin to the Qing or try your hand at brush painting. What was life like for those who lived in China during the Han, the Song, or the Qing dynasties? What major contributions to civilization did these dynasties make? We'll take a close look at representative artifacts and literature to glean how archeologists and scholars make informed observations about China's imperial past. \$20. materials fee; field Trip to the Asian Art Museum, TBA.

Ms. Cristin Kuehl

Wednesday, 3:00 to 5:00

Oct. 1 to Nov. 5

Room 510

Give My Regards to Broadway

This exploration of musical theater serves as a thorough introduction to the principles, fundamentals, skills and historical context of musical theater in the United States. Study will focus on musical and lyrical interpretation, live performance, artistic perception and critique, aesthetic value, creative expression and career opportunities. \$30. materials fee; field trip tba.

Mr. Christian Bohm

Mondays, 6:00 to 9:00

Sept. 15 to Oct. 20

Chorus Room

Juggling & Geometry

Juggling is pattern making in the air, and lots of fun too! Students will practice pattern recognition and be introduced to various forms of juggling including contact juggling, toss juggling, club juggling, diablo, hooping and contact staff. Each week, we will focus on a different form of object manipulation and the key parts of a prop before sharing juggling techniques. Assignments will include practicing with a variety of props and a final performance; one field trip tba. \$25. materials fee; enrollment limited to 15 students.

Mr. Noel Yee

Tuesdays, 3:00 to 5:00

Sept. 23 to Nov. 11

Room 509 & Dance Studio

SUMMER 2008

Run for the Hills

Improve your fitness over the summer to keep you healthy throughout the year. Students will learn theories of fitness and training principles in preparation for a 5k run. Through the use of polar heart monitors, training logs, and nutritional information students will learn what it takes, (and DO what it takes), to incorporate running into your exercise regimen for a healthy lifestyle. The course is designed for beginning runners, but runners of all levels may participate.

Ms. Angie Pfanl/Ms. Dara Barnett

Tuesdays and Thursdays, June 17 to July 22

10am – 12pm

The Curse of 300

Based on a graphic novel, the movie 300 came from the fringe and became a major box-office hit. A problem arises when audiences leave the theatre uncertain as to whether they just viewed historical fact or historical fiction. Students will view a variety of movies and read excerpts from historical novels to find the facts within the fiction.

Ms. Karen Fry

Tuesdays and Thursdays, June 17 to July 17

2pm – 5pm

Chip Off the Old ...Electronic Device

Semiconductor devices (“chips”) such as microprocessors and memory devices are at the heart of the high-tech industry and power all the electronic devices in your home and around your community. Creating these chips requires the most technologically advanced manufacturing process ever devised. This course provides an overview of the technologies and processes that go into making today’s chips, with a focus on the layout of wafer fabrication plants (“clean room”) and the technology hurdles that must be overcome to make the processes successful. The course will close with a tour of the Intel Museum.

Prerequisite: Completion of Chemistry with a grade of “C” or better.

Mr. Larry Friedrich

Monday, June 16 – Friday, June 20

8am – 12pm

Creative Writing: Unleash Your Inner Poet

Students will explore options for creative writing, including poetry, short stories, novellas and plays using classroom activities to spark originality and skills. Though writing can be a private and personal endeavor, there are key ways to make your writing resonate with the general public and publishers. We will go over those ways and each student will ready at least one piece of writing for publication.

Ms. Stephanie Lyons

Monday, June 23 – Thursday, July 3

9 am - 11 am

Truthiness

Truthiness is a satirical term created by Stephen Colbert to describe things that a person claims to know intuitively or “from the gut” without regard to evidence, logic, intellectual examination, or actual facts. Especially in this heated political season, we will discern “truth” from “gut feeling” in the context of current American politics.

Mr. Arturo Beeche

Monday, June 30 – Friday, July 11

10am – 12pm

Arts of San Francisco

How many of us truly take advantage of all the Arts offerings that San Francisco provides? This course will provide background information, insider tours and performance experiences that will allow students to apply critical thinking skills to art. We will explore music, theatre, dance and visual art.

Ms. Christine Buell

Monday, July 7 – Friday July 11

1pm – 4pm, plus some evening performances

Math of Fantasy Baseball

Is there more to fantasy sports than just choosing a player to fill out a roster? Is there math involved? This course will teach students fundamentals of statistics through baseball. We will examine batting average, slugging percentage, ERA, on base percentage, winning percentage, a team’s Magic Number, and more baseball stats.

Mr. Patrick Dunne

Monday, July 14 – Friday, July 18

1pm – 4pm + Friday evening’s Giants game

Exploring the Great Outdoors

This course will provide students with a foundation of timeless skills for competence in the natural world. In two class sessions and one weekend camping trip, students will learn about and practice trip planning, fire building, outdoor cooking and

wilderness survival.

Mr. Garrett Dempsey

Thursday, July 10 2pm - 5 pm & Friday, July 18 2 pm through Sunday, July 20 (late afternoon, return from camping trip)

Jazz, History and Harriet

Join bassist and historian Marcus Shelby in an exploration of the life of Harriet Tubman and of how music both makes and captures history. We will study the music to the Shelby's original oratorio "Harriet Tubman," read from Bound for the Promised Land: Harriet Tubman, listen to recordings and watch videos, and have interactive discussions which challenge our preconceptions about history, politics, music and culture. Attending one live jazz performance will be required for the class.

Mr. Marcus Shelby

Tuesday through Thursday, July 8 to July 17, 3pm – 5:30pm, and Saturday, July 12, 1pm – 3pm

SPRING 2008

Acting Out, or Improv for Everyone! Enjoy the free-wheelin' style of Whose Line is it Anyway, in which actors create theatre, films, and songs on the spot? Join SHCP Drama Instructor, Ms. Francine Torres-Kelly, in exploring improvisational theatre. Learn to be loose and have fun, how to give generously to yourself and others, as you develop skills of extemporaneous speaking, self-confidence, team building and creativity. No experience necessary to play! In this theatre for the non-actor, the experience is enhanced if the improviser has never performed before. The technique is extremely low-pressure and process-based, as we uncover storytelling and narrative, as well as character development and risk taking. Course will culminate in a performance. Field trip to Bay Area Theatresports; text \$20.

Ms. Francine Torres-Kelly

DePaul Auditorium

Sat., 10:00 to 1:00.

Jan.12 to Feb.16

American War Cinema In a recent American Heritage an historian struggled to name the top ten best World War II movies, since the dramatic license taken by moviemakers to sell their stories often comes at the expense of historical truth. We will watch and analyze movies that cover American engagements from the American Revolution to the present conflict in the Middle East, and discuss how such films shaped or misshaped our historical imagination. We will compare movie classics such as "The Patriot", "All Quiet on the Western Front", "The Great Dictator", "Band of Brothers", "Apocalypse Now", and "Jarhead" to the footage of embedded reporters. Class will culminate in a final project to be determined by the teacher and the individual student. Field trip tba.

Ms. Karen Fry

Rm. 810

Mon., 5:30 to 8:00

Jan. 14 to Mar. 17

Holocaust In this in-depth look at the Shoah and genocide in the twentieth century, we will explore the ramifications of prejudice, racism, and stereotyping, as well as the value of pluralism in society. We will trace the historical roots of anti-Semitism, the rise to power of Adolph Hitler and the Nazi party and their development of the Final Solution, the resistance movements, the rescue efforts, and the reactions of the United States and other nations. Through art, music, literature, film, field trips, and primary sources, we will study the Holocaust in Nazi Germany to better understand other genocide events, past and present. Related topics include the role of current Catholic teaching on the Holocaust and the Universal Declaration of Human Rights. Assessments include a final project.

Ms. Katie Norris

Campus Ministry

Wed., 5:00 to 7:00

Jan. 23 to Mar. 26

Your Money or Your Life (or, if it sounds too good to be true, it probably is!) How will you manage your money in college and beyond? What's a better investment: real estate or the stock market? How can you give effectively to charity? This course will give you practical skills for understanding basic personal finance, as well as an understanding of money as a means to an end rather than an end in itself. We will investigate credit cards, borrowing, saving, investing, and budgeting to understand how to make sound decisions about real money, with students exploring a financial topic of their choice.

Ms. Stephanie Mischak Lyons

Rm. 507
Tues., 3:15 to 5:15
Mar. 4 to Apr. 29

Perchance to Dream Dreams have been an enigma of the human psyche since before recorded time, and have been analyzed for a variety of purposes throughout the ages and across cultures. Some divine messages from omnipotent beings in dreams; others see dreams as a window to the unconscious. Some dismiss them as nothing more than biochemical reactions occurring as the brain rests, recovers, and resets itself from day to day. In this meta-theoretical approach, we will explore various explanations for why we dream and techniques for controlling and using our dreams, as well as develop our own dream theories.

Dr. Helen Hollis
Rm. 103
Tues., 3:30 to 6:30
Jan. 22 to Feb. 26

Truthiness: Satire in Politics Why are comedians some of today's most trusted political commentators? "Truthiness" is a satirical term created by comedian Stephen Colbert to describe things that a person or a politician claims to know intuitively or "from the gut" without regard to evidence, logic, intellectual examination, or actual facts. Through the work of Stephen Colbert and Jon Stewart, our class will examine the events of the primary election season to discern truthiness from fact. We will look at the role satire plays in the news cycle and has historically played in politics. Assessments will include research into leadership qualities such as integrity. Text: \$18.00.

Mr. Arturo Beeche
Rm. 105
Mon., 3:30 to 5:30
Mar. 3 to May 12

Veni, Vidi, Vici : An Introduction to Latin Join SHCP parent and attorney Sigrid Owczarek, and learn a language in which word order makes absolutely no difference! You'll be able to impress your friends with sayings such as "nihil me terret," and improve your understanding of English grammar. Latin is a logical, fun language, and you won't have to worry about perfecting an accent. No prior experience necessary. We'll learn how to translate sentences taken from Romans such as Horace, Cicero, and Seneca, and throw in a few gems you can use to insult your friends in Latin. Assignments will include making flashcards of vocabulary as well as practice in conversation. Text: \$15.00

Ms. Sigrid Owczarek
Rm. 303
Sat., 10:00 to 12:00
Jan. 26 to Apr. 12 (excluding Easter vacation)

FALL 2007

1926: Inspired by Hans Ulrich Gumbrecht's book, *1926*, we will attempt to understand a moment in history by considering various aspects of the year 1926. We will explore music, particularly jazz; film; literature such as Hemingway's *The Sun Also Rises*; boxing; notions about sexuality; the lingering effects of WWI; painting; bullfighting; and the rise of fascism. Expect to listen to Jelly Roll Morton and Louis Armstrong, to visit the Museum of Modern Art, and to view early films from Europe and America. Assignments include discussions and brief writings as well as an independent analysis of a year of the student's choice.

Mr. José Vargas
Monday, 5:00 to 7:00
Sept. 17 to Nov. 19
Room 510

CREATE YOUR OWN GRAPHIC NOVEL: Join author, artist, and publisher Oliver Chin and learn how to write stories, draw fantastic characters, color covers, and create your very own graphic novel! Spin a special yarn and put it on paper in this hands-on studio. Maybe one day your completed tale will become a movie! No previous art experience required, but bring imagination, enthusiasm and a can-do attitude. Assignments will include active participation in class and production of an original eight page mini graphic novel. Field trip to the Cartoon Art Museum. \$10. materials fee; maximum of 20 students. Mr. Oliver Chin

Tuesday, 3:30 to 5:15

Oct. 2 to Dec. 4

Room 509

IMMIGRATION IN SAN FRANCISCO: How has immigration shaped the city of San Francisco and its residents? We'll find out by reflecting upon our own family backgrounds, exploring the neighborhoods in which we live, viewing the murals of the Mission District, and visiting the shops and restaurants of Chinatown. We will also meet community members and examine articles, photos, art, music and other media that portray the immigrant story today. Former SHCP Campus Minister, Mr. Mike Daniels, a second generation American himself, will journey with students through field trips and class activities. Assignments will include class and field trip participation and an interview project. \$25. field trip fee.

Mr. Mike Daniels

Alternate Mondays, 4:30 to 6:30

Sept. 17 to Nov. 13

Room 303

RECORDING JUSTICE: Photography was invented in part as a tool to document social conditions. Using modern digital video and photo equipment, we will record and edit mini-documentaries about local service agencies and the work they do for social justice and community development. Besides learning more about the causes and cures of social injustice, students will gain a basic knowledge of the programs iMovie and Final Cut Pro. Assignments will include conducting interviews, taking pictures of participants, editing footage, and possibly engaging in the work of the agency. Students are encouraged to bring their own digital video/audio equipment if available.

Mr. Ryan Darmody and Mr. Mark Hermano

First meeting will be Thursday, September 6. Other meeting dates will be distributed at this meeting. Our schedule is dependent on the work of the agency with whom we will be working. Plan for one meeting or field trip every two weeks.

Room 202

RUN AWAY & JOIN THE CIRCUS! Juggling is geometry in the air, and lots of fun too! In this class, students will practice pattern recognition and be introduced to various forms of juggling including contact juggling, toss juggling, club juggling, diablo, hooping and contact staff. Each week, Mr. Noel Yee, SHCP's resident juggler and Science teacher, will focus on a different form of object manipulation and the key parts of a prop before sharing juggling techniques. Assignments will include practicing with a variety of props before specializing with one prop and coordinating a performance with a group. \$25. materials fee; maximum of 15 students.

Mr. Noel Yee

Wednesdays, 3:00 to 5:00

Sept. 19 to Nov. 14

Room 303 & Dance Studio

ROCK & ROLL FAMILY TREE: Listen to great music and trace the origins of your favorite band! This class will be a blast as it explores historical knowledge about rock's wide range of music and cultures. Prerequisites include a passion for music and a willingness to explore new genres, but no experience as a musician is required. Assignments will include listening to and discussing music, viewing performances both live and recorded, researching musical influences, and creating a mix CD to share. Field trips TBA.

Mr. Paul Barnes

Tuesday, 5:00 to 7:00

Sept. 11 to Nov. 13

Room 503

THE FALL OF EAGLES: This course will focus on the fate of the three major dynasties that fell from power because of World War I: The Habsburgs, the Romanovs and the Hohenzollern. We will examine the reasons behind their failure to survive the war as well as their fates and the fates of their countries until the present day. Using interviews given by family members who witnessed these events and historical photographs, students will develop research skills, in-depth analysis, and an understanding of leadership. Assignments will include class discussion and field trips as well as a culminating project.

Mr. Arturo Beeche

Thursday, 3:00 to 5:00

Sept. 6 to Nov. 8

WOMEN IN LIT & FILM: This course will survey women's roles throughout cultures and history as portrayed in literature and film. Students will alternate discussing books such as *The Joy Luck Club* by Amy Tan, *Memoirs of a Geisha* by Arthur Golden, and *The Hours* by Michael Cunningham, with viewing films such as *The Accused*, *Monsoon Wedding*, and *Steel Magnolias*. We will explore a range of themes including friendship, identity, sexuality, motherhood, sisterhood, sexual abuse, culture and faith. Assignments include reading and discussions and a creative project, as well as reading *The Red Tent* by Anita Diamant PRIOR to the first class.

Ms. Katie Norris

Tuesdays, 6:00 to 8:00 or 9:00 when viewing films

Sept. 18 to Nov. 27

Room 303

[Previous AE Offerings](#)

Conquering Humanity's Greatest Fear (Ms. McFadden)

Spiders and snakes may spook me, but public speaking absolutely terrifies me! This course is designed to help students learn how to deliver a variety of oral presentations, including but not limited to persuasive speech, demonstrations, tributes, narratives, and impromptu talks. Along the way, students will examine some of the greatest speeches of history and will attend at least one public speaking event.

Influential Films (Br. David)

Since its invention, the medium of film has been a mode of communication and entertainment intending to captivate the viewer. This course will challenge students to not merely watch the screen, but to actively engage the movie text. We will explore a number of films which play a significant role in the history of film and of modern culture in general. Assignments will include class discussion, several short papers on specific clips, and one longer paper on a movie of the student's choice.

Atoms from the Silicon to the Napa Valley (Mr. Musallam and Mr. Cowen)

As we move from Palo Alto to Napa, we will move from the smallest view of the atom to a larger view of the influence of science in human experience. This course will examine science from many perspectives by exploring a research laboratory, scientific businesses, and an academic institution in the dynamic Bay Area scientific community.

Homer's Iliad (Mr. Yee)

Students will learn about archetypal figures from ancient history and about interpreting classic texts while developing seminar skills as we read the *Iliad*. Our goal will be to understand the development of the hero and to appreciate the epic nature of Greek literature. Class will be discussion based; assessments will include construction of a key scene from the epic and a culminating presentation.

Virtual Motorcycle Diaries: An Introduction to Latin American Studies (Mr. Gomez)

Take a ride through the rich and complex world of Latin American culture and history! Lessons will invite students to use their eyes, ears, hearts, feet, and taste buds to explore this intersection of Native American, European, and African cultures through a selection of literature, art work, music, film, dance, and food. Assessment will be project-based with periodic quizzes. Coursework in Spanish suggested but not required.

From the Qin to the Qing (& the yin and the yang in between): A Study of the Chinese Dynasties (Ms. Kuehl)

Sip silver-tip white tea enjoyed by China's ancient Emperors and Empresses as you study the Chinese dynasties from the Qin to the Qing. What was life like for those who lived in China during the Han, the Song, or the Qing dynasties? What major contributions to civilization did these dynasties make? We'll take a close look at representative artifacts and literature to glean how archeologists and scholars make informed observations about China's imperial past.

Perchance to Dream (Dr. Hollis)

Dreams have been an enigma of the human psyche since before recorded time and have been said to have different purposes throughout the ages and across cultures. Some divine messages from omnipotent beings in dreams; others see dreams as a window to the unconscious. Some dismiss them as nothing more than biochemical reactions occurring as the brain rests, recovers, and resets itself from day to day. In this meta-theoretical approach, we will explore various explanations for why we dream, techniques posed for controlling and using our dreams, and paths for developing our own dream theories.

A Prophet's Tale, Past, Present and Future: The Influence of Catholic Social Teaching upon Society (Mr. Daniels)

By uncovering the lives of past and present prophets such as Vincent de Paul and Mother Teresa, this course will provide an overview of Catholic Social Teaching. As we reflect upon the impact of justice and service in our tradition, we challenge ourselves as future prophets. With a combination of class discussions, presentations, group work, and field trips, we will explore the impact of Catholic Social Teaching upon our modern world.

Learning Through Seeing: Digital Photography (Ms. Filpi) This will be an introductory course to Digital Photography and Photoshop Elements 3.0. The course will teach the fundamentals of composition, depth of field, focusing, image orientation, lighting, and subject matter. We will study various cultures, elements of nature, architecture, and one subject of the student's choice. Please bring your own digital camera to the course if you own one.

Around the World In 80 Tunes: An Introduction to World Music (Mr. Gomez)

Travel the world through music, with stops including Brazil, Jamaica, New York, the Mediterranean, and South Asia. Music is one of the most powerful forms of expression and one that cuts across all cultures and ages. This course is a "mini" version of the full semester Multicultural Perspectives in Music, but still packs more hands-on instrument-making, drumming and dancing activities than you can shake a drumstick at. Build a Brazilian ganza to play samba; recreate rainforest sounds with a teponaztli; trace the roots of the latest fad, reggaeton; and groove to hip-hop produced in France, inspired by the US, and sung in Arabic! In addition to workshops, we will use film, literature, recordings and field trips to discover more about humanity's soundtrack.

Can Beauty Save the World? (Ms. McFadden)

Of the great triumvirate of truth, goodness, and beauty, beauty is the least understood of the three. Dostoevsky maintained "beauty will save the world," but will it? Can it? If we do not know what it is, how can it possibly save the world? In this class, students will explore six different cultural understandings of beauty. From there, we will move into the world of nature and the world of art as we explore what beauty is. Students will have an opportunity to craft their own understanding of what is beautiful through dialogue and show-and-tell with other students. In the end, we will return to the question, "Can beauty save the world?"

Conquering Humanity's Greatest Fear (Ms. Buell)

This course will offer instruction and practical experience in construction and delivery of a variety of speeches, including Impromptu, Extemporaneous, Expository, Persuasive, and Humorous Interpretation. Students will participate in activities that will help them conquer "humanity's greatest fear." We will polish public speaking skills through instructor, peer and self-evaluations, and will even conduct a mini in-house speech tournament.

The Beat Goes On: The Beats and the Hippies (Dr. Link)

This course will explore the impact of the San Francisco Beat and Hippie movements on American society. Students will examine the origins, influence and lasting effects these movements have had on American thinking, and determine which group had the greatest impact. In-class readings, music, videos, a walking tour of S.F., and guest speakers will help guide students to answer some of the key questions about Beats and Hippies. Prerequisites will be a brief knowledge of American History after WWII and parent permission to leave campus to visit sites of historical/cultural significance.

Camera! Lights! Action! (Mr. Tuohy)

Have you ever wondered how movies get made? This course is your chance to find out how! Mr. Brian Tuohy, an SHCP alum, will walk a crew of students through the production of a short film using only camcorders, computer software, computer hardware, and other multimedia equipment readily available to the student. This process will provide you with the knowledge and freedom to create other productions with off the shelf tools. Enrollment is limited to 10 students; please indicate if you have a camcorder and what type of camcorder it is.

The Western and American National Identity (Mr. Vargas)

This course will offer an introduction to the Western Film in the 20th Century. We will learn generally to examine films critically, and specifically to address how a popular medium such as the Western attempts to construct a national identity. We will also analyze how the genre portrays the American West, and what these films argue about freedom, masculinity, race, and courage. Students will view films or clips in class and independently. Assignments will include keeping a journal, several short readings and short writing assignments. Among the films we will study are The Searchers, Rio Grande, Dead Man, and The Good, The Bad and The Ugly.

Famous Trials: A Window on the 20th Century (Judge Ellen Chaitin)

SHCP parent and sitting Superior Court Judge Ellen Chaitin leads students through the most noteworthy trials of the 20th Century. Products of their times and of the timeless interplay of morality and the law, these trials allows students to explore politics, history, sociology, psychology and economics. Assignments will include reading, discussions, guest speakers and student presentations. See you in court!

Via Italiana: The Italian Way

(Br. Joseph Fabiano, FSC)

"The Italian Way" is a love for life, family and leisure, spiced with exciting history and culture. Students will develop an introductory basis of everyday Italian, explore the geography of Italy, learn about world renown Italian and Italian-American inventors and artists, scientists and saints, and become proficient in making pizza from scratch!



Introduction to the Software Business and Information Systems (Mr. Ching)

This course, taught by an SHCP alum, aims to provide students with a general overview of the software industry. Through hands-on activities and demonstrations, students will examine various software and information systems and their uses to solve both personal and business problems. We will look at current technologies from both technical and business perspectives. Prerequisites: Advanced Algebra and a basic knowledge of computers and the internet.

The World Seen From Inside: Learning to See Film Critically (Mr. Vargas)

Throughout our lives, we view thousands of films, yet what do we see in film? How does viewing film affect how we view our lives? Author Don DeLillo notes, Film is more than the twentieth-century art. It's another part of the twentieth century mind. It's the world seen from inside...If a thing can be filmed, the film is implied in the thing itself. This is where we are. The twentieth century is on film. [Is] there anything about us more important than the fact that we're constantly on film, constantly watching ourselves? This course will help students develop a language and techniques to understand film, its role and its impact on their lives. We will view and discuss, either in full or in part, Fight Club, The Battle of Algiers, Rio Grande, The Searchers, The Good, The Bad and the Ugly, Notorious, Amores Perros and All About My Mother. Assignments will include several short readings, a journal and a few brief writing responses.

To Hell and Back: A Guide to the Nature of Suffering (Mr. Yee)

This course is an introduction to the study of Dante and to an understanding of suffering. What enables humans to persist through suffering? What are the causes of torment and, ultimately, what are the consequences of sin? Through a close, guided reading of Dante's Inferno and supplemental articles and images, students will gain an appreciation of the breadth and depth of Dante's hell - and imagine their own. Assignments will include readings, online resources and seminar discussions, as well as a project on one canto.

Lewis and Clark: A Journey of Discovery (Mr. Krueger)

This course would examine the journey of the Corps of Discovery, known as the Lewis and Clark Expedition. These were the first Americans to view the West in its most unspoiled state. Who and what did they find? What changes have occurred over the last two centuries? We will analyze Ken Burns' masterful film and read excerpts from the Journals of Lewis and Clark and other primary sources. Students will then select a portion of the route of the Expedition, e.g. the Missouri River, the Rockies, the Plains, the Great Falls, the Columbia River Gorge, and explore changes over the last two centuries. The focus of this exploration of change could be historical, sociological, environmental or political. In addition, students will plan to travel to their portion or portions of the route for first hand research. This could be accomplished by bicycle, canoe, foot, or even keel boat.

Go Climb A Rock! (Ms. Baldwin)

Have you ever scrambled up a mountain side and felt on top of the world? Wondered about the physics of fissures or the biomechanics of a rock climber? In this hands-and-toes-on AE, we will learn the basics of climbing at Mission Cliffs Rock Climbing Center and touch an actual fault in a city park. Back in the classroom, we will study the science behind the sport through discussions of geology, physics, and psychology as we read excerpts including Jon Krakauer's Into Thin Air: A Personal View of the Everest Disaster. Students will research an expedition of their choice for a final project. Prerequisites: \$60.

facilities fee and parental or guardian permission to climb.

Following Your Heart: Civil Disobedience and Social Justice (Mr. Daniels, Ms. Rinaldi, Ms. Ershler)

You've been studying Martin Luther King since elementary school, but how do civil rights affect you? As a California resident you honor the birthday of Cesar Chavez, but do you know who the United Farm Workers are? Have you heard about the churchwomen murdered in El Salvador in the 1980s or the School of the Americas (SOA)? Following your heart doesn't require adhering to any particular political agenda, but it does mean acting according to your conscience. This class will explore your individual beliefs and invite you to consider the question: will you stand up for what you believe in? Find out through in-class discussions, readings and guest speaker presentations, movie clips and participation in an SHCP approved form of non-violent protest such as a local march, an optional trip to the demonstration to close the SOA, letter writing and other activities.

Don't Call it Frisco! A Look at Our Urban Experience (Ms. Houghton)

From skyscrapers to street performers, the modern city is a living organism. This course will introduce students to the discipline of urban planning and explore how urban living positively and negatively affects the individual. We will touch upon art, commerce, politics and community building, health, environment, media and gentrification. Assignments will include readings, written responses, discussions and a final group project on one aspect of our urban experience.

How We Know What We Know: Psychology, Research and Life's Important Questions (Mr. Joe Gumina)

This course will survey how researchers set up, conduct, and interpret studies focused on the how's and why's of human behavior. As we consider the ethics and efficacy of research we will learn the basics of introductory Psychology through examining some of the most influential studies ever conducted. Students will have the opportunity to set up an original study as we think about thinking!

The Empire of the Incas (Mr. Wallace)

This course will uncover the legacy and the importance of the magnificent Incas through their recorded and architectural history, their stories and music, their handcrafts and food. We will glimpse the history of the Inca civilization prior to the Spanish conquest, examine the changes brought by Spanish culture, and explore the continuing contributions of the Inca over the past five years of colonization. Assignments will include active attendance of class and field trips, and a short research project. Materials fee: \$25.00.

Characters in Every Window: Creative Writing (Ms. Lyons)

Parent and writer Stephanie Lyons mingles her expertise with the students' own passion in this writing workshop. Students will engage in exercises such as creating character biographies and plot outlines as we explore various literary genres. The goal of the class is to craft and polish an original work of writing for publication in the Oracle or another venue. We will write and critique shared work each week. J. K. Rowling says that ideas for her characters were everywhere as she wrote: in every conversation she overheard; in every sign she glimpsed out of the train window. While students may not produce a Harry Potter, how will you know whether you might, unless you try?

Life is a Highway: Auto Mechanics & Maintenance (Mr. Andruha)

SHCP Math Instructor Dimitri Andruha will offer a fun and hands-on look at the basic design and maintenance of automobiles, as well as a look into the future of automobile engineering. After safety instruction, we will do everything from an oil change to a brake job. We will speak to engineers who use mathematics to build cars, examine public transportation, and finish the course with a short research project into alternative fuel sources.

Design in Motion: Designing for Film, Television and Theater (Mr. Kristant)

This course will take a look at the vital role of the designer in the performing arts with SHCP Theatre Company's own Technical Director, Mr. Christopher Kristant. Students will learn the basic theories and skills to design scenery, costumes, lights and sound. We will be creating our own Scale Models, Costume Renderings, Color Charts, Soundtracks and more. Students will require some art and drafting supplies.

Arabic Dance (Ms. Zarour)

What is the origin of Arabic dance? Where do the pulsing voices and rhythms of Middle Eastern music come from? How do music and community play similar roles in our lives? Why do stereotypes about the Middle East persist? Can I dance?! Come learn the answers to these and other questions about the art of belly dancing from ancient civilizations to modern times and to individual dancer's ears, feet and hips. SHCP Communications Associate and dancer Sawson Zarour will share her knowledge of

belly dancing in our new Fitness for Life Dance Studio. On the dance floor, students will practice isolated movements, variations of the dance, and community dancing. Music and materials fee: \$25.00.

The Development of Civil Rights & the Law (Honorable Ellen Chaitin)

Judge and Parent Ellen Chaitin returns to the SHCP classroom to explore the restless relationship between civil rights and the law in the United States. Students will trace civil rights from the earliest laws to the most current and provocative issues, and will investigate the role of the courts, friend and sometimes foe, in the development of civil rights. Classes will include discussions, guest speakers, viewing documentary and popular films, and perhaps mock appellate arguments. See you in court!

Cooking for Community (Ms. Buell, Mr. Holper)

Through reading, discussion and especially cooking and eating, we will examine the role that creating a meal plays in shaping communities, whether those communities are families, friends, or strangers brought together by circumstance. We will involve ourselves with all aspects of sharing a table: selecting elements of the meal, choosing ingredients, preparation techniques, cooking skills and guest lists. Students will be asked to read one of the following novels PRIOR to the first class: *A Year in Provence*, Frances Mayes; *Under the Tuscan Sun*, Peter Mayle; or *Like Water For Chocolate*, Laura Esquivel. Materials and ingredients fee: \$40.00.