



Summer Camp Lesson Plan

Week: _____ Theme: S_____

Upper/Lower

Outdoor/Indoor

Day 1	Day 2	Day 3	Day 4	Day 5
Activity: Yogurt Parfaits	Activity: Smoothies	Activity: Salsa	Activity: Waffles	Activity: Ants on a Log
Lesson Sequence: - Have the classroom follow the cooking with you step by step - Start with adding a layer of vanilla yogurt - Add the cut strawberries and bananas(I recommend having these precut for safety reasons) - Finish the parfait off with granola and a spoon and it will	Lesson Sequence: - On this website there are a variety of smoothies you can choose from - Follow instructions on this website https://www.kids-cooking-activities.com/simple-smoothie-recipes.html	Lesson Sequence: - Follow instructions on this website http://www.sneakymommies.com/easiest-homemade-pico-de-gallo-ever/ - The recipe provided above calls for jalapeno, this may be too spicy so feel free to skip that step - Tip: Depending on the grade level you are working with, Pre-cut the vegetables for the	Lesson Sequence: - Start by making the pancake batter and have pre cut bananas and strawberries - Cook the waffles with a mini waffle maker - Plate the waffles and add desired toppings to the waffles!	Lesson Sequence: - Cut celery sticks 3-4 inches long - Spread a spoonful of peanut butter on the inside of the celery and add raisins on top, these will be the “ants” - Plate the snack and serve to eat



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be ready to eat		little ones - Feel free to divide class in groups for easier clean up		
Supplies Needed: Clear Cups, knives, cutting board, bananas, granola, spoons, vanilla yogurt	Supplies Needed: Fruit of your choice, knives, cutting boards, blender, straws, milk, ice	Supplies Needed: Diced tomato, onion, cilantro, lime juice, salt, cutting boards, plastic serrated knives, spoons, bowls and tortilla chips	Supplies Needed: Waffle maker, syrup, plates, bananas, strawberries, forks, pancake mix	Supplies Needed: