

Fruit and Vegetable Micro Forest

A fruit and vegetable micro forest is a small, dense planting of fruit and vegetable trees and shrubs. It is designed to mimic the structure and function of a natural forest, and to provide a high yield of food in a small space.



Micro forests can be planted in a variety of settings, including backyards, community gardens, and urban areas. They are a sustainable and productive way to grow food, and they can also provide a habitat for wildlife. You can combine this with other non fruit producing trees.

Here are some of the benefits of fruit and vegetable micro forests:

- They provide a high yield of food in a small space.
- They are a sustainable way to grow food.
- They can help to improve air quality and reduce noise pollution.
- They can provide a habitat for wildlife.
- They can increase property values.

If you are interested in creating a fruit and vegetable micro forest, there are a few things you need to do:

1. Choose a sunny location with well-drained soil.
2. Prepare the soil by removing weeds and debris.
3. Plant the trees and shrubs in a dense pattern.
4. Mulch the area around the plants to help retain moisture and suppress weeds.
5. Water the plants regularly, especially during the first year.

With proper care, your fruit and vegetable micro forest will provide you with fresh, healthy food for years to come.

<https://travis-tx.tamu.edu/2021/03/24/micro-orcharding-in-urban-growing-spaces-by-reed-burnam/>