

Individual Volunteer Opportunities in Columbia!

Organization	Location	Description	How to Sign Up
Service Saturdays (USC)	Multiple areas in Columbia, transportation provided by the university	Various activities in the Columbia area, hosted by USC Leadership and Service Center	https://sc.edu/about/offices_and_divisions/leadership_and_service_center/service_opportunities/volunteering/service_saturdays/index.php
Gamecock Pantry (USC)	McBryde– 701 Assembly Street Suite 4000 Columbia, SC 29201	Work at the Gamecock Pantry and help when food is dropped off	https://sc.edu/about/offices_and_divisions/leadership_and_service_center/service_opportunities/volunteering/gamecock_pantry/index.php
Final Victory Animal Rescue	West Columbia– 919 N Lucas St. West Columbia, SC	Walk dogs, clean kennels, and more	https://www.finalvictoryrescue.com/volunteer
Girls on the Run	Multiple areas in Columbia!	Volunteer as a running buddy, with registration, water stations, or other activities	https://www.gotrcolumbia.org/volunteer#jump_to_group
Harvest Hope	Near the stadium– 2220 Shop Road Columbia, SC 29201	Sort and organize food donations	https://www.harvesthope.org/get-involved/volunteer
Meals on Wheels	Multiple areas in Columbia!	Pack and/or deliver meals to seniors in the community	https://www.seniorresourcesinc.org/volunteer/
Pawmetto Lifeline	Harbison area– 1275 Bower Parkway, Columbia SC 29212 2275 Bower Parkway, Columbia SC 29212	Help with different tasks around the animal shelter	https://pawmettolifeline.org/get-involved/become-a-volunteer/

Prisma Health	Multiple locations in Columbia!	Escort visitors, deliver mail, work with hospice patients, and more	https://prismahealth.org/volunteers?_ga=2.8664373.1411164257.1672863608-1826522235.1667961059
Ronald McDonald House	Prisma Richland– 2901 Colonial Dr, Columbia, SC 29203	Work in the family room, talk with families and help with other tasks	https://rmhcofcolumbia.org/volunteer/
The Arc of South Carolina	Cayce– 1202 12th St, Cayce, SC 29033	Help at events that support those with physical and intellectual disabilities	https://www.arcsc.org/volunteer
Halcyon Hospice	West Columbia– 140 Stoneridge Dr Suite 630, Columbia, SC 29210	Provide hospice patients and families with companionship	https://internal-lhcgroup.icims.com/jobs/148478/hospice-volunteer/job
Transitions Homeless Center	Main St– 2025 Main St, Columbia, SC 29201	Serve meals, help at the day center, and more	https://transitionssc.org/volunteer-2/
Conversations to Remember	Virtual!	Videochat with seniors to help prevent loneliness and isolation, and promote friendship. There is a requirement that you volunteer once/week for at least 16 weeks.	https://conversations-toremember.org/
Good Samaritan Clinic	Chapin- 1808 Chapin Rd, Chapin, SC 29036	Assist at the free medical clinic! This is a great way to get hands on medical experience and help the community!	https://www.goodsamaritansc.org/aboutus Reach out to Susan Boland if interested: kdsboland@bellsouth.net

United Way of the Midlands also has a great list with hundreds of volunteer opportunities, which you can see at <https://volunteer.uway.org/need/>

Organizations not currently taking volunteers but to check up on:

- Free Medical Clinic
- Riverbanks Zoo

If there are any organizations you currently volunteer for and you think we should add to this list, please send Claire an email at commhealth.uscsna@gmail.com with the name of the organization and any other information you'd like to share about it :)