



## 2026 Summer Swim Team

Registration: Returning Swimmers **May 4-16**

New Swimmers **May 11-16**

[www.fergusfallsswimming.org](http://www.fergusfallsswimming.org)

**Mission:** Encourage and promote swimming excellence while developing sportsmanship, integrity and a passion to do your best

**Motto:** Swimming with Purpose

We are a competitive swim club with practices designed around teaching: the four competitive strokes (free, back, breast, fly), racing starts and turns, and competitive swim distances. We do not provide or teach group or private lessons.

**\*Summer Practice Location: YMCA pool due to KSS pool renovation project**

### 2026 Summer Season

#### June 1 - June 5 Practice Times (School still in session)

	Monday	Tuesday	Wednesday	Thursday
<b>8 &amp; Under</b>	6:30-7:00 pm	6:30-7:00 pm	No practice	6:30-7:00 pm
<b>9-12</b>	7:00-7:45 pm	7:00-7:45 pm	No practice	7:00-7:45 pm
<b>Seniors</b>	7:45-8:45 pm	7:45-8:45 pm	No practice	7:45-8:45 pm

#### June 8 - July 16 Practice Times (Summer schedule)

	Monday	Tuesday	Wednesday	Thursday
<b>8 &amp; Under</b>	6:15-6:45 pm	6:15-6:45 pm	6:15-6:45 pm	6:15-6:45 pm
<b>9-12</b>	6:45-7:30 pm	6:45-7:30 pm	6:45-7:30 pm	6:45-7:30 pm
<b>Seniors</b>	7:30-8:45 pm	7:30-8:45 <b>am</b>	7:30-8:45 pm	7:30-8:45 <b>am</b>

- Summer season is June 1 - July 16 at the YMCA pool. Practice schedule is above.
- Coaches will email which practice times to attend once registration closes. **Coaches may move swimmers to a different practice time once the season begins based on skill level.**
- NO LATE REGISTRATION WILL BE AVAILABLE
- Register at <https://www.teamunify.com/team/recmnfff/page/team-registration>; this link will include location-specific registration requirements.
- Questions? You can email [fergusfallsflyers@gmail.com](mailto:fergusfallsflyers@gmail.com) Team website: <https://www.gomotionapp.com/team/recmnfff/page/home>
- New to swim? Feel free to reach out with questions! There will be a short swim test for all new swimmers May 26th (coaches will be in touch regarding time).
- Swim meet dates/times TBD (meet attendance not required). Potential meet dates: June 5-7 Alexandria Invite; June 12-14 Island Park Invite (Fargo); June 26-28 West Fargo Summer Explosion Meet**