



Learning at Home Choice Board

These are home learning options that you can mix-and-match. There are options for ELA, Math, Science, and Social Studies ([offline](#); [online](#)) and Computer Science, Fine Arts, Health/PE, and World Languages ([offline](#); [online](#)).

Make and carry out a plan for the week.

Steps

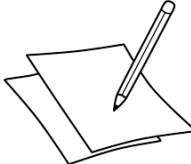
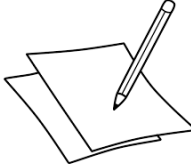
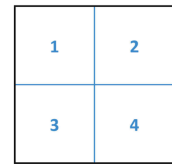
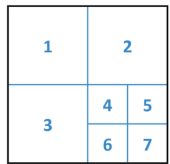
1. You should aim for at least 15 total choices per week, choosing every content area at least once. You can also revisit choices from previous weeks.
2. Review the [offline](#) and [online](#) options on the following pages to help your planning.
3. Create a SMART Goal in a table like the one below to make a plan for your work.
4. Complete your plan for the week. As you work, share and discuss with a friend or family member.

Specific	• What options will I choose? • How will I organize my work?	
Measurable	• How will I know that I have accomplished my goal?	
Achievable	• How can I accomplish my goals for the day and for the week? • Where is the best place for me to do my work?	
Relevant	• How does this journal fit with my life at home? • How does this journal align with my classes at school?	
Time-bound	• When will I work? • How much time will I dedicate to working each day? • How will I pace myself?	



Offline Options – You should aim for at least 15 total choices per week, choosing every content area at least once.

As you work through these activities, please be mindful of your personal health and well-being as well as that of those around you. Be safe, work with an adult when possible/necessary, and practice social distancing.

	English Language Arts	Mathematics	Science	Social Studies								
Offline  Option 1	Write a Haiku, a 3 line poem. First line has 5 syllables Second lines has 7 syllables Third line has 5 syllables Haikus are often written about seasons, nature or animals. They don't need to rhyme. Here is an example:  Sand scatters the beach Waves crash on the sandy shores Blue water shimmers	Whitney's 9 cousins are coming to visit, and she wants to make them each a gift bag. She wants to put an equal number of candies in each bag, eat 3 candies herself, and have none left over. <table><tr><th>Candy</th><th>Candies per Bag</th></tr><tr><td>Lemon Sours</td><td>147</td></tr><tr><td>Strawberry Kisses</td><td>216</td></tr><tr><td>Pineapple Sweets</td><td>193</td></tr></table> 1. Which bag of candies should she buy? Show all of your work. <i>Hint: Can you remember a divisibility rule to help?</i> 2. How many candies will each cousin get? Show all your work.	Candy	Candies per Bag	Lemon Sours	147	Strawberry Kisses	216	Pineapple Sweets	193	This is a week of self-documentation! Take pictures or draw in a notebook to document in your home ways that you are using science ideas to protect the Earth's resources and environment. What is in your pictures? Where did you take the pictures? How do these pictures show how your family uses science to protect the Earth's resources and environment?	In Revolutionary War times, people would send letters and seal them with a wax stamp. The design would give a clue of if they were a <i>patriot</i> or a <i>loyalist</i>.  • <i>Patriots</i> used stars and stripes, eagles, or the Eye of Providence (the eye and pyramid design you can find on the back of dollar bills). • <i>Loyalists</i> used crowns, lions and unicorns (symbols of England). If you were living during this time and wrote a letter to a friend, what would your seal look like? Are you a <i>loyalist</i> or <i>patriot</i>?
Candy	Candies per Bag											
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Offline  Option 2	Read a poem aloud at least twice. Can you memorize the poem? Can you record it and send it to your teacher or a friend? My Frog is a Frog By Jack Preslutsky My frog is a frog that is hopelessly hoarse, my frog is a frog with a reason, of course, my frog is a frog that cannot croak a note, my frog is a frog with a frog in its throat.	Square Cakes For my party, I want a square cake with square slices. How many people can I have at my party?  Party for 4  Party for 7 (Adapted from https://playwithyourmath.com/)	This is a week of self-documentation! Take pictures or draw in a notebook to document the types of food in your home and how your family prepares it. What is in your pictures? Where did you take the pictures? How do these pictures show where the matter and energy in food comes from and how the matter and energy is changed when it is cooked?	Let's make dried apples like people in Colonial America did! Note: They did not have refrigerators like we do today, so they often dried their food. With an adult, peel, core, and cut 2 apples into rings. Pass some string through the apple rings. Hang the apples up to dry. This will take about three weeks. You can then sprinkle some cinnamon on them and eat them!								

Online options on the next page →



Online Options – You should aim for at least 15 total choices per week, choosing every content area at least once.

As you work through these activities, please be mindful of your personal health and well-being as well as that of those around you. Be safe, work with an adult when possible/necessary, and practice social distancing.

	English Language Arts	Mathematics	Science	Social Studies
Online  Option 1	<u>Poem Scavenger Hunt</u> Find a poem you like from Poems Kids Like. Read it aloud a few times and share it with someone. Draw or find a picture that would be a good match for the poem. Maybe even use the week to memorize the poem! Can you record yourself reading it and share it with your teacher or a family member?	1. Engage in Volume: Intuitive Introduction from Geogebra.org and see if you can scroll down and answer the follow-up questions. 2. Do a student preview of one of the HIDOE grade 5 choice board activities that has been “desmosified” by Jay Chow.	This is a week of self-documentation! Watch the Maka Energy Conservation Video and read Maka the Super Energy Saver. Take pictures or draw in a notebook to document in your home ways that you are conserving energy. What is in your pictures? Where did you take the pictures? How do these pictures show how your family conserves energy?	We know that George Washington was the first President of the United States. What did he do before that? Read about George Washinton and find out three important things that he did before he became president. Write a short paragraph about each of these and read them to someone.
Online  Option 2	Write a poem using one of the seven styles here. Try a different style each day. 7 simple poetry styles <u>Watch Channel 356</u> Monday 10:44am. <i>NBC Writers Speak to Kids</i> Listen to Jeff Kinney, author and illustrator of the “Diary of a Wimpy Kid”, series and other authors talk about their writing process and how they develop characters. What did you learn about writing? What surprised you?	Go to Khan Academy 5th Grade Math. Select a category you’ve already studied (left-hand menu). Choose a Topic of interest. Watch the Video Tutorials. Complete the questions under the Practice section.	This is a week of self-documentation! Watch Cheeseburger Chemistry. Take pictures or draw in a notebook to document the types of food in your home and how your family prepares it. What is in your pictures? Where did you take the pictures? How do these pictures show where the matter and energy in food comes from and how it is changed when it is cooked?	Children in Colonial America didn’t have a lot of time to play. When they did, their games looked a lot like many that are still played today. Look at Colonial Pastimes. Have you done any of these? If yes, which ones? Skim the rest of the pages to learn more about colonial pastimes. Try some of them!

More content areas on the next page →



Offline Options – You should aim for at least 15 total choices per week, choosing every content area at least once.

As you work through these activities, please be mindful of your personal health and well-being as well as that of those around you. Be safe, work with an adult when possible/necessary, and practice social distancing.

	Computer Science	Fine Arts	Health	Physical Education	World Languages
Offline  Option 1	Steganography is an ancient practice used when spies in the Revolutionary War wrote in invisible ink or when Da Vinci embedded secret meaning in a painting. Draw a picture with a secret message hidden inside. Show your picture to someone else and see if they can find the secret message.	Start a daily visual journal.  Draw or use mixed media and create pages to show how you are feeling each day. What do you do when you are feeling this way?	Connect - Think about 5 things you like about yourself. Give yourself a compliment. How did that feel? Try complimenting someone else. 	Sports - Balloon Volleyball Make a net by tying a piece of yarn from one chair to another. Then use a balloon or beachball and start hitting the ball/balloon back and forth over the net! No net? No Problem! See how many times you can hit it in the air without it hitting the floor.	What do you like to eat? Recreate your favorite dish using a paper plate and construction paper (or other craft materials available at home). Label the food items in English and a world language.  Adapted from Leslie Grahn (@grahnforlang)
Offline  Option 2	Encryption can be as simple as letter substitution or as complicated as modern methods used to secure networks and the Internet. Write a reverse alphabet code (substitute a for z, b for y, etc. . .). Have someone else try to decipher your secret code.	How are you feeling today? Think of ways in which you can share your feelings through movement.  How has creating body movement helped with how you are feeling?	Refresh - Take a stretch break. Table → Plank → Table. Spread your fingers wide. Your shoulders should be above your wrists. Take a few breaths with each pose. How do your mind and body feel now?   Table Plank <i>Tip: Listen to your body. Stretches should feel good, not painful.</i>	Fitness - Do each of the following exercises: • Jumping jacks - 30 sec • High knees - 20 sec • Curl ups - 60 sec • Tuck jumps - 20 sec (jump as high as you can bringing your knees to your chest) • Push ups - 60 sec • Squats - 20 sec • Jump rope - 60 sec (use invisible jump rope if necessary) • REPEAT all 3 more times	Watch "Japanese for Kids" episodes #3 and 4 on HDOE channel 356 on 04/29/2020 at 9 a.m. After viewing: • Create drawings showing different colors (like the ones at the end of episode #3). Show the drawings to someone and practice saying which color(s) you like in Japanese. • Walk around your home and count the number of objects that have your favorite color(s) in Japanese.

Online options on the next page →



Grade 5 At-Home Learning Choice Board

Days 21–25 (Week 5)

Online Options – You should aim for at least 15 total choices per week, choosing every content area at least once.

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	Computer Science	Fine Arts	Health	Physical Education	World Languages
Online  Option 1	Read Spy Techniques of the Revolutionary War. Try one of the techniques to write a secret message and mail it to someone. For extra security, send the decoding directions via email or text message.	Start a daily visual journal. Watch the video Art Journal and practice. Draw or use mixed media and create pages to show how you are feeling each day. What do you do when you are feeling this way?	Nourish & Move - Get your 60 minutes of moderate to vigorous physical activity every day this week (See PE). Try a mindfulness activity before you start. <i>Tip: Wear sunscreen, drink water, take breaks, and use the appropriate protective gear as needed.</i>	Fitness - Les Mills Workout This Les Mills On Demand - Born to Move #21 (8-12) Don't Care workout is about 20 minutes long and includes moving, punching, jumping, dancing, yoga, and ends with relaxation. Pause the video whenever you feel like you need to take a break, catch your breath, or drink some water.	Visit Hello World: - Choose the world language. - select "Step by Step Lessons." - Choose "Food" to play all the games.
Online  Option 2	Read: Why Printers Add Secret Tracking Dots. See if your printer adds secret tracking dots to printouts.	How are you feeling today? Think of ways in which you can share your feelings through movement. Watch this video to help you with ideas. How has creating body movement helped with how you are feeling?	Personal Care - Notice your posture when you stand. What can you do to improve your standing posture? Keep your feet parallel to each other and shaka-distance apart. Stand with your back straight and tall. Bring your shoulders up toward your ears, then roll them back. Relax your arms at your side with your palms facing your legs.	Sports - You will need a partner to do the following Shadow Ball Stations: Basketball Soccer Volleyball Tennis Baseball Football Choose your activities based on the space and equipment that you have available.	Go to World Music for Kids: A Multilingual Round-up of Song Lists. Choose a world language culture. Listen, sing, and dance to the songs in that language. Perform the song to a family member.