Fort Osage Twelfth Grade Counseling Curriculum

Unit Title	Lessons	Standards			
Social and Emotional Development					
Big Idea: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities					
Who Am I And How Do I Fit Into The World	Life H.A.C.S. morning group You be You	-Utilize the skills necessary to exhibit and maintain a life-long positive self-conceptExhibit the ability to balance personal, family, school, community, and work rolesExhibit the personal characteristics of a contributing member of a diverse community.			
Big Idea 2: Interacting with Others in Ways that Respect Individual and Group Differences					
Interacting With Others in Ways That Respect Individual and Group Differences	Fort Support Individual Counseling Life H.A.C.S. morning group	-Practice interpersonal skills in order to help maintain quality relationshipsSelf-assess personal problem-solving and conflict-resolution skills to enhance relationships with others.			
	You Be You Fort Support GSA	-Promote acceptance and respect for cultural differences within the global community.			
Big Idea 3: Applying Personal Safety Skills and Coping Strategies					
Personal Safety Skills and Coping Strategies	Life H.A.C.S. morning group SOS Health Curriculum Individual Counseling	-Utilize decision-making skills to evaluate risk-taking behaviorEvaluate and review resources that address personal safety issuesAnalyze and refine coping skills to manage life-changing events.			
Academic Development					
Big Idea 4: Applying Skills Needed for Educational Achievement					
Learning for Life	STAR Time Embedded ACT questions in all curriculums	-Assess and apply educational skills necessary to progress toward life-long learning goals.			
	Practice ACT tests/ACT online prep	-Assess and apply a self-management system to meet increased academic demands.			
Big Idea 5: Applying the Skills of Transitioning Between Educational Levels					

Applying the Skills of Transitioning Between Educational Levels	College Adviser	-Utilize the achievement and performance skills necessary to transition to post-secondary options.			
Big Idea 6: Developing and Monitoring Personal Plan of Study					
My Personal Plan of Study	College Adviser	-Apply information to revise and implement a Personal Plan of Study necessary for lifelong learning.			
Career Development					
Big Idea 7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals					
Lifelong Learning and Goat Setting (Unit 1)	College Advisor Individual counseling CTC student certificates/training	-Utilize knowledge of the world of work; personal interest; and strengths and limitations to develop short-and long-term post-secondary plans.			
		-Know and understand the levels of training and education required for life and career goals.			
Navigating Through the World of Work (Unit 2)	STAR Time	-Utilize knowledge of career exploration and planning to adapt to new career and educational opportunities as the world of work and technology changes.			
		-Utilize career and educational information in career decision-making.			
Respecting All Work (Unit 3)		-Respect all work as important, valuable, and necessary in maintaining a global society.			
Big Idea 8: Knowing Where and How to Obtain Information About the World of Work and Post-Secondary Training/Education					
Lifelong Learning and Goal Setting (Unit 1)	College Advisor	-Utilize knowledge of the world of work; personal interest; and strengths and limitations to develop short-and long-term post-secondary plans.			
		-Know and understand the levels of training and education required for life and career goals.			
Navigating Through the World of Work (Unit 2)	College Advisor Individual Counseling	-Utilize knowledge of career exploration and planning to adapt to new career and educational opportunities as the world of work and technology changes.			
		-Utilize career and educational information in career decision-making.			
Respecting All Work (Unit 3)		-Respect all work as important, valuable, and necessary in maintaining a global society.			

Big Idea 9: Applying Skills for Career Readiness and Success			
Getting a Job	CTC classes	-Apply personal, ethical, and work habit skills that contribute to job success.	
		-Utilize appropriate job-seeking skills to obtain employment.	