

Fort Osage Twelfth Grade Counseling Curriculum

Unit Title	Lessons	Standards
Social and Emotional Development		
<i>Big Idea: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</i>		
Who Am I And How Do I Fit Into The World	Life H.A.C.S. morning group You be You	-Utilize the skills necessary to exhibit and maintain a life-long positive self-concept. -Exhibit the ability to balance personal, family, school, community, and work roles. -Exhibit the personal characteristics of a contributing member of a diverse community.
<i>Big Idea 2: Interacting with Others in Ways that Respect Individual and Group Differences</i>		
Interacting With Others in Ways That Respect Individual and Group Differences	Fort Support Individual Counseling Life H.A.C.S. morning group	-Practice interpersonal skills in order to help maintain quality relationships. -Self-assess personal problem-solving and conflict-resolution skills to enhance relationships with others.
	You Be You Fort Support GSA	-Promote acceptance and respect for cultural differences within the global community.
<i>Big Idea 3: Applying Personal Safety Skills and Coping Strategies</i>		
Personal Safety Skills and Coping Strategies	Life H.A.C.S. morning group SOS Health Curriculum Individual Counseling	-Utilize decision-making skills to evaluate risk-taking behavior. -Evaluate and review resources that address personal safety issues. -Analyze and refine coping skills to manage life-changing events.
Academic Development		
<i>Big Idea 4: Applying Skills Needed for Educational Achievement</i>		
Learning for Life	STAR Time Embedded ACT questions in all curriculums	-Assess and apply educational skills necessary to progress toward life-long learning goals.
	Practice ACT tests/ACT online prep	-Assess and apply a self-management system to meet increased academic demands.
<i>Big Idea 5: Applying the Skills of Transitioning Between Educational Levels</i>		

Applying the Skills of Transitioning Between Educational Levels	College Adviser	-Utilize the achievement and performance skills necessary to transition to post-secondary options.
Big Idea 6: Developing and Monitoring Personal Plan of Study		
My Personal Plan of Study	College Adviser	-Apply information to revise and implement a Personal Plan of Study necessary for lifelong learning.
Career Development		
Big Idea 7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals		
Lifelong Learning and Goal Setting (Unit 1)	College Advisor Individual counseling CTC student certificates/training	-Utilize knowledge of the world of work; personal interest; and strengths and limitations to develop short-and long-term post-secondary plans.
		-Know and understand the levels of training and education required for life and career goals.
Navigating Through the World of Work (Unit 2)	STAR Time	-Utilize knowledge of career exploration and planning to adapt to new career and educational opportunities as the world of work and technology changes.
		-Utilize career and educational information in career decision-making.
Respecting All Work (Unit 3)		-Respect all work as important, valuable, and necessary in maintaining a global society.
Big Idea 8: Knowing Where and How to Obtain Information About the World of Work and Post-Secondary Training/Education		
Lifelong Learning and Goal Setting (Unit 1)	College Advisor	-Utilize knowledge of the world of work; personal interest; and strengths and limitations to develop short-and long-term post-secondary plans.
		-Know and understand the levels of training and education required for life and career goals.
Navigating Through the World of Work (Unit 2)	College Advisor Individual Counseling	-Utilize knowledge of career exploration and planning to adapt to new career and educational opportunities as the world of work and technology changes.
		-Utilize career and educational information in career decision-making.
Respecting All Work (Unit 3)		-Respect all work as important, valuable, and necessary in maintaining a global society.

Big Idea 9: Applying Skills for Career Readiness and Success

Getting a Job

English classes
[CTC](#) classes

-Apply personal, ethical, and work habit skills that contribute to job success.

-Utilize appropriate job-seeking skills to obtain employment.