

	<h1>Curriculum Overview</h1> <p>Course: PE/Health Grade Level: 8 Meets: 2 x Week</p>				
	Cluster	Week 1	Week 2	Week 3	Week 4
September	Welcome and Team Building	Team Building Unit of Study 1.1	Team Building Unit of Study 1.1	Football Unit of Study 1.2	Football Unit of Study 1.2
October	Football, Soccer, and Fitness	Football Unit of Study 1.2	Soccer Unit of Study 1.4	Soccer Unit of Study 1.4	FitnessGram Unit of Study 2.2
November	Mental and Emotional Health	Unit 1: Addiction vs Habit	Unit 2: Marijuana and Opioids (Gateway Drugs)	Unit 2: Marijuana and Opioids (Gateway Drugs)	Unit 3: Vapes
December	Mental and Social Health	Unit 4: Healthy/Unhealthy Relationships	Unit 4: Healthy/Unhealthy Relationships	Unit 5: Suicide Prevention/Depression/Anxiety	
January	Physical Health Fitness	Unit 5: Suicide Prevention/Depression/Anxiety	Unit 6: Sexuality/Gender Identity	Unit 7: Personal Care	Unit of Study 3.3 Fitness Activities
February	Basketball, Volleyball	Unit of Study 2.2 Handball/Bowl-A-Rama	Unit of Study 2.3 Basketball		Unit of Study 3.1 Volleyball
March	Net Sports Kinball/Tchuckball	Unit of Study 3.1 Volleyball	Unit of Study 3.4 Kinball/Tchuckball	Unit of Study Net Sports	Fitness Gram testing



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	Cluster	Week 1	Week 2	Week 3	Week 4
April	<b>Fitness Wiffleball</b>	Track & field Unit of Study 4.4	Track & field Unit of Study 4.4	Track & field Unit of Study 4.4	Ultimate frisbee Unit of Study 4.3
May	<b>Cooperative games</b>	Ultimate frisbee Unit of Study 4.3	Ultimate frisbee Unit of Study 4.3	Lacrosse Unit of Study 4.3	Lacrosse Unit of Study 4.3
June	<b>Kickball</b>	Lacrosse Unit of Study 4.3	Cooperative team games Unit of Study 3.2		