

Abnormal Psychology Disorders

Instructions: You will be assigned a disorder from abnormal psychology.

1. Create a one-page visual that includes the following:
 - Define its characteristics
 - Behavior manifestation
 - Develop a treatment plan using **Three** different types of therapy
 - What would it consist of?
 - Why would it be effective?
2. Write a narrative explanation of your one page address:
 - Description of disorder/behavior
 - Explain the treatment approach and why it should be effective

Come prepared to present the disorder and treatment plan Tuesday morning.

One side will address the specific disorder and the other will present the treatment plan.

Be prepared to discuss your project.

Disorders to choose from:

<u>Disorder</u>	<u>Treatment/Methods of Therapy</u>
<ul style="list-style-type: none"> ● Anxiety Disorders <ul style="list-style-type: none"> ○ Panic Disorder ○ Generalized anxiety disorder ○ Obsessive-compulsive disorder (OCD) ○ Post-traumatic stress disorder (PTSD) ● Somatoform Disorders <ul style="list-style-type: none"> ○ Somatization disorder ○ Conversion disorder ○ Hypochondriasis ● Dissociative Disorders <ul style="list-style-type: none"> ○ Dissociative amnesia ○ Dissociative fugue ○ Dissociative identity disorder ● Mood Disorders <ul style="list-style-type: none"> ○ Major depressive disorder ○ Seasonal affective disorder ○ Bipolar disorder ● Schizophrenia <ul style="list-style-type: none"> ○ Disorganized schizophrenia ○ Paranoid schizophrenia ○ Catatonic schizophrenia ○ Undifferentiated schizophrenia ● Personality Disorders (choose specific disorder in the following categories) <ul style="list-style-type: none"> ○ Odd/eccentric ○ Dramatic/emotionally problematic ○ Chronic fearfulness/avoidant ● Developmental Disorders <ul style="list-style-type: none"> ○ Attention-deficit hyperactivity disorder (ADHD) ○ Autism ○ Anorexia nervosa ○ Bulimia nervosa 	<ul style="list-style-type: none"> ● Psychodynamic Psychotherapy <ul style="list-style-type: none"> ○ Contemporary psychoanalysis ● Humanistic Psychotherapy <ul style="list-style-type: none"> ○ Client-centered therapy ○ Gestalt Therapy ● Behavior Therapy <ul style="list-style-type: none"> ○ Behavioral Therapies that Emphasize Classical Conditioning ○ Systematic Desensitization and Exposure Techniques ○ Aversion Conditioning ● Behavioral Therapies that Emphasize Operant Conditioning ● Cognitive-Behavior Therapy <ul style="list-style-type: none"> ○ Rational-Emotive Behavior Therapy ● Cognitive Therapy ● Group Therapy <ul style="list-style-type: none"> ○ Group/Family Therapy ● Biomedical Therapy <ul style="list-style-type: none"> ○ Psychosurgery ○ Electroconvulsive therapy (ECT) ● Psychoactive Drugs <ul style="list-style-type: none"> ○ Antipsychotics ○ Antidepressants ○ Anxiety medications ○ Lithium