In this novel “Breaking Through”, Helen Keller's life is narrated. Although there is no well-plotted,tense and mysterious story, people can feel that she is indeed extraordinary from the description of her life in the book.

I think Helen Keller was very powerful and smart. Although she did not have a sound body, she was not only deaf, but also blind. When she met Mrs. Sullivan, she learned braille very quickly, and overcame many difficulties, She also published her own biography to a bright world. On the contrary, we all have a healthy body, but we do not make good use of it sometimes. We complain all day long. Is this behavior good or not? We need to think about. So we have to learn the spirit of overcoming difficulties from Helen Keller. In other words, be brave to face the setbacks and difficulties we encounter in life and be a person who has the courage to face challenges.

Because she lost her eyesight, she could not feel the colorful rainbow after the rain, nor could she appreciate the brilliance of the bright moon, and could not appreciate the beauty of nature with her eyes, Helen Keller experienced the world with her heart.

Her indomitable spirit is like a plum blossom. Even in the harsh winter, the plum still blooms freely. It is admirable for her spirit of hard work. As Helen Keller famously said: “The face of light, shadow just behind us.”