

Day 5, Lesson 2: Repentance, a Change of Heart

Objective

Repentance is remorse over sin, believing the gospel, and the forsaking of sin; Repentance is entirely the work of God

Learning Outcome

Describe how an unbeliever's life changes through repentance.

Confirmation Exercise Questions

- #15. To whom does the Law belong according to the Bible? To the unbelieving.
- #19. What is true repentance or conversion? True repentance is remorse and distress over sin, believing in the proclamation of the forgiveness of sins in Jesus Christ. This is followed by a change of heart and battle against sin.

Reference Material

Booklet Song:

This world of pain and loneliness / Brought only desolation. / Now I have hope and happiness, / True peace and consolation. / No more I roam, / But with His own, / I travel home, in Zion's battling throng. (SHZ 321 v.6)

Booklet Text:

For God so loved the world, that he gave his only begotten Son. (John 3:16)

Additional Reference Material

SCRIPTURE

John 13:34,35; 17:11,21,22; Acts 2:42,44-47; Eph. 4:3-6; 1 John 5:1; 2 Kings 5; Luke 15:10-24; John 3:1-8; 10:9; Matt. 16:19; Acts 8:26-38; 9:1-18; 10:23-48; Rom. 10:13-17; John 3:16; Rom. 6:20-23; Eph. 2:8; Gal. 5:16-26; Tit. 3:1-8; James 2:17,18,20

CURRICULUM

- Lesson 3.8

ADDITIONAL LESSON POINTS

- There are three parts of conversion identified in the Augsburg Confession.
- Through the means of repentance narratives in the Bible and real-life experiences, the student will understand that God has established a single means of entering the fellowship of His grace which we call conversion.

- Conversion happens in only one way; it is not a process of evolving, but is a particular event which happens in the twinkling of an eye.

RESOURCES

- [By Faith 19a](#), [By Faith 24](#); Christian Doctrine 71; Augsburg Confession Article XII
- [The Treasure Hidden in the Field](#), J. Uljas, pages 41-48
- VZ: [Bible Concepts: Repentance, S. Särkiniemi, Feb. 1994, page 12](#); Repentance, J. Uljas, June 1998, page 5.