

Sunrise Daily Readers

Business Meeting Agenda | March 31, 2025

- I. **Opening: 8:20 a.m. EST (1 min.)**
 - A. **All:** Serenity Prayer
 - B. **Tradition Two** For our group purpose there is but one authority a loving God as he may express himself in our group conscience our leaders are but trusted servants they do not govern.

- II. **Approval and Vote of the 2.28.25 Meeting Minutes (2 min.)**
 - A. To view these minutes, [click here](#). Please read the minutes ahead of time as we will not be reading these in the business meeting.

- III. **Officer Reports (10 min. total)**
 - A. **Secretary/CMA's report (1 min.)**
 1. Does anyone want to volunteer to be the Secretary/CMA?
 - a) Writes the Business Meeting agenda with the Business Chair.
 - b) Takes meeting minutes and posts them in the Newsletter.
 - c) Manages group correspondence.
 - d) Is proficient with Google Docs, Forms, Sheets, and Sites.
 - e) Updates AI-Anon change forms.
 - f) Provides announcements.
 - g) Term is 6 months
 - B. **Group Representative report (2 min.)**
 1. Does anyone want to volunteer to be the Alternate Group Representative?
 - a) Attends the [District Meeting](#) when the GR cannot attend.

(1) Second Saturday of the month from 7am - 8am EST with 15 min of fellowship before and after
 - C. **Treasurer's report (4 min.)**
 1. [Treasurer Report](#)
 2. Motion to create a co-Treasurer position ([click here](#) for Officer Positions long form)
 - a) Does anyone want to volunteer to be the co-Treasurer
 - b) Must be a US Citizen, have a SS Card, and live near a Chase bank.
 3. Motion to return to contributing to AI-Anon monthly (10% to WSO, GEA, District 9)
 - D. **Contact List Coordinator's report (1 min.)**
 - E. **Host Trainer Report (1 min.)**
 - F. **Newcomer Liaison Report (1 min.)**
 1. [Newcomer Liaison Report](#)

IV. Service Positions Signup (10 min. total) To signup for host or chat poster by form ([click here](#)), by email (sunrisedailyreaders@gmail.com), or by signing up during the Business Meeting. Term: 1 month.

A. Hosts (5 min.) [Summary of Duties](#): Must have been trained by Host Trainer. Duties are to assign co-host(s), mute non-contributing participants, and stay on until 8:30 a.m. Term: 1 month.

1. Monday - Ginger
2. Tuesday - Rhona (via Google Forms)
3. Wednesday - Julie C (via Google Forms)
4. Thursday - Angel Y (via Google Forms)
5. Friday - Kim I
6. Saturday - Mara
7. Sunday - Terry T (via Google Forms)

B. Chat poster (5 min.) [Summary of Duties](#): Post [Chat Poster Script](#) in the Zoom team chat. Term: 1 month.

1. Monday - Anne
2. Tuesday - Rhona
3. Wednesday - Guru Surya
4. Thursday - Lisa P
5. Friday - Kim I
6. Saturday - Susan J (via Google Forms)
7. Sunday - Judy Maine

V. Scripts Committee: (15 Minutes) (Agenda Owner: Peter, discussed in Business Meeting on 9.31.24, in Scripts Committee: 7.27.24, 3.17.25, 3.26.25) - The committee met and revised the script which can be viewed by [clicking here](#).

VI. Newcomer Greeter proposal: (5 Minutes) (Agenda Owner: Guru Surya, discussed in Business Meeting: 2.28.25, in Newcomer Steering Committee: 2.16.25)

A. Proposal ([Click here](#))

VII. Tradition meeting link proposal (5 Minutes) (Agenda Owner: Guru Surya, discussed in Business Meeting on 2.28.25)

A. Traditions Chairperson's Script ([Click here](#)) proposes that there be a link at the top of the Chairperson Script to a "Last Saturday Tradition Meeting Script" which I offer here.

B. Main changes:

1. We meet daily from 7:00 a.m. - 8:15 a.m. EST, followed by fellowship until 8:30 a.m. The last Saturday of the Month is a Tradition meeting, *WHICH IS TODAY, where we share readings on the tradition of the month {{insert month/#, ex: It's March, the third month, so we'll look at Tradition 3}} from our four daily readers. Please use the index or search feature to find an appropriate reading.*

2. Now we'll need 4 volunteers *to select readings on the tradition of the month, Tradition ____*, from our daily meditation books. *Please tell us the date and page number of your reading:*
 - a) Would someone volunteer to read *on Tradition ____* from One Day at a Time? *Thank you, That was One Day At a Time from ____ (date) ____ on page ____*
 - b) Would someone volunteer to read *on Tradition ____* from the Courage to Change? *Thank you, that was Courage To Change from ____ (date) ____ on page ____*
 - c) Would someone volunteer to read *on Tradition ____* from Hope for Today? *Thank you, That was Hope For Today from ____ (date) ____ on page ____*
 - d) Would someone volunteer to read *on Tradition ____* from A Little Time for Myself? *Thank you, That was A Little Time For Myself from ____ (date) ____ on page ____*

VIII. New Business (5 minutes total)

A. Group Dominance (5 minutes) - (Agenda Owners: Rose W./Rhona, not discussed yet)

1. Suggestion to add to our format the following statement: "If you read or shared at yesterday's meeting, we ask you to hold back so that others may have the opportunity to read or share. Participation is the key to harmony."
2. Some feel that the trend of lengthy daily updates unrelated to alcoholism from certain individuals may unintentionally dominate the conversation, limiting time for newcomers, those in crisis, and others to participate in ways that closely align with Al-Anon's purpose. Members can be encouraged to focus on the readings or on issues related to living with or supporting someone affected by alcoholism.

B. Sponsorship (Agenda Owner: Tori P., not discussed yet)

1. Proposal to incorporate a dedicated section for willing sponsors in our meeting script and phone list. Aligning with the core principle of Al Anon to pay it forward after working the steps, this addition aims to foster a supportive environment for those seeking guidance in their recovery journey.

C. Weekly Tradition Study (Agenda Owner: Candis C, not discussed yet)

1. Proposal for weekly study sessions on the Traditions from "How Al-Anon Works" with shared reading duties, aiming to foster personal growth among members. Following the completion of the Tradition study, the group plans to transition into studying the steps, highlighting the

significance of focusing on the program for collective recovery and individual progress.

D. Cross-talk: Spoken and In the Chat (Agenda Owners: Renee, not discussed yet)

1. Proposal to implement a practice to mute or remove individuals who call each other out by name in the chat over disagreements, as it can be embarrassing and detract from creating a welcoming, safe space.

E. Restricting the chat to host and co-host until the last 15 minutes of the meeting (Agenda Owner: Anonymous, not discussed yet)

F. Adding AI-Ateen readers to the readings (Agenda Owner: David W., not discussed yet)

IX. Old Business

A. Group Inventory with External Facilitator (Agenda Owner: Rebecca C, discussed in Business Meeting on 09.24.23, 11.30.23, 10.31.24, 1.31.25)

1. In previous discussions, the group voted to have a group inventory and to follow the recommendations of an experienced inventory facilitator. At the January meeting it was decided to have Judy, Group Representative, ask the WSO for support in obtaining a skilled facilitator, which was voted on and passed with 17 in favor and 1 opposed.

B. AA's Big Book and 12X12 (Agenda Owner: Amy C., Discussed in Business Meeting on 11.30.23)

1. The group is considering whether to reference AA's Big Book and 12X12 in their meetings to allow members to share insights, strength, and hope gained from these texts. At the first discussion, there was a consensus within the group to maintain focus within AI-Anon and discourage reading from the AA book during their meetings. Instead, they recommend interested individuals attend dedicated AI-Anon Big Book meetings to preserve the distinct nature of AI-Anon meetings. Possible motion: Constrain references to literature to AI-Anon literature only.

X. Closing: 9:15 a.m. EST (2 min.)

A. Motion to Close

B. All: Serenity Prayer