



Sonoma Valley Unified School District

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SVUSD Food Services

Students with Food Allergy Reference Document

Contact Information

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- **Office Managers**
All sites

Procedures

Parents/guardians of students with special dietary restrictions must have a Medical Foods Form filled out and on file in the student's school office. Copies should be provided to the school kitchen, Food Service Manager's Office, and Health Tech office.

Federal Guidelines

The guidelines distinguish between accommodations for students with disabilities versus food intolerance or other medical reasons. The Medical Foods Form specifies:

- **Participant with a Disability or Medical Condition**
Schools and agencies participating in federal nutrition programs must comply with requests for special meals and any adaptive equipment.
- **Participant Without a Disability**
Schools are encouraged to accommodate reasonable requests for special meals due to food intolerance or other medical reasons, but food preferences are not an appropriate use of the medical form.

A licensed physician, physician assistant, or nurse practitioner must complete and sign the medical form.

Training

The Food Service Department staff are trained in cross-contamination prevention by the Sonoma County Department of Health Services.

K-5 Schools Procedures

When students sign up for lunch in the morning, parents or students can inform the kitchen directly, or notify the Educators who will then inform the kitchen. This ensures that special accommodations can be made prior to service, following the procedures listed above and on the medical form.

Secondary Sites Procedures

Secondary sites have more products available during lunch and will make special arrangements when orders are placed in advance, following the procedures listed above and on the medical form.