

Food you must try

- Tortilla Espanola (best one as a sandwich at [Tres Encinas](#)) but also good as a pincho from wherever. But you should try it from this spot, you can get it to go! Right next to my grad school, ate it daily. SO GOOD WARM, and cold too!
- Pan con tomate
- Patatas Bravas
- Paella, probably
- Magdalena (muffins in the morning)
- Pimientos de Padron
- Empanadas from little side places that look good and are Argentinian
- Cortados, probably
- [Kebab from Besmillah](#)
- [Moroccan sandwich in a baguette \(i do all veggies and cheese but you can do the swharma meet too\)](#) from [Al-Andalus](#), OMG! and avocado smoothie.. :-D

Restaurants

- [La Principal](#) has my favorite tapas in Barcelona and is super cute on the inside, I like sitting upstairs or on the corner outside if it's nice out. This is in Universidad - see things to do below!
- [El Pachuco](#), best Mexican in Barcelona, SO good, amazing Micheladas, get the nachos! Love the tostadas, can't say anything bad about it. Cash only!
- [KOH Barcelona](#) - Poble Nou, amazing Ramen, bun bo's and everything they have
- [Story Resto](#) - in Born, bar/restaurant, with live jazz trio on Weds
- [Little Fern Cafe](#) - in Poble Nou, best breakfast in Barcelona! Please get the turkish eggs!!!! Amazing sourdough too.. ahh mouth watering thinking about it.
- [Cerveseria Jazz](#) - Poble Sec, best burgers, ever
- [Fast Eddies](#): My friends spot that started as delivery, awesome classic burgers
- [Sensi Tapas](#) - multiple locations, great trendy tapas and cocktails
- [Surya Pau Claris](#) - awesome Indian food, I love their 'rolls' (which are really wraps) but I think they sell them from another location now, I'd ask if you go, worth it! (chix avo roll all the way)
- [Lascar 74](#) in Poble Sec for ceviche (including vegetarian) and pincho sours!!! so good
- [Patron](#), also turns into a fun bar at night, with live music/events thurs-sun
- These two squares have some great restaurants: [Placa George Orwell](#) - this square has really interesting history they will tell you if you go on the fat tire bike tour, also the Greek spot is good, and it's got some cute bars; [Placeta de Josep Orel plaza](#) has some great authentic tapas spots, like [Patapas](#) and [La Placita de Pi](#)
- Poble Sec reccos, which I think has the best hidden gems for food and bars: Traditional Spanish tapas bar/restaurants - [El Rincon de la Cava](#) and [Taverna Can Margarit](#), [Malevo](#) is a nice restaurant across from Cerveseria Jazz with great dishes. If you want authentic Italian, [Malumore](#) is delish, I haven't tried [Xemej](#) for Italian Venetian food yet but I really want to, [Mr. Focaccia](#) is a great Italian deli / homemade pasta of the day / focaccia / I love their panzarotti, traditional thin Italian pizza from [Napoli Centrale](#), across the street trendy yet

traditional tapas from [El Carro Gros](#). This square, [Plaza del Surtidor](#), is right next to me and I love it! Perfect for on your way to Monjuic.

- Right in this area is this cute little textile space where they make and sell handmade clothes and is right up your ally, [Momu Espacio Textil](#)

- TAPAS HOPPING: Go go to [Carrer Blai](#) around 7pm or anytime between 7-10 and just go from restaurant to restaurant for pinchos and tapas, a cana and wine! It's so fun! And call me I live right here:)

Bars

- [Rouge](#) - nice lounge bar in Poble Sec, super nice owners!

- [Marula Cafe](#) - Gotico barrio, especially on Sunday and Weds nights for soul funk world jazz thing

- [Mr Robinson](#) - fun bar in a fun area! Can get crowded later at night. I heard they have good food too, I don't remember if I have eaten there. Mint Bar is closeby which probably isn't your parents style but can be fun.

- [Paradiso](#) - ask for the 'secret secret bar' - there's a speakeasy inside the bar you only know about if you've been invited or someone invited told you :)

- [3345](#) is a fun bar in Raval on a poppin' street. Be careful with your purse at night in this area!

- [Nau Bostik](#) is this cool 'cultural center' that's like a bar with stuff going on that I just discovered with friends, it's so fun! Not sure if it's events are only on certain days, we went on a Sun. I think you'd like it here! Fun to bring cards, see live music/workshops.

- [Passeig del Born](#) - really fun spot for bars at night, like [Bar Sauvage](#) and [Bodega De Born](#), a lot of fun and cute bars!!!

- [El Nacional](#), Passeig de Gracia - this whole inner market is gorgeous!

- [El Bosc de Les Fades](#) is this fairy bar where you're in a little fairy wooded area, great coffee and desserts here in addition to drinks, too!

- [Plaza Real](#) at night has a couple cheesy but fun clubs there like [Jamboree](#) with a few floors or [Ocana](#)

- [Razzmatazz](#) is a fun club with good artists/shows and apparently good DJs but that's not my thang

- [La Ovella Negra](#) is a fun place to get a pitcher of sangria or beer, and share long tables with people

- [Antic Teatre](#) you'd really like!

Cafes

- [Spice Cafe](#), Poble Sec, best pastries and coffee in Bcn. Their hours are like 11 - 2, 5-7 so you have to catch them open, but its worth it!

- [Syra Cafe](#), multiple locations all over

- [Federal Cafe](#), also a great breakfast, there are a few locations

Things to do

- [Park Guell](#) - you can skip the house

- [Sagrada Familia](#) - definitely do the audio tour, can skip the walk up the viewpoint thing

- [Bunkers](#) for sunset!!! Bring a bottle of wine :)
- [Monjuic](#) - [Poble Espanyol](#) is a cool place to see, the area with the canon has a nice view, and next to it the [Monjuic Castle](#), the [Funicular de Monjuic](#) area, and the [Joan Miro](#) museum there is awesome, the view from right behind my place in Monjuic below the funicular is awesome!!!
- [Park Ciutadella](#) - you will love this park, it's awesome on Sundays - drum circle and acro yoga, you can join in! It's right by the tall palm tree in the center, face the sea, and to the left corner - yoga is near the drums. Then walk up to [Arc de Triumf](#) - you can walk from the base of the park to the arc, awesome people watching along the way, ballon guy and bubble guy plus performers and such a happy place.
- [La Catedral](#) - so beautiful, especially at night. Rooftop bars in this area are great!!
- [This street](#) is super cute! The cafe I wanted to recommend here I guess is parmenently closed but I'm sure there's a cute one there now. On the way, Universidad area and the square there is also nice. Maybe on route to Gracia you can pass by this street and through Universidad from like Monjuic or Gotico or Christopher Columbus area. (Oh, you should stop by that [statue](#), too!)
- Mercat de [Santa Caterina](#) - I like this one more than the popular tourist one [Mercado de la Boqueria](#) on [La Ramba](#), which is super crowded but people love
- While you're in this area check out the [Humana](#) location here, it's a great consignment shop. They are also all over the city and run great sales that most of the locations (but not this Santa Caterina one) reduce by the day so everything is 5\$, then 4%, etc each week.
- [Flamingo Vintage Kilo](#) there are a few locations, and some other good vintage shopping places, and this street you'll find a lot of fun second hand stores
- [The Fat Tire Bike tour](#) is an awesome way to see main points of interest when you arrive
- [Barceloneta beach](#) for the boardwalk, but the beach itself is muuuuuch cleaner, less touristy, and nicer by Poble Nou- like [Marbella](#) or [Platja Nova Icaria](#)
- I LOVE the [Picasso Museum](#), it's chronological and it tells his bio through his friend's photos next to each painting to explain that point in his life, so awesome
- Graffiti Workshops Barcelona - my bestie Anderson runs these graffiti workshops, its SO fun!! In English, he's from Montreal and Texas :)
- [Placa de Angels / Macba area](#) to sit and watch the skaters and drink a beer, the museum is supposed to be nice too
- Check online for which nights/days museums are free! Almost every museum has a night
- Plaza Real, [Plaza Espanya](#), walk around Born, amazing shopping, cafes. Passeig de Gracia is really pretty, the port is nice to walk around too!
- [Palo Alto Flea Market](#) Poble Nou, I think it is on Sundays
- If you want to do free yoga you could go to the YogaOne locations, they give a first class free to people who just moved to the neighborhood, and they are all over. Also great classes to drop in on.
- Walk around [Gracia](#) for shopping, and the neighborhood, its so pretty! Favorite uphill street, I thiiink is this one but it's around [here](#), and it is on the way to Patron restaurant or Park Guell.
- Not sure how much partying you want to do haha but there are two fun day parties that take place weekly/monthly and seasonally - [Brunch in the Park](#) and Sound Eat. They can be fun if

you're in the mood! [La Monumental](#) where [Sound It](#) is is also cool to check out, its the old bullfighting ring but bullfighting has been outlaws in Catalunya cause were progressive :)
- [Tibidabo](#) and for the athletic like your boo, people love to bike there, hike. I haven't been yet but I know you can get there somehow without complete physical exertion and it's supposed to be really worth it, honestly don't know how I haven't made it there yet!

Sites/accounts for things going on

- Barcelona Secreta (instagram)
- bcncoffeeguide (instagram)

Day/Half-Day Trips

- [Sitges](#) - probably like a 30 min train from [Estacion de Francia](#), and a beautiful ride! Very cute beach town with delicious tapas places to hop between and cute shops.
- [Montserrat](#): I 1000% recommend you take time to do this. You can take the gondola up or hike, it's AMAZINGGGG! We went by public transport, but renting a car is a really good option. Especially if you're good to use those day car rentals with the International license - those rentals are great ([Ubeego](#) for example)
- [Badalona](#) and [Casteldefells](#) are nice too, but if time is limited I'd stick to Barcelona and those two I listed above, Montserrat priority.