

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	Gather 3 prospects.
2. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	Create FV for each prospect.
3. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	Prepare outreach for each prospect, and reach out to them. FV included.
4. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	100 pushups.
5. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	Review copy from the review channel.
6. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	Break down a piece of copy from my swipe file (extra work, only if I have time).
7. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	At least half an hour 6th form revision at home.
8. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1	
9. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2	
10. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2	
11. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2	
12. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2	
13. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2	
14. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
15. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
16. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
17. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
18. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
19. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	
20. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3	

Day Number:







Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	Peace of mind, knowing I am the absolute best version of myself.
2.	Unshakeable pride, and an unmovable figure.
3.	The ability to provide for those around me.

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7 am: Task \$	Wake up, 20 pushups. Then shower, eat and freshen up.
🔔 Intention 🔔	
✍️ Reflection ✍️	Done effectively.

\$ 8 am: Task \$	Leave for 6th form.
🔔 Intention 🔔	
✍️ Reflection ✍️	Done effectively.

\$ 3 pm: Task \$	Half an hour 6th form revision, prepare meal and get ready to eat while watching the power up call.
🔔 Intention 🔔	
✍️ Reflection ✍️	




\$ 4 pm: Task \$	Watch the power up call, then begin prospecting. If I finish this fast, start preparing free value for each.
🔔 Intention 🔔	
✍️ Reflection ✍️	Done effectively.





\$ 5 pm: Task \$	Continue preparing free value. Spend 20 minutes on each.
🔔 Intention 🔔	
✍️ Reflection ✍️	





\$ 6 pm: Task \$	Finish preparing free value, and begin writing outreach.
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 7 pm: Task \$	Towards the end of this hour, reach out to each prospect.
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 pm: Task \$	Start reviewing/breaking down copy from swipe file.
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 Intention 	
 Reflection 	



\$ 9 pm: Task \$	Catch up on anything missed, reflect what I achieved/what I can improve after 9:30pm.
 Intention 	
 Reflection 	

\$ 10 pm: Task \$	Sleep.
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 

 What Do I Plan To Do Differently Tomorrow? 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Brain Dump: