

玉再廈之書沉思語錄
A Thought to Ponder from The Urantia Book
Abandon Anxiety



“Anxiety must be abandoned. The disappointments hardest to bear are those which never come.”

48:7.21 (557.5)

放下焦慮

“必須放下焦慮。最難忍受的是永遠不會實現的失望。”