

## Local Counseling Resources

<b>4 County Crisis Response Team</b> Website: <a href="http://mnmentalhealth.org/emergency">http://mnmentalhealth.org/emergency</a> Phone: 320-968-5277	<b>Pathways Psychological Services</b> Website: <a href="https://www.pathwayspsych.com/">https://www.pathwayspsych.com/</a> Phone: 763-241-8157
<b>Abbott Northwestern</b> Website: <a href="https://account.allinahealth.org/servicelines/826">https://account.allinahealth.org/servicelines/826</a> Phone: 612-863-8633	<b>Prairie St. John's</b> Website: <a href="https://prairie-stjohns.com/">https://prairie-stjohns.com/</a> Phone: 952-230-9110
<b>Accurate Home Care</b> Website: <a href="https://accuratehomecare.com/">https://accuratehomecare.com/</a> Phone: 866-214-3800	<b>Prairie Care (Mental Health/Out &amp; In Patient)</b> Website: <a href="https://www.prairie-care.com/">https://www.prairie-care.com/</a> Phone: 952-826-8475
<b>Ascend Family Institute</b> Website: <a href="http://ascendfam.com/">http://ascendfam.com/</a> Phone: 763-244-4900	<b>Prevail Counseling</b> Website: <a href="https://www.prevailcounselinggroup.com/">https://www.prevailcounselinggroup.com/</a> Phone: 763-427-2590
<b>Behavioral Health Services</b> Website: <a href="https://bhsiclinics.com/">https://bhsiclinics.com/</a> Phone: 651-662-0800	<b>Psychology Consultation Specialist</b> Website: <a href="https://www.pcsmn.com/">https://www.pcsmn.com/</a> Phone: 763-559-7050
<b>Bridging Hope</b> Website: <a href="https://bridginghopecounseling.com/">https://bridginghopecounseling.com/</a> Phone: 763-291-5505	<b>Rise Therapy</b> Website: <a href="https://www.risetherapy.net/">https://www.risetherapy.net/</a> Phone: 863-232-5879
<b>Brunetti Consulting</b> Website: <a href="http://www.brunetticonsulting.com/home.html">http://www.brunetticonsulting.com/home.html</a> Phone: (763) 428-4060	<b>Solutions Counseling</b> Website: <a href="https://helpwithsolutions.com/">https://helpwithsolutions.com/</a> Phone: (763) 515-4563
<b>Catholic Charities</b> Website: <a href="https://www.ccstcloud.org/">https://www.ccstcloud.org/</a> Phone: 320-650-1550	<b>The Creative Therapy Center</b> Website: <a href="https://thecreativetherapycenter.com/">https://thecreativetherapycenter.com/</a> Phone: (763) 274-0510
<b>Central MN Mental Health Center</b> Website: <a href="https://cmmhc.org/">https://cmmhc.org/</a> Phone: 763-441-3770	<b>The Center for Hope and Healing</b> Website: <a href="https://thecenter4hopeandhealing.com/">https://thecenter4hopeandhealing.com/</a> Phone: 763-633-5111
<b>Innovative Psychological Consultants</b> Website: <a href="https://www.ipc-mn.com/">https://www.ipc-mn.com/</a> Phone: 763-416-4167	<b>The Emily Program-Eating Disorders</b> Website: <a href="https://www.emilyprogram.com/">https://www.emilyprogram.com/</a> Phone: 888-364-5977
<b>Northwinds Counseling Services</b> Website: <a href="http://www.northwindscounseling.com/">http://www.northwindscounseling.com/</a> Phone: (763) 424-1888	<b>The Village Family Services</b> Website: <a href="https://thevillagefamily.org/locations/st-cloud">https://thevillagefamily.org/locations/st-cloud</a> Phone: 320-251-7700
<b>Nystrom &amp; Associates</b> Website: <a href="https://www.nystromcounseling.com/">https://www.nystromcounseling.com/</a> Phone: 763-746-9492	<b>University of Minnesota – Fairview Adolescent Crisis Unit</b> Website: <a href="https://www.fairviewmnhs.org/overarching-care/behavioral-health-services/">https://www.fairviewmnhs.org/overarching-care/behavioral-health-services/</a> Phone: 612-672-6600
<b>Northwest Family Counseling</b> Website: <a href="https://northwestfamilycounseling.com/">https://northwestfamilycounseling.com/</a> Phone: 763-220-2312	<b>Vanda Counseling</b> Website: <a href="https://vandacounseling.com/">https://vandacounseling.com/</a> Phone: 763-424-1888