How much of a difference will I see in my session?

The shade of your teeth will brighten up to 10 shades whiter, with an average improvement of 1-3 shades with each 20-minute session. Individual results vary, everyone's teeth are different and will only get their natural shade.

How long will my results last?

Results vary from person to person, and it depends on your diet and lifestyle. However, with proper maintenance, periodic touch-up treatments, and our home products, you can keep your smile looking great for a lifetime despite daily staining habits.

Is teeth whitening safe?

Yes, our products have been proven to be safe and effective. A small percentage of people may experience some tooth sensitivity and gum irritation, which disappears once you stop using the product. Vitamin E oil and remineralization gel are available for clients who experience discomfort.

How long does our location/mobile visit take?

Treatment times are 20-60 minutes depending on the discoloration of your teeth due to daily staining habits and your desired result. Sessions are 20-minutes each and clients can do a total of three sessions in the same visit. Consider it a spa day for your smile!

What is the difference between your treatment and dental?

Our teeth whitening process is self-administered whereas dental processes involve direct contact along with additional dental exams. We use the latest LED Laser technology in combination with our signature whitening gels. Our system has proven to deliver amazing results with little to no sensitivity when compared to other whitening systems.

Will my teeth hurt?

No!! Most clients experience no sensitivity. A small percentage of clients may feel some tooth sensitivity, especially if they are dehydrated or consume extremely warm or cold drinks and foods within an hour or more after the whitening session. Any sensitivity is temporary and will disappear within 24-48 hours.

Will this work on crowns and fillings?

Yes, teeth whitening will remove staining from existing dental work and restore it back to its original shade. We cannot whiten them beyond the original color of the material used at the time of placement. If there are any food or drink stains on the cosmetic cap, crown, or filling they will lift. However, the original color of the filling, cap, veneer, or crown cannot be altered.

Am I a suitable candidate for teeth whitening?

Teeth whitening provides drastic results for anyone who wants to have a whiter smile. This includes people with teeth that have been stained from daily habits such as smoking or drinking dark colored beverages such as coffee, tea, soda, wine, etc. Everyone is a suitable candidate if they have good oral hygiene, health, and are over 18 years of age.

Can I whiten if I have braces?

Unfortunately, no you cannot. Whitening may interfere with the glue holding your braces and will cause uneven whitening. It is best to wait until you have your braces off.

I have holes on my teeth, can I still whiten?

We do not recommend whitening while having cavities, open wounds, or bleeding in the gums which is a result of poor dental health. If your teeth are not in a healthy state, we recommend seeing a dentist first.

What is the recommended age for the kits or in-spa sessions?

We do not recommend whitening for anyone under 18 - their pulp (nerve) is still exposed and will be sensitive.

Do I need to see a dentist before whitening?

We do recommend you see your dentist for a return cleaning and exam before considering a whitening treatment.

Is there anyone who cannot whiten?

We do not recommend whitening for the following: Children under the age of 18 as the pulp (nerve of the tooth) is enlarged until this age and whitening will cause irritation and sensitivity. Pregnant and breastfeeding, however you can seek advice from your obstetrician/pediatrician. People with health-related issues – e.g., Colitis or Crohn's as these health issues can cause damage to your enamel. We recommend you seek advice from your health provider or dentist before booking your appointment if you have the following: Periodontal disease, overly sensitive teeth, recent oral surgery, decayed teeth, exposed roots or dentine, or jaw problems.

Is it permanent?

No, teeth whitening is not permanent - stains will build up again over time.

Will whitening destroy my enamel?

If you follow our guidelines for the best and safest results, there will be no damage to your enamel. If you are concerned, we recommend you ask your dentist.

If I have a grayish tint to my teeth, will they still whiten?

We see awesome results on yellower stains. Clients with a grayish tint seem to have less drastic results but will still see an improvement.

Bleaching of gums, how and why?

Sometimes during client application gel can be painted onto the gums accidentally. If this occurs, we recommend removing the excess gel before continuing the treatment as that area may become irritated and sensitive. The peroxide should only be placed on the tooth, not skin, lips, or gums. Vitamin E oil can be used as a gum protectant for consumers prone to sensitivity. Gums will return to normal within a few hours and the whiteness will disappear. Avoid hot, spicy foods until your gums are fully healed and wait at least one week before whitening again. Treat your

teeth for only half the recommended time during your next treatment and slowly increase the whitening time with subsequent treatments.

How does whitening work?

Once gel is applied to your teeth the active ingredient in the gel starts to break down. Oxygen enters the enamel and dentine, which in turn breaks down the stains inside the tooth. The structure of the tooth is not changed -it is only the enamel of the tooth that appears whiter. For best and safest results, we recommend you closely follow the instructions provided with your kit.

How does the LED Laser light work?

The LED Laser light helps to activate the whitening gel and speeds up the process of whitening.