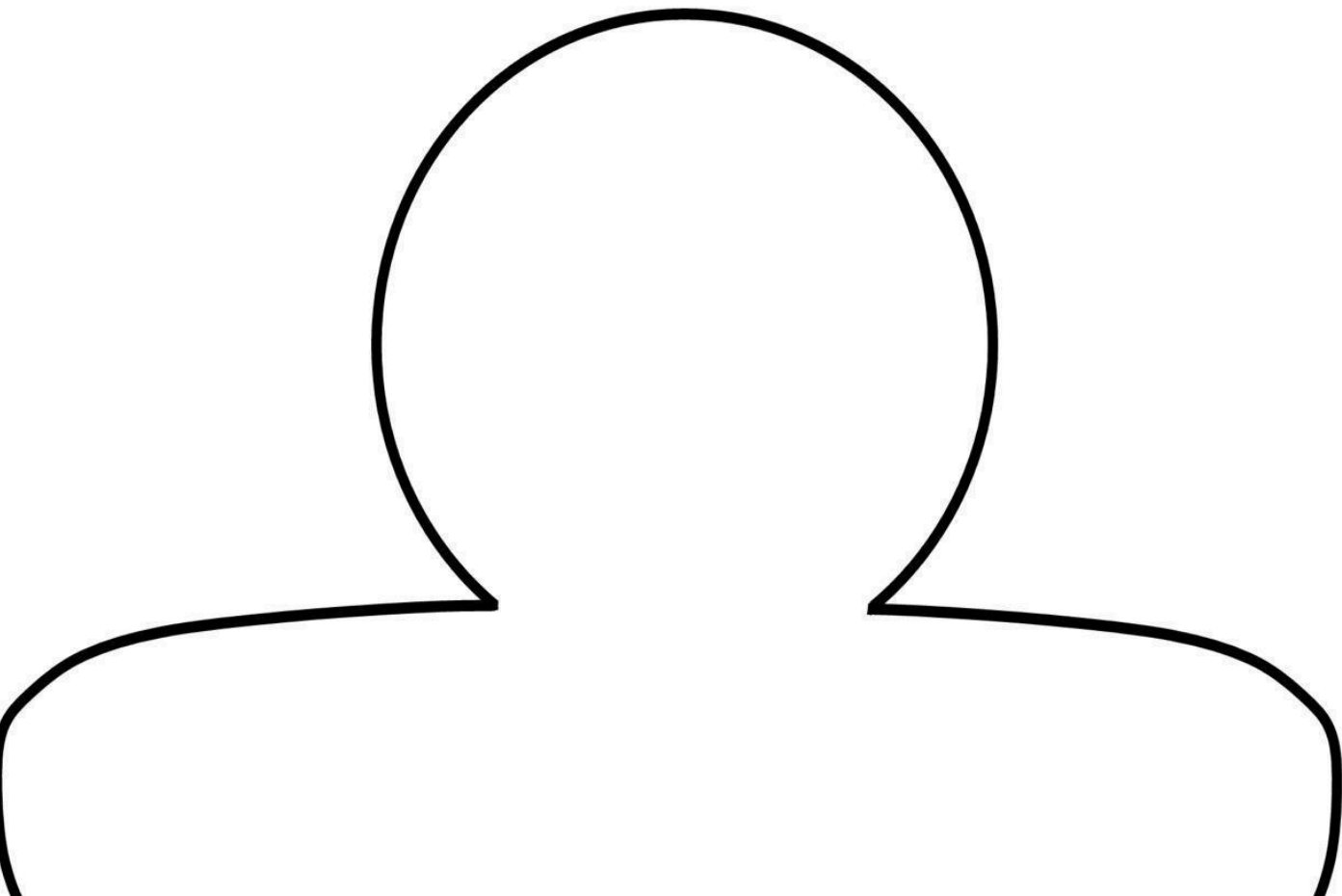


Please have your child **colour and cut out** the gingerbread man and return to the box located outside the office. They will be used to decorate our school!



Help Us Fill the House with donations for our community hampers and our local food bank, The Mustard Seed. **Our food drive will run from December 4 - 15.**

This year the Mustard Seed's Wishlist Includes:

- Sources of protein like peanut butter, canned fish and meat
- Healthy nonperishables like cereal, beans, pasta, canned vegetables and fruit
- Feminine hygiene products, toothpaste and toilet paper

To help ensure our hampers get a nice even assortment of items, we thought it would be easiest to break some essentials down by class divisions. We hope this will make it easier for you in deciding what to include in your food drive donation:

<b>Class</b>	<b>Donation Suggestion</b>
Div 1 - Niedjalski	Vegetable stock soups...any kind
Div 2 - Johnson	Flour (whole wheat and all purpose)
Div 3 - McDonnell	Oatmeal or cereal
Div 4 - Bains	Pasta (chickpea or regular) & Sauce (tomato or alfredo)
Div 5 - Coutre	Rice (brown or white)
Div 6 - Erickson	Oil (olive, grapeseed, vegetable)
Div 7 - Miller	Kitchen wrap (tin foil, saran wrap, parchment paper)
Div 8 - Burns	Carrots
Div 9 - McIntyre	Onions
Div 10 - Kovacs, S.	Apples
Div 11 - Kenny	Potatoes
Div 12 - Cavallin	Shampoo/conditioner/toothpaste/soap
Div 13 - Hillier/Cannady	coffee/tea/hot chocolate
Div 14 - Sheridan	wrapping paper/cards/scotch tape
Div 15 - Kovacs, C.	Toilet paper/feminine hygiene
Div 16 - Koopmans	Sugar (brown, white or honey) or juice (shelf stable)
Div 17 - O'Connor	Salt & Pepper, any condiments like mustard, mayo, etc
Div 18 - Norris	Nice to have yummy savory or sweet items (olives/pickles/snacks)
Div 19 - Sinclair-Wise/Alexander	Peanut butter, nut butter or jam
Div 20 - Walker	Crackers (GF or rice or wheat)