

Name: _____

Self-Assessment and Evaluation

Quarter One

Due: Friday, November 3rd. No late submissions permitted.

Take some time to study the following categories and assess your progress from September through October. You will be graded on completion and depth of thought. The rubric is on Schoology.

Based on your past work and your own standards, assess yourself in the following areas:

1. Technical improvement:

<i>a. Tone</i>	Excellent	Very Good	Improving	Fair
<i>b. Intonation</i>	Excellent	Very Good	Improving	Fair
<i>c. Rhythm/pulse</i>	Excellent	Very Good	Improving	Fair
<i>d. Bowing</i>	Excellent	Very Good	Improving	Fair
<i>e. Phrasing</i>	Excellent	Very Good	Improving	Fair

Comments:

2. Practice time and quality outside of class (at home or during school/extra help):

Excellent	Very Good	Improving	Fair
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Comments:

3. Concentration during rehearsals (focus and contributions):

<i>a. Focus</i>	Excellent	Very Good	Improving	Fair
<i>b. Contribution</i>	Excellent	Very Good	Improving	Fair

Comments:

4. Musical and theory knowledge (understanding keys and scales):
Excellent Very Good Improving Fair

Comments:

5. Contribution to class discussions (ask questions and share ideas):
Excellent Very Good Improving Fair

Comments:

6. Composition, improvisation, or extra musical projects:
Yes No

Comments:

7. Self-motivation to learn more about music:
Excellent Very Good Improving Fair

Comments:

8. Self-motivation to learn more about your instrument:
Excellent Very Good Improving Fair

Comments:

9. Listening to many different types of music and musical styles:
Yes No

Comments:

Additional comments:

Thank you for your thoughts and all of your work this quarter!