

PSEO Courses that Satisfy ECCS Graduation Requirements



- This list covers pre-approved courses at commonly-attended colleges for PSEO. If you find a course not listed here or a course at a different college or university that you think would meet a graduation requirement, talk to your counselor.
- 1 college credit is equivalent to .25 credits in ECCS. So, 4 college credits are necessary to meet a 1.0 credit HS requirement, and 2 college credits are necessary to meet a .5 credit requirement. Courses that on their own don't meet the credit requirement are described as such in the table.
- Students are required to be full time, which means taking at least 12 college credits, 6 high school courses, or a combination of the two, each semester.
- Students must meet with their counselor before registering for PSEO courses.

University of Minnesota-Twin Cities

ECCS Requirement	U of Mn option
English 11 (1.0) or English 12 (1.0)	ENGL 1001W, 1201W, 1181W, 1301W, 1401W, or 1501W ENGW 1101W
Economics (.5)	ECON 1101 - Principles of Microeconomics
US Government (.5)	POL 1001: American Democracy In a Changing World
Human Geography (.5)	GEOG 1301W, 1372, 1502 GLOS 1015W, 3105
Biology (1.0)	BIOL 1001, 1009
PW 1 (.5) or PW 2 (.5)	Requires a health course: FCSN 1012, 1112 AHS 1101: Orientation to Health Careers BIOC 1010: Human Health and Disease PUBH 1005: Sleep, Eat, and Exercise AND a physical education course Any 1.0 credit course from Physical Education (PE)

Normandale Community College

ECCS Requirement	Normandale option
English 11 (1.0) or English 12 (1.0)	ENGC 1101: College Writing ENGL 2150, 2151: American Literature 1 and 2 (These classes are approved but are only 3 credits. Only one class will not meet the grad requirement) ENGL 1000, 1170 COMM 1101: Fundamentals of Public Speaking
Personal Finance (.5)	ECON 1100: Personal Finance
Economics (.5)	ECON 1400, 2201, 2202
US Government (.5)	POLS 1130: Introduction to US Politics
Human Geography (.5)	GEOG 1102, 1121
World History (1.0)	HIST 1101: History of World Civilizations 1
Biology (1.0)	BIOL 1100: Survey of Biology
PW 1 (.5) or PW 2 (.5)	Any 1 credit course in Health (HLTH) AND any 1 credit course in Exercise Science (EXSC)
3rd Math credit (in addition to Geometry and Algebra 2)	Any Math course 1100 or higher

University of Northwestern, St. Paul

ECCS Requirement	Northwestern option
English 11 (1.0) or English 12 (1.0)	ENG 1107: College Writing and Research LIT 1100: Introduction to Literature LIT 2118 Multiethnic American Literature
Economics (.5)	ECO2201: Principles of Economics 1
US Government (.5)	POS 20025: U.S. National Government
Human Geography (.5)	GEO 1007: Principles of Geography
PW 1 (.5) or PW 2 (.5)	PHE 1066: Fitness and Health for Life

Crown College

ECCS Requirement	Crown option
English 11 (1.0) or English 12 (1.0)	ENG 1510 College Writing and Research (3cr) AND ENG 1511 College Writing and Research Augmented (1cr) ENG 1512 Intro to Literary Analysis (3cr only!)
Economics (.5)	ECO 2332: Introduction to Microeconomics
US Government (.5)	POL 2510: American Government
Human Geography (.5)	SOC 2530: Introduction to Human Geography
Biology (1.0)	SCI 1531: Foundations of Biology

Hennepin Technical College

ECCS Requirement	Hennepin Tech option
English 11 (1.0) or English 12 (1.0)	ENGL 1100 Writing and Research
US Government (.5)	POLI 1000 Introduction to American Government and Politics

Ridgewater College

ECCS Requirement	Ridgewater option
English 11 (1.0) or English 12 (1.0)	ENGL 1210: College Composition I - Critical Reading and Writing (3cr only!) ENGL 1220: College Composition II - Writing with Sources (3cr only!)
Economics (.5)	ECON 1950: Introduction to Economics
US Government (.5)	POLS 1320: American National Government
Human Geography (.5)	GEOG 1400: Introduction to Geography
Biology (1.0)	BIOL 2000: General Biology I

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Eastern Carver County Schools

Post-Secondary Enrollment Option (PSEO) Contract

Student _____ Email Address _____
Cell Number _____ PSEO Institution _____
TERM(S) (please circle): FALL: part-time **or** full-time SPRING: part-time **or** full-time

PSEO GENERAL INFORMATION

- 11th graders are eligible for PSEO for 2 academic high school years (maximum of 4 semesters) and 12th graders are eligible for 1 academic high school year (maximum of 2 semesters).
- A full time student at an ECCS high school earns 3.0 credits in one semester. The full-time equivalent at a post-secondary institution is 12 credits per semester. We suggest that students seek to maintain a schedule that reflects a full or part time status according to this ratio.
- For ECCS graduation purposes, each college credit is translated to .25 high school credit. (Example: a 4-credit college course is equal to 1.0 high school credit.)
- Parent/Guardian and student living abroad with a residence in Minnesota are NOT eligible for PSEO. Parent/guardian and student must be living in Minnesota. Students in cultural foreign exchange programs are NOT eligible to participate in PSEO.
- Higher education institutions determine admission standards to participate in the PSEO program. School districts do NOT make this determination. The college also sets the number of classes a student can take.
- A student can retake a PSEO class and the state will pay for the class as long as the student is eligible for the PSEO program.
- Eligibility to continue PSEO when a PSEO student's grades fall below a certain level at the college is determined by the PSEO institution.
- Parent/guardian may seek permission from the PSEO site to have access to in-progress student grades. ECCS high schools do not have access to in-progress PSEO grades or attendance.

I and my parent(s)/guardian(s) understand the requirements of the PSEO program and agree to the following:

1. It is essential to meet with my counselor ***before*** each semester in order to complete the proper paperwork in a timely manner and discuss appropriate course selection for ECCS graduation requirements. (**NOTE: Counselors are not available during the summer, so PSEO registration should take place before summer vacation.**) A copy of the PSEO schedule must be sent to the counselor at the beginning of each semester.
2. I understand that once I notify my high school that I will be enrolling in PSEO, my high school course requests may be dropped.
3. I understand I will receive 1/4 the college's assigned credit per course on my ECCS record. (Example: A 4-credit college course = 1.0 high credit).
4. Due to different academic schedules, PSEO classes may overlap with the beginning or end of high school semesters. It is my responsibility to complete all work ***and*** coordinate attendance requirements for both high school and PSEO.
5. Dropped PSEO courses will be graded as "F" on both my high school and college transcripts. Once PSEO classes start, I must continue for the duration of the semester. All classes, including online courses, must be completed within the ECCS school year.
6. It is my responsibility to arrange transportation to and from the PSEO institution.
7. The college grade I receive goes on my high school transcript and is calculated into my GPA.
8. I am responsible for attending PSEO classes even if high school is not in session.
9. I can participate in activities at either my high school or the PSEO site, but NOT both.
10. I understand that if attending PSEO full-time, I will **not** be included in high school honor roll even if criteria is met.
11. After 2nd semester of my senior year I must have earned sufficient credits to participate in the high school graduation ceremony. It is my responsibility to make sure I will have enough credits to walk at commencement.
12. All textbooks and equipment provided to me are the property of the PSEO institution. I am required to return all textbooks and equipment to the PSEO institution after the course has ended. Textbooks and equipment not returned after a reasonable time period may be charged to me at the used price under the assumption that I have chosen to keep them.

I UNDERSTAND THE ABOVE EXPECTATIONS AND WILL FOLLOW THEM. IF NOT, I REALIZE I MAY BE DROPPED FROM THE PSEO PROGRAM.

STUDENT SIGNATURE _____

PARENT / LEGAL GUARDIAN SIGNATURE _____

DATE _____

DATE _____

PSEO CREDIT INFORMATION

Students who take postsecondary classes are bound by the state rules for credits. They are allowed to take the number of credits allowed by the postsecondary institution. However, we recommend that students do not exceed the credits they would earn in a normal high school semester. The chart below will assist in determining the appropriate ratio of credits.

High School Classes and Credits		Recommended Postsecondary Credits (compared to High School Credits)
We recommend that numbers in columns 2 and 3 (High School Credits) does not exceed a total of 3.0 cr		
Six High School Classes	3.0 Credits	0 College Credits (0 High School credits)
Five high School Classes	2.5 Credits	2 College Credits (.5 High School Credits)
Four High School Classes	2.0 Credits	4 College Credits (1.0 High School Credits)
Three High School Classes	1.5 Credits	6 College Credits (1.5 High School Credits)
Two High School Classes	1.0 Credit	8 College Credits (2.0 High School Credits)
One High School Class	.5 Credit	10 College Credits (2.5 High School Credits)
No High School Class	0 Credit	12 College Credits (3.0 High School Credits)

CHOOSING COLLEGE COURSES

Students must meet with their high school counselor prior to May 30th to discuss which college courses will meet the graduation requirements set by Eastern Carver County Schools. If a student registers for college courses before meeting with their high school counselor, we cannot guarantee that the chosen courses will meet ECCS graduation requirements.