

## Community Connections - Local support groups

| SERVICE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | LOCATION                              | DETAILS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <b><u>Child Development Services</u></b><br><br>Works with children from birth to 16 years of age where there is a concern regarding:<br>An identified disability*<br>Development delay/disability<br>Risk of developmental delay/disability<br>Autism Spectrum Disorder.<br>Is a free service for New Zealand citizens or those who are entitled to publicly funded healthcare.                                                                                                                                                    | Porirua                               | Puketiro<br>26 Kenepuru Drive<br>04 9182800<br>Email: <a href="mailto:cds_admin@ccdhb.org.nz">cds_admin@ccdhb.org.nz</a><br><br><a href="https://www.ccdhb.org.nz/our-services/a-to-z-of-our-services/child-development-service/">https://www.ccdhb.org.nz/our-services/a-to-z-of-our-services/child-development-service/</a>                                                                                                                                                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Wellington                            | Ewart Building<br>Coromandel Street<br>Newtown<br>04 918 6399<br>Email: <a href="mailto:cds_admin@ccdhb.org.nz">cds_admin@ccdhb.org.nz</a><br><br><a href="https://www.ccdhb.org.nz/our-services/a-to-z-of-our-services/child-development-service/">https://www.ccdhb.org.nz/our-services/a-to-z-of-our-services/child-development-service/</a>                                                                                                                                               |
| <b><u>Individualised Funding</u></b><br><br>Individualised Funding (IF) gives disabled people a way of directly managing their disability supports.<br><br>For our Children with Autism. This is support from the Ministry of Health to help with Respite                                                                                                                                                                                                                                                                           | Wellington                            | <a href="https://www.health.govt.nz/your-health/services-and-support/disability-services/types-disability-support/individualised-funding">https://www.health.govt.nz/your-health/services-and-support/disability-services/types-disability-support/individualised-funding</a>                                                                                                                                                                                                                 |
| <b><u>Needs Assessment and Service Coordination services</u></b><br><br>If you do not have individualized Funding – You must get in touch with your NASC Provider to get assessed.<br><br><a href="https://www.health.govt.nz/your-health/services-and-support/disability-services/getting-support-disability/needs-assessment-and-service-coordination-services">https://www.health.govt.nz/your-health/services-and-support/disability-services/getting-support-disability/needs-assessment-and-service-coordination-services</a> | Lower Hutt & Upper Hutt – Hutt Valley | Service Name: Life Unlimited Charitable Trust 5 Bouverie St, Petone<br>PO Box 33145, Petone 5046<br>04 569 3102<br>Email <a href="mailto:referrals@lifeunlimited.net.nz">referrals@lifeunlimited.net.nz</a>                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Wellington – Capital & Coast          | Service Name: Capital Support Kenupuru Hospital<br>Raiha Street, Porirua<br>5022 Wellington<br>PO Box 50215, Porirua 5240<br>04 230 6400<br>Email <a href="mailto:capitalsupport@ccdhb.org.nz">capitalsupport@ccdhb.org.nz</a>                                                                                                                                                                                                                                                                |
| <b><u>Ministry of Education</u></b><br><br>Supporting children and young people with autism spectrum disorder (ASD)                                                                                                                                                                                                                                                                                                                                                                                                                 | online                                | This website provides resources and tools to help our children.<br><br>There is also information about Funding (ORS) that are available to assist our Children with Autism<br><br><a href="https://www.education.govt.nz/school/student-support/special-education/supporting-children-and-young-people-with-autism-spectrum-disorder-asd/">https://www.education.govt.nz/school/student-support/special-education/supporting-children-and-young-people-with-autism-spectrum-disorder-asd/</a> |

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| <b><u>Autism Clinic</u></b>                                                                                                                                                                                                                                                                                                                                                  | Petone     | Early Intervention Therapy<br>ESDM Therapy with Children under 5<br><br><a href="https://www.wgtn.ac.nz/autism-clinic">https://www.wgtn.ac.nz/autism-clinic</a> |
| <b><u>Wellington Early Intervention Trust (WEIT)</u></b><br><br>WEIT offers a centre based programme for families who have a young child with developmental delays (physical, intellectual or behavioural). There are four specialist therapies;<br><br><i>Music Therapy</i><br><i>Physiotherapy</i><br><i>Speech Language Therapy</i><br><i>Early Intervention Teaching</i> | Lower Hutt | <a href="https://www.weit.org.nz/">https://www.weit.org.nz/</a><br><br>(04) 567 4082<br>Monday – Thursday: 8AM – 4PM                                            |
| <b><u>Awesome Bounce Sensory Sessions</u></b><br>Hosted by Ahuru Mowai Trust                                                                                                                                                                                                                                                                                                 | Porirua    | Every Tuesday<br>6.30pm – 8.30pm<br>\$10 entry per family<br>Contact person: Paul 0272787087                                                                    |
| <b><u>Star Jam</u></b><br><br>Dancing workshops in Wellington City, Porirua, Lower Hutt and Kapiti.<br><br>Singing workshops in Porirua, Wellington City, Lower Hutt, and Porirua<br>Mixed Instruments in Wellington<br><br>City Drumming in Lower Hutt                                                                                                                      | Porirua    | Every Thursday<br>6.30pm – 8.00pm<br>Start date for 2021 TBC<br>Venue TBC                                                                                       |
| <b><u>Special Olympics – Swimming</u></b>                                                                                                                                                                                                                                                                                                                                    | Porirua    | Every Wednesday<br>7.00pm<br>Start date for 2021 TBC<br>Cannons Creek Swimming Pool                                                                             |
| <b><u>H2O Swimming Sensory Hour</u></b>                                                                                                                                                                                                                                                                                                                                      | Upper Hutt | Every Thursday<br>9.00am – 10.00am<br>H2O Xtreme<br>830-834 Fergusson Drive                                                                                     |