

Fitness Professionals in Kent Among the Highest Paid in England

Analysis

- Analysis of the rates of 500 fitness professionals across 20 English counties.
- Data from ukfitness.pro, the country's largest database of fitness professionals.

Findings

- Rates for fitness professionals in Kent are third highest among the counties analysed. On average, personal trainers charge £44 per session.
- Only fitness professionals in Hertfordshire (£51 per session on average) and Buckinghamshire (£47.50 per session on average) charge more.
- For comparison, fitness professionals in Derbyshire, Tyne and Wear, and Bedfordshire charge £29.50, £33, and £33.50 per session on average.
- Therefore, PTs in Kent typically earn £14.50 more per session than PTs in Derbyshire.
- Assuming 20 sessions per week, this could mean that a PT in Kent earns £15,080 more per year than a PT in Derbyshire.
- How does £44 per session compare to other professions? According to unionlearn.org.uk, average hourly rates for UK dentists are only slightly higher at £45.
- According to unionlearn.org.uk, average UK hourly rates for other professions include £42 for doctors, £41 for driving instructors, £37 for solicitors, £31 for train and tram drivers, £28 for secondary school teachers, £24 for paramedics, £21 for vets.