A message from the desk of the school nurse:

Dear Parents/Guardians,

Welcome to the 2020-21 school year. You, your children, and our schools are preparing for a very different start to the school year. Regardless of whether your child is returning to school in person or virtually, this school year is sure to be filled with many challenges and opportunities.

We know you are busy and probably overwhelmed as you prepare for the first days of school. We know you have questions about learning, childcare, working from home, lessons, face coverings,emotional health, and so much more. We want you to know we are ALL in this TOGETHER.

We have a few reminders for the beginning of our school year:

In order for school staff to administer medications we need your written consent, the physician's signature, and original labeled medication bottle(s). If your child requires medication to be given at school, please complete a medication request form and have your physician sign it—forms are also available at physicians' offices or at school. If medications need to be cut in half, parents must do that prior to sending the medication to school.

Please report any changes in your child's health to school as soon as possible. Your school nurse will contact you regarding school interventions. If your child has a health plan in place, please contact the school nurse with any updates.

If your child has a serious allergy requiring antihistamines or an epipen at school, please provide the necessary medications by the first day of school, with signed authorization to use as directed. Click Here for a copy of the allergy and Epipen plan.

Students with asthma are allowed to carry their rescue inhaler at school to use as needed with written authorization from the doctor, school nurse and parent/ guardian. A medication sheet with a doctor signature must be on file in the health office. Click Here for a copy of the asthma plan.

If your student has a seizure disorder, please click Here for a copy of the seizure plan.

All students with diabetes must have emergency supplies and testing equipment provided by parents. The school nurse needs to get updated diabetic plans in place prior to the start of school.

Finally, here are some wonderful resources as we begin the new school year…

- **Vaccinations:** Make sure your child is up to date on all the Recommended Vaccines.

- **Proper Handwashing:** Handwashing: A Family Activity | Handwashing | CDC
- **Proper Use of Masks:** How to Safely Wear and Take Off a Cloth Face Covering | CDC
- **Screening at Home:** Screen and Temperature check your kids BEFORE coming to school. This will greatly help reduce the spread of COVID-19.
- **Returning to School**: Back to School Planning and Packing COVID-19

Please know we are here for you. You are doing a great job. We are all in this together and together, we will all get through this. Here we come 2020-21!

Sincerely,

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South Park Middle School
Jefferson Elementary School
Lakeside Elementary School
Roosevelt Elementary School

"Alone we can do so little; but together we can do so much." Helen Keller

Please see the signage below that will be posted at school



IF YOU ARE ABLE TO ANSWER "YES" TO EITHER OF THE FOLLOWING QUESTIONS DO NOT ENTER THE SCHOOL BUILDING:

1. **Have you experienced any of the following symptoms in the past 24 hours?**
   - **Fever of 100.4 degrees or higher/ chills**
   - **Cough**
   - **Shortness of breath/ difficulty breathing**
   - **New loss of taste or smell**
   - **Vomiting**
   - **Diarrhea**
   - **Or at least TWO of the following symptoms:**
     - **Fatigue**
     - **Muscle pain or body aches**
     - **Sore throat**
     - **Congestion or runny nose**
     - **Nausea**
     - **Headache**

2. **In the past 14 days, have you been exposed to someone who has tested positive for COVID-19?**