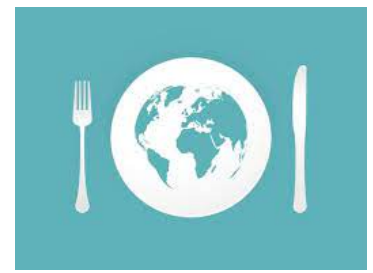


International Foods Project



With your cooking group, you will choose a country or region and research their culture; including special customs, traditions, and dishes. Use Culturegrams to find information about your country.

Your group is responsible for teaching one International Foods Lesson in our International Foods Unit. You will prepare a presentation via Canva for your classmates to share your findings.

You will also select recipes representing traditional dishes from your country for the class to prepare in a cooking lab.

Be sure to include in your presentation:

Background: (10 pts.)

- ____/2 Which country your group chose
- ____/2 Where it is located (include a picture of a map)
- ____/2 5 pictures of your country/ what it looks like
 - Cities, monuments, tourist destinations, various terrain, etc..
- ____/2 Demographics
 - Population
 - Language(s) spoken
 - Religion; if/ how it impacts food within the culture
- ____/2 Any fun facts or unique traditions in your country

Foods: (10 pts.)

- ____/2 Crops & Livestock
- ____/3 Traditional spices, flavors?
- ____/2 Anything/ everything that you can find about foods that are unique to your country
- ____/3 Pictures of the foods/dishes that we will be preparing in class that week
 - Explain the relevance/importance of the dish to that culture

Recipes/ Lab Planning: (60 pts.)

- ____/20 You must choose **2 recipes** from your country/ region
 - 1 entree (main dish)

- 1 dessert **OR** 1 appetizer
- ____/20 Recipes chosen must demonstrate your assigned cooking methods and 2 additional culinary terms related to your recipe(s)
 - Recipes chosen must demonstrate one of the assigned cooking methods
 - Culinary terms must be clearly defined/ demonstrated (*online video is acceptable*)
 - Culinary terms must be related to your recipe(s) and approved by Ms. Walker
- ____/15 Recipes must be submitted on “Standard Recipe Form”
 - Must include 4 servings
 - Complete the “grocery list” (Google Sheets) with calculated amounts for the whole class
 - Total production time cannot exceed 45 minutes
 - Recipe must be completed within one block period OR logically broken into two class periods
- ____/5 Recipe cost cannot exceed \$25

Presentation: (20 pts.)

- ____/8 Your lesson can be presented via PowerPoint, Google Slides, Canva, etc..
- ____/5 Lab Planning Sheet:
 - Lesson must include 3 questions that are unique to your team’s presentation (in addition to standard lab planning sheet)
- ____/1 Remember to give classmates time to complete their Lab Planning sheet for your cooking lab!
- ____/2 International Foods Project in its entirety (scaled recipes, ppt. lab planning sheet, etc.) must be submitted on the due date
- ____/4 All group members must be active in planning and execution of your *International Foods Lesson*

International Foods Questionnaire

Group Members:

Hour:

Kitchen Color:

Chosen Country:

Entree:

Appetizer OR Dessert:

(circle one)

Cooking methods:

Culinary terms:

International Foods Questionnaire

Group Members:

Hour:

Kitchen Color:

Chosen Country:

Entree:

Appetizer OR Dessert:

(circle one)

Cooking methods:

Culinary terms: