



# HALTON FOOD FOR THOUGHT



Halton Food for Thought (HFFT) is dedicated to feeding the success of our students, one healthy, happy student tummy at a time.

In partnership with the school boards and our community, HFFT is the sole provider of Student Nutrition Programs in schools across Halton Region.

Student Nutrition Programs include nutritious meals and snacks and are available before or during school hours at no cost. These programs are a safe and reliable source of healthy food and are open to all students in a school's community from Junior Kindergarten through Grade 12. Halton Food for Thought believes that through the provision of healthy food, every student has the best chance at success.

We want all children to reach their full potential and lead healthy, active lives.

To help support student success, please consider [volunteering](#) with, or [donating](#) to [Halton Food for Thought](#).

To learn more about HFFT Student Nutrition Programs, visit their [website](#).

Together we #FuelOurFuture!

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Note: You can add details about your student nutrition program here. Eg Days and times the program runs, specific volunteer needs etc.

*This message is the update provided in the fall. Thank you to all the schools that have already posted this on their website. This includes Catholic Schools where the message was uploaded by the board communications dept.*