

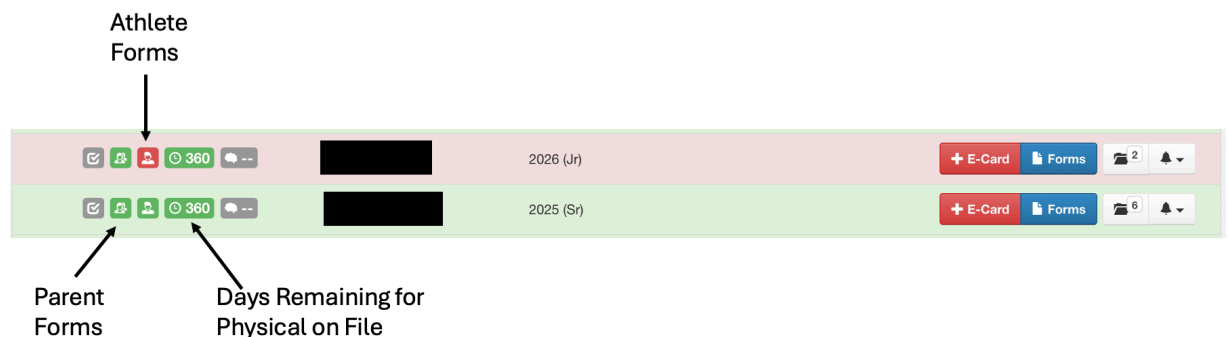


Hello NHS Soccer Program,

I have a few updates to add to this week. See below for action items.

Reminders and Action Items

1. **BSN STORE:** The [BSN store \(LINK\)](#) is finally up and working. There were multiple issues they were working through. The site servers were down for a couple days and they were having trouble processing inventory. Due to this there are a few items that I wanted on the store that are missing (training shorts being one particular item). We will move forward. The store closes **Monday, June 17th**. The 2 training shirts at the top of the store are **REQUIRED** for all summer participants planning on trying out on August 5th. If you do not have either Black or White Nike Soccer socks, then you must purchase those as well. Everything else is voluntary. Get your orders in before the deadline. The store will open up again on August 7th after teams have been made for the fall season.
2. **FinalForms:** This week we have been lenient with allowing athletes to participate in weights and field training without being registered in FinalForms or not being GREEN in FinalForms (meaning all required forms and physical exam are turned in). This year, the AD office just informed me that they would like everyone turning in a physical exam to **UPLOAD** it as a PDF directly to FinalForms and then email Bobbi Davis (bobbi_davis@nobl.k12.n.us) in the AD office. You must also make sure that not only have the parents/guardians completed all forms but the athletes must complete their forms too. This tends to be the biggest issue we have. Athletes forget to fill out the forms which is why they remain red in FinalForms. See below photo for example.



The top athlete is **Red** because the athlete still has forms to fill out. The bottom student

is **Green** because both he and his parents filled out the forms and have a physical on file. Currently we have 71 athletes in FinalForms registered for soccer. We had significantly more interest from our call out meetings than 71 athletes so we are missing quite a few. Please get on this ASAP. Starting WEDNESDAY next week, if you are not green in FinalForms, you will not be able to participate. Please refer the previous WAAG for FinalForms instructions. ALL email communications can also be found on our [website HERE](#)

3. **Strength Coach:** For athletes that have been to weights this week, they have met our new strength and conditioning coach. His name is Tony Dieppa and he is coming to us from Pike High School. From the conversations I have had with Tony, he likes to emphasize quick, powerful, explosive movements in his programming which I think will greatly benefit our soccer program.
4. **Communication:** Just a reminder that the soccer program stresses communication between the athlete and the coaching staff. As a parent, it might be hard to let go of some control, but the benefits your son will have by having to communicate and be independent are immense. Parents: before you go to send the coaching staff an email, have a conversation with your son. If it is something they could / should be asking or communicating with us please encourage them to do so and then have them report back to you. This should also increase the lines of communication you have with your son.

Let's end the week strong with a great 4v4 tournament today for our first battalion Thursday.

Thanks for reading.

Coach Dollaske

“Chop Wood, Carry Water”



Edward Jones®

