

Amie Tollefsrud - DIY Human Design

Understand Your OWN Unique Human Design Chart As Blueprint For Activating Abundance

What if you had an exact BLUEPRINT on how your specific energy type can activate ABUNDANCE?

What if you knew how to ATTRACT the exact amount of money you desire, with ease?

What if you no longer had to HUSTLE constantly, *just to get by*?

What if you understood exactly how you've been PUSHING money + abundance away?

What if you were able to remove any energetic BLOCKS around money, success, taking action in your business, and creating JOY...

And tap into the UNLIMITED supply of the Universe...

So that you never had to feel insecure, unsafe, or UNWORTHY of money ever again?

THE TRUTH IS:

If the newest “strategies”, tactics, and logical reasoning worked SO well for creating abundance + wealth...

Most of us wouldn't be struggling with money.

(Who else has taken ALL the business + strategy courses, hired ALL of the coaches, and tried ALL of the ‘tactics’ but is STILL struggling???)

Each of us has a UNIQUE energy (vibration) that influences how we attract abundance + wealth.

Unicorns, I'd say?

So how do we expect *one person's* manifestation practice to work for every single person on the planet?

This is where Human Design comes in.

Human Design is a cutting edge personality tool that takes into account your unique energy blueprint (specific to YOU!) based on your birthdate, birth place, and location of birth.

Think....if the Enneagram, Meyer's Briggs, and Western Astrology had a baby.

Your Human Design chart can give you powerful insight into your **unique** energy type, personality style, physical activity level, emotions, life purpose, business skills, relationships, and even...

Your ability to ATTRACT money and generate abundance *with ease*.

So right now if you feel like your “*manifestation muscle*” is broken, or you’re just destined to struggle with money...

I'm gonna be bold here and say...you're wrong.

You are DESIGNED to be abundant.

To MANIFEST everything you've ever dreamed of.

To make the exact amount of MONEY you desire, *with ease*.

To experience the SUCCESS. The recognition. The FULFILLMENT.

To feel high-vibe AF on the regular.

^^^This is our natural state when we are in ALIGNMENT with our true, authentic self.

When we are OUT of alignment –

Making money (*Or manifesting ANYTHING that we want*) becomes DIFFICULT.

Are You Living Out Of Alignment?

LIVING OUT OF ALIGNMENT CAN LOOK LIKE...

Trying to “force” energy that isn’t there (#hustling when you feel like napping)

Trying to follow other people’s “strategies” for success (Fb ads! Instagram! Beautycounter!) but then feel frustrated and disappointed when those same strategies don’t work for you.

Forcing yourself to “niche down” when you have sooo many things you’re passionate about

Putting everyone else’s needs above your own

People pleasing

Cold calling + networking (when the thought makes you cringe)

Putting obligations and “shoulds” first (this the quickest way to blocking wealth, abundance, and joy, FYI)

Consuming OTHER people’s content instead of creating your own

Feeling “imposter syndrome” – thinking everyone else is more experienced than you are, and never taking action because of it

ALWAYS prioritizing work > play

Not charging for what you’re worth

Saying yes to TOO many things

....Who else is raising both hands right now? ??♀??♀??♀??♀??♀

Being out of alignment with your authentic self = living in a LOW VIBRATION.

(MONEY, Joy, Love, Fulfillment = HIGH VIBRATION)

Law of Attraction 101: In order to manifest what you want, you must MATCH the vibration (frequency, energetic state, etc) of the thing that you want.

So HOW in the world are we supposed to get back in alignment with our authentic self, raise our vibration, and manifest ALL of our desires (with ease)?

This is where understanding your unique Human Design chart comes in ✨

(Don’t worry, it’s not as complicated as you’ve been lead to believe)

Did you know that your Human Design chart holds the KEYS to YOUR unique energy type so that you can understand...

✨How your unique energy works (and how to use it effectively)

?How you manifest most effectively (specific vs non specific)

✨How to tap into and activate abundance

?Your wealth “theme”

?How to eat/exercise in order to raise your vibe (high vibe energy = high vibe results: WEALTH)

✨ ***Your unique sleep habits (+ how to optimize them)***

?How to make decisions with ease and certainty

✨ ***Whether or not you can trust your “gut” instinct and make decisions in the moment (or if you need to wait it out)***

How you function best as an entrepreneur/ in a work environment/ with a team

Your UNIQUE strategy for being a magnetic AF, money manifesting queen

???? ✨

Introducing...

Manifestation By Design ✨

The self-paced online course that teaches...

How to easily read your OWN Human Design Chart (+ your partner’s, friend’s, and kid’s)...

As a powerful tool in your manifestation practice

In This Self-Paced Online Course, You’ll Learn:

How to use your unique Human Design chart as a powerful manifestation tool (for attracting money, clients, success, health, fulfillment and more!)

How your specific energy functions best (Manifestor, Generator, Manifesting Generator, Projector or Reflector)

Wealth themes for each energy type

How each energy type can activate their abundance

Journal prompts for each energy type

Affirmations for each energy type

Challenges for each energy type

What each energy type is like in business

You’ll Also Learn/Gain Access To...

What each of your energy “centers” means and how to get back into alignment (white vs. colored in)

Journal prompts/ affirmations for each center

The meaning of each “Gate” and “Channel” in your chart, and how these ‘personality traits’ influence your ability to manifest abundance

What your “authority” is, and how to use it as an effective decision making tool

What your “profile” number means, and how this can be used as a powerful indicator for your life “theme” and purpose

Your Instructor

Amie Tollefsrud

Hi! I’m Amie ?

Business Owner (rebellenutrition.com) Online Course Creator, NTP, world traveler, and ***recovering-negative-money-mindset-queen.***

Back then:

- I lived in scarcity mode, always fearing that there “wouldn’t be enough”
- I felt UNWORTHY of ever spending a dime on myself because it “wasn’t necessary”
- I lived in FEAR around money – too afraid to look at my bank account
- I would HOARD every single penny I made, afraid that it would never come back to me

Now:

- I just finished a year and a half of full time travel (think: Paris, Bali, Greece) during which, I built a ***half a million dollar online business*** that I can run from anywhere
- I just moved into my dream LA apartment (think: floor to ceiling windows. YASSS QUEEN)
- I prioritize spending on things that make me feel like *my next level self* and improve my life (and the lives of others) think: massages, facials, business investments, and travel + *being an excellent tipper ?*
- I feel GOOD about the ways I spend my money, knowing that it will always come back to me tenfold

So how did I change my mindset, energy, and vibration from THAT...to THIS?

Understanding my unique Human Design chart, or energy “blueprint”.

- **I learned that my energy type is actually meant to PRIORITIZE fun over play** (WHAT?!? That’s not what they told me in school!!!) and that doing the things that “light me up” will actually give me MORE energy to get my work done.

- I learned that I no longer had to **FORCE** things to happen, or **HUSTLE** myself into the ground to make my business work. In fact – my “abundance” is activated when I listen to my gut response to things (what feels like a “fuck yes”?)
- I learned that one of my “life lessons” that I needed to master (before I could be able to generate massive wealth with ease) was **TRUST**: How much can I learn to trust the universe/source/a higher power, and know that I will be taken care of?
- I learned that one of my energetic “tendencies” is feeling rushed, **unsafe, and insecure**: that there will never be enough time, money, or energy to go around. When I learned this – I felt SO understood, and was able to grant myself permission to accept + heal. ***When we feel SCARCITY on an energetic level = we BLOCK abundance.***

Mind = BLOWN ?

Reading my own chart was like my inner-self saying to me, “HEY! THIS IS EVERYTHING ABOUT ME THAT YOU HAVE BEEN IGNORING + AND THINKING IS ‘WRONG!’”

And that ed my journey for getting BACK in alignment with my authentic self, understanding my inherent energy “blocks” and identifying the lessons in self-worth that I needed to master.

I’m STILL on this journey, you guys. I 1000% have *not* mastered these areas (anyone who says they have, is lying), and they continue to be a daily practice for me.

But I also know that it is TIME for me to share this information with the world, in a way that is simple, tangible, and effective, which is why I’m SO EXCITED to share my new course with you ?

Course Curriculum

StartHere ✨

- What is Human Design? + Get Your Free Chart! (12:07)
- Using Human Design To Manifest Your Next-Level Self
- Specific VS Non-Specific Manifesting
- Set Your Intention + QUIZ
- How to use this course:
- Join The Facebook Group!

5 Energy Types

- Manifestor
- Generator
- Manifesting Generator

- Projector
- Reflector

9 Centers

- White (Open) Vs. Colored In (Defined)
- Head
- Ajna
- Throat
- G Center (MANIFESTATION!)
- Will Center (MONEY!)
- Emotional Solar Plexus
- Sacral
- Spleen
- Root

64 Gates (Personality Traits)

- What do the “gates” mean?
- Head Gates
- Ajna Gates
- Throat Gates
- G (ABUNDANCE!!!) Gates
- Will Center Gates
- Emotional Solar Plexus Center
- Sacral Center Gates
- Spleen Center Gates
- Root Gates

32 Channels

- What do the “channels” mean?
- 34/57 “Power”
- 57/10 “Perfected Form”
- 34/20 “Charisma”
- 20/10 “Awakening”
- 34/10 “Exploration”
- 25/51 “Initiation”
- 61/24 “Awareness”
- 43/23 “Structuring”
- 28/38 “Struggle”
- 57/20 “The Brainwave”
- 3/60 “Mutation”
- 14/2 “The Beat”
- 1/8 “Inspiration”
- 55/39 “Emoting”
- 12/22 “Openness”

- 59/6 “Reproduction”
- 50/27 “Preservation”
- 54/32 “Transformation”
- 44/26 “Surrender”
- 19/49: Love and Marriage
- 40/37 “The Bargain”
- 45/21 “The Money Line”
- 63/4 “Logic”
- 17/62 “Acceptance”
- 16/48 “Talent”
- 18/58 “Judgement”
- 9/52 “Focus”
- 15/5 “Rhythm”
- 7/31 “The Alpha”
- 64/47 “Abstraction”
- 11/56 “Curiosity”
- 53/42 “Maturation”
- 29/46 “Discovery”
- 13/33 “The Prodigal”
- 41/30 “Fantasy and Desire”
- 35/36 “Transitoriness”

Authority

- “What is ‘Authority’?”
- Emotional Solar Plexus Authority
- Sacral Authority
- Splenic Authority
- Ego / Heart Authority
- G (Self-Projected) Authority
- Environmental Authority
- Lunar Authority

Profile

- What Is The “Profile”?
- Line 1: The Investigator
- Line 2: Hermit
- Line 3: Martyr
- Line 4: Opportunist
- Line 5: Heretic
- Line 6: Role Model

Proof Content

	1. Start Here ✨			50.5 MB
	2. 5 Energy Types			130.4 MB
	3. 9 Centers			65.6 MB
	4. 64 Gates (Personality Traits)			5.9 MB
	5. 32 Channels			7.1 MB
	6. Authority			1.1 MB
	7. Profile			2.1 MB
	Screenshot.pdf			550 KB