

The Turpentine Protocol for the Blood

Take just a Teaspoon of Turpentine every day.

Age Range	Castor Oil	Turpentine
1 - 5 years	up to 3 tspns	1/4 tspn to 1/2 tspn
5 - 12 years	4 to 5 tspns	> 1/2 tspn
16 years and above	up to 3 tablespoons	1 tspn or more

Normally supplemented once a week or two or three times a week as required

Can be taken with or without food

Work up to the full dosage slowly

Purpose: This protocol's main activity is to cleanse and disinfect the blood.

Activity: antifungal -- antibacterial -- anti-viral -- anti-parasitic(large and small parasites) -- laxative -- energizing, calming -- It's anti-pathogen and laxative effects are used to rapidly clear out bad pathogens and poisons from the gut and is also used at lower dosage for intestinal health maintenance -- Does not kill good gut microbiota.

Comment: If there is little or no Herx reaction to the turpentine protocol then you should perhaps increase the dosages. If you have severe die-off and detox issues when you first start this protocol then you should reduce dosages of turpentine accordingly. In other words, regarding dosages and frequencies, you will have to find a happy balance between the protocol's Herx or die-off and detox effects and the successful and rapid elimination of candida, parasites and biofilms from your own body.

If you decide to use this protocol on an every day basis, then you should take it consecutively for no more than 5 days without having a few days rest from the protocol. Taking this protocol every day without a break might be too taxing with all the Herx and detox side-effects. A better way would perhaps be to take this protocol every other day. Then at least you will have a much needed regular break from the protocol and it wouldn't be so taxing for your liver.

Maintenance Adult Dose: 1 tspn Gum Turpentine. Can be taken once a week or once every day.

Can be taken mixed with sugar, molasses or honey.

Source and availability: Use any form of pure gum spirit turpentine that has a distillation boiling point of between 150 – 200 Degrees C. You can also use the organic [Diamond G Forest Turpentine](#) that is made in America.

Caveats & Warnings: If you are going to use the turpentine/CO protocol over a longer period of time then be sure to hydrate your body properly with water and ensure that you take a good mineral supplement every day as well.

References:

[Kerosene – A Universal Healer](#)

[The Candida Cleanser](#)

Disclaimer

The information provided in this document should not be used for diagnosing or treating a health problem or disease. It is not a substitute for professional care. If you have or suspect you may have a health problem, you should consult your health care provider.